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Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

# Think global, eat local

#### Good practice example

# **Project Coordinator**

Organisation InterAktion - Verein für ein interkulturelles Zusammenleben

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Website www.verein-interaktion.org

# **Project Information**

Identifier 2019-3-AT02-KA105-002601

Start Date Mar 1, 2020

End Date Oct 31, 2022

EC Contribution 32,173 EUR

Partners Drustvo za ohranjanje naravne in kulturne dediscine Nacekova hisa (SI),

Youth Empowerment Center (EL), Aktive Kosmos (ES)

Topics Agriculture, forestry and fisheries; Environment and climate change;

Civic engagement / responsible citizenship

# **Project Summary**

#### Objectives

The project "Think global, eat local" is encouraging participants to re-think the global food system and our role as individuals in exercising our influence in creating more sustainable, secure and resilient systems of food production and distribution. In both rural and urban settings, local food systems start at the household level and expand to neighbourhood, municipal, regional and national levels. Working on the entire food chain benefits not only the climate, but other sustainable development objectives too; localized food systems are a way of revitalising the foundations of people's nutrition, incomes, economies, ecologies, and culture. In this way we are addressing active citizenship, not in terms of the political involvement of young people, moreover, we are focusing on a citizens' participation within the sustainable development framework.

With this project, we are giving participants with different views and experiences an opportunity to:

- get an insight into food production systems (growing, harvesting, processing, packaging, transporting, marketing, consumption, and disposal);
- compare availability and food sources and quality of food in urban and rural areas;
- approach conventional food systems critically considering their impact on the environment and the society;
- share ideas and opinions;
- discover alternatives to conventional food systems experience and develop local food systems;
- learn about the SDGs and understand sustainability as the product of a complex system;
- develop ideas, discuss them with their peers and the farmers;
- develop recipes and cook;
- work with the farmers.

#### **Activities**

To achieve the objectives of the project, partners have agreed to implement it in 3 countries:

A1 - APV in Spain, Almira - where more than half of the Europe's demand for fresh fruits and vegetables are grown under the plastic shades (8 participants).

A2: a Youth Exchange in Austria, Trofaiach - in an urban setting (32 participants)

A3: a Youth Exchange in Slovenia, Zgornja Korena - in a rural setting (32 participants)

Both activities A2 and A3 are linked, however, being set in different environments, they provide participants with a different experience of food supply and production.

The program of all activities is based on the principles of NFL as it promotes active participation, group spirit and self-paced learning process. Workshops are INTERACTIVE, CREATIVE AND PARTICIPATORY.

Participants in this project are 72 young people from Austria, Greece, Slovenia and Spain, aged between 18 and 35 (participants at both youth exchanges and group leaders).

#### **Impact**

We expect empowered participants who will be even more motivated active and responsible citizens when taking part in shaping a more equal and sustainable world and:

- will understand how social, economic and environmental issues are connecting us to other parts of the world;

- will develop or enhance a sense of justice and fairness;
- will understand the carbon footprint of our food;
- will understand sustainability as the product of a complex system, that starts with personal and collective attitudes;
- will be able to find a way of making a direct relationship with producers;
- will understand that diets that are better for the climate are better for our health;
- will understand different types of activism;
- will understand civic responsibility;
- will develop critical reasoning;
- will improve foreign language competences;
- will enhance intercultural awareness;
- will improve organisational, communication skills and co-operation skills;
- understand the concepts of community and needs;
- will develop or enhance skills of cooperation, teamwork and analysis, listening, discussion and persuasion;
- will develop practical skills for living: gardening, preparing/preserving food;
- will understand the difference between conventional and organic farming;
- will become environmentally conscious global citizens.

We expect personal growth of the participants in regard to social skills and competencies, practical skills for living will give them a good foundation to become self-sustainable in the future and to inspire peers to adopt a more community-oriented and environmentally friendly life.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

# language without borders

Good practice example

# **Project Coordinator**

Organisation Hrvatski akademski klub - Kroatischer akademischer Klub

Address Schwindgasse 14/4, 1040 Wien, Wien, AT

Website www.hakovci.org

# **Project Information**

Identifier 2020-2-AT02-KA105-002780

Start Date Aug 1, 2020

End Date Aug 31, 2021

EC Contribution 13,600 EUR

Partners Magyarországi Gradistyei Horvát Fiatalok Egyesülete (HU), Udruga

hrvatskih studenata u inozemstvu (HR), Chorvátsky kultúrny zväz na

Slovensku (SK)

Topics Youth (Participation, Youth Work, Youth Policy);

Intercultural/intergenerational education and (lifelong)learning; Romas

and/or other minorities

# **Project Summary**

#### Objectives

The title of our project is "Language without borders" and represents the aim behind the initiative.

The objective is to show, that language is an important factor to connect people in different countries and that every obtained language is an advantage. In this seminar the focus lies not only on regional, but also on micro languages. They are endangered and often questioned in their necessity. The participants will be empowered to use their minorities' language actively and how to react when confronted with discrimination and disrespect. The borders often exist in people's minds. That can affect people with different backgrounds and cultures. They isolate themselves from those, who speak different languages. This circumstance varies from people of different minorities. Some minority members are separated through borders of their countries. It is important, that they reconnect and realise that they are not alone, respectively feel togetherness with each other. The participants will get encouraged to explore, als well as to be open towards different cultures and to appreciate the diversity. This should help for valuing their own identity as a member of a minority.

The methods used during the seminar are informal and non-formal. The youth will be motivated to implement the conveyed methods in their own organisations and gain a bigger audience for their minority. In the registration phase there will be payed attention to the home country of the participants and their gender to achieve a balanced and equal participant field, which should avoid discrimination to individuals.

Most participants are already active in their own organisations as activists in their region and are willing to take on more responsibility in their own or new fields. This encounter is also a great opportunity for young activists to gather new ideas in the field of intercultural exchange and to train their own skills.

Another goal is that the young partakers obtain new perspectives that they can pass on in their home regions and introduce those into their societies.

In the offered workshops the main emphasis lies on the significance and the conveying of minority languages, as well as on a medial approach, which can also be beneficial for smaller organisations. Next to that, there will be held activities and excursions, for example to the Velebit mountains. Also, there will take place an "exchange market". At this market all participants will come together to present their own organisations and to share their local traditions using different presentation methods.

After this week the young partakers should be able to achieve similar success in their own organisations. Documentation as well as results out of the youth movement will be shared in form of brochures, social-media-posts (for example: Facebook, Instagram) and media reports. Further the outcome will be posted at HAK's homepage and will also be summarized in a report on the project. The thirty participants from different countries can also share this information in their own networks.

#### **Activities**

The project "Jezik prez granic" ("language without borders") is conceptualized for about 30 young people from Austria, Slovakia, Hungary as well as Croatia.

The focus lies on workshops to convey and encourage the use of minority languages, concentrating on the Croatian respectively the Burgenland Croatian language.

The tasks the young parttakers will be given in the workshops shall motivate them to share their experiences,

thoughts and ideas about minority topics and to reflect on those occurrences. Furthermore, evening programmes will be held that cover fields like theatre, videography, photography, dancing and singing.

Besides the seminar the participants will also have free time for sports, sightseeing or for relaxing and self-reflection.

On one day of the project week there will be held an excursion to the Velebit mountains. An experienced ranger will guide the group through the national park "Paklenica" to certain popular sights.

In the frame of the farewell evening the project results, such as the recorded podcast, will be presented and reflected. After that, a collective folklore evening will take place to conclude the week.

#### **Impact**

On the one side, we hope that the participants can improve and actively practice their language skills. On the other side, we want to raise the awareness for the use of the Burgenland Croatian language, particularly at the activities of the participants' organizations, as well as daily use. The language should be preserved in minority organisations and be passed down to future generations by today's young activists.

In addition, we want to promote the dealings with media and establish a new approach to these topics. The young partakers will get an insight view into today's media world and should be able to detect new possibilities, like the ideal use of social media, and craft new ideas. In the course of the week a podcast will be recorded in which the participants will be encouraged to aspire creative writing. We hope that this podcast will continue to be put out after the project week.

But mainly, in the foreground of the project stands the exchange between the youth. This youth movement will play a key part in connecting the minority across borders. This means that young minority members in Austria will get to connect and network with minority members from Hungary or Slovakia.

The Burgenland Croatian youth should not only act together in Burgenland (Austria), but also in the whole minority region, which includes parts of Hungary and Slovakia. This is also important for future activities, projects and the preservation of the minority.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

# "Better safe than sorry" – Practical tools for Crisis Management in Volunteering Services

Good practice example

# **Project Coordinator**

Organisation GRENZENLOS - INTERKULTURELLER AUSTAUSCH

Address LATSCHKAGASSE 1/4, 1090 WIEN, Wien, AT

Website www.grenzenlos.or.at

# **Project Information**

Identifier 2020-3-AT02-KA105-002915

Start Date Jan 1, 2021

End Date Mar 31, 2022

EC Contribution 15,344 EUR

Partners Compass Európai Ifjúsági Közösségért Egyesület (HU), ASOCIACION

JUVENIL INTERCAMBIA (ES), Anlayis Icin Genclik Dernegi (TR),

ASSOCIATION JEUNESSE RECONSTRUCTION (FR), ASSOCIAZIONE LINK APS (IT), SCAMBIEUROPEI (IT), Pi Youth Association (TR), INTERNATIONALE BEGEGNUNG IN GEMEINSCHAFTSDIENSTEN (DE), ZAVOD ZA IZOBRAŽEVANJE IN INKLUZIJO ODTIZ (SI), The

Starry Start of Talents Foundation (BG)

Topics Youth (Participation, Youth Work, Youth Policy); Inclusion - equity;

Health and wellbeing

# **Project Summary**

#### Objectives

Training: Better Safe than Sorry - Practical Tools for Crisis Management in Volunteering Services

Venue: Vienna, Austria

Duration: 5 days May 2021 (excl. arrival and departure-day)

Partners involved: Zavod ODTIZ Slovenia, IBG Germany, Compass Hungary, YFU and Pi Youth Association Turkey, Asociación Juvenil Intercambia, Spain, The Starry Start of Talents Foundation Bulgaria, Link and Scambieuropei Italy, and JEUNESSE ET RECONSTRUCTION France.

Participants: 29 youth workers from partner organisations working with the support of sending and/or hosting volunteers

The main aim is that we will work on methods that will support organisations in the preparation, support, and follow-up of crisis in volunteering work. One of the main activities will be the use of the created will that contains protocols that support organisations.

We expect that the participants will be able to implement right after these training, the methods and protocols used. In order to do so, the participants will get familiar not only to crisis interventions cases and crisis management activities, but also with procedures on how to implement the different methods.

On a personal level:

- + To encourage the development of self-awareness. What and where are my limits?
- + To train oneself in different methods that can serve to mitigate, transform or solve the crisis.

On an Organisational Level:

- + To promote discuss how different organisations prepare their staff and volunteers in crisis management.
- + To share the best practices and lessons learnt on how to deal with crisis innervations.
- + To give participants and youth organisations involved in international voluntary projects tools to manage different crisis.
- + To encourage and support organisations to be ready to host and send volunteers with psychological difficulties and like this make volunteering more inclusive.
- + To focus on prevention measures that ensure young people are equipped with the knowledge and the skills required for better mental wellbeing.
- + To use and try out the created booklet on how to prepare, support and do follow-up in crisis management during volunteering work.

Grenzenlos has an inclusion focus within all our projects. Therefore, this training is accessible for participants with a physical disability. Through reducing the participation fee for participants with disabilities we could increase the number of participants with disabilities in the past years.

#### **Activities**

To achieve the objectives, we propose to focus our attention on practicing different methods through a non-formal education process, via creativity and innovation.

During the training course the main focus is set on the participating youth workers as learners. The learning process is set up in a non-formal setting and is planned, structured and will be evaluated after each exercise, daily, at the end of the course and by the trainer's team after the whole activity was implemented. An ongoing monitoring is provided by the presence of an experienced trainer team during the duration of the training course. All activities and methods are designed for the needs and environment of youth organisations who wish to strengthen their role in their existing voluntary and mobility projects and in their working environment.

Day 1 Getting to know: general introduction, welcome and getting to know activities

Terminology & Definitions:1st step into the topic of crisis and crisis management, in order to have a common understanding of the term and content of the coming days, including examples from different countries and the results of the previous seminar.

Day 2 Organisations as Crisis Management: Presentation of organizations in the training, Speed dating with guiding questions, some inspiration will be given by collecting participants best and lessons learnt of Crisis Management and on how to prepare not only the volunteers.

Day 3 Crisis management in different stages of volunteer's orientation

Working on methods for pre-departure and on-arrival trainings. Presentation on the sending/supporting organizations but also the hosting organizations. As well on the importance of the personal level in the crisis intervention.

We will have a free afternoon and a dinner in the city. The free afternoon allows the participants to have a moment of informal sharing and networking while discovering Vienna

Day 4 Coaching and Methods!

We will work on different methods from the personal level to the group dynamics and communication. The main focus here will be on dealing with present crisis with the use of the booklet and different methods.

As well, we are going to work on some self-reflections process and grounding activities that may not only help the outcome of the crisis but also the well-being of the parts involved.

Day 5 Dissemination, Summary and Follow-up

As part of the dissemination, we will encourage the organisations to try out the learnt methods and the booklet created in the first seminar to see how can they apply it into their own realities.

We are going ask them to share with us the feedbacks from their organisations to take them into consideration for the final report and to possibly apply some changes to the document created in the previous seminar.

During the afternoon we will evaluate, plan follow-up steps and officially close the training.

In general, we use non-formal learning methods and try to touch all learning types through different methods. We will use a lot of interactive methods such as role plays, working with comics, working in little groups, study visit to local initiatives, using collages etc to make the training outcome more effective. Each morning and afternoon session include energizers to make people move and laugh and keep the energy level high.

We also keep an eye that all activities are inclusive for the included wheel chair user and that written activities take place on tables and not on the floor etc.

The first 2 days are reserved for the getting to know phase to get to know to each other as well as their context (organisational and cultural) they are coming from in order to create a fruitful learning space.

We plan to work in a trainer team to support participants and keep an eye on the active participation. The last 30 minutes of each working day are reserved for reflection groups. We split the group in 4-5 little groups which will remain every day the same in order to summarize the day, to have feedback from the participants and to allow also more silent participants, or those who do not feel comfortable talking in front of a big group the chance to talk. The program will be adjusted if needed.

#### **Impact**

The main aim is that we will work on methods that will support organisations in the preparation, support, and follow-up of crisis in volunteering work. One of the main activities will be the use of the created will that contains protocols that support organisations.

We expect that the participants will be able to implement right after these training, the methods and protocols used. In order to do so, the participants will get familiar not only to crisis interventions cases and crisis management activities, but also with procedures on how to implement the different methods.

#### On a personal level:

- + To encourage the development of self-awareness. What and where are my limits?
- + To train oneself in different methods that can serve to mitigate, transform or solve the crisis.

Through the different methods and discussions, the participants in the training will have a clear understanding of their own skills, strengths and limits. One of the most important aspects to be discussed focuses on the personal level, and from there, it goes into a more group dimension.

On an Organisational Level

- + To promote discuss how different organisations prepare their staff and volunteers in crisis management. This will appear during the whole training, but specifically on day 5, when we go into the detail of the different processes of the organisations in relation to crisis management.
- + To share the best practices and lessons learnt on how to deal with crisis innervations.

This will be achieved during the second day after the working together on the different best practices and the worst practices as examples on how to and not to work during crisis management.

+ To give participants and youth organisations involved in international voluntary projects tools to manage different crisis.

During the whole training different tools on how to prepare, execute and follow up crisis interventions will be discussed and practiced in order to from one side, gain confidence on how to deal with the upcoming issues and at the same time se acknowledge which tools are more appropriate for the different crisis.

+ To encourage and support organisations to be ready to host and send volunteers with psychological difficulties and like this make volunteering more inclusive.

One of the key elements about this training is to encourage organisations to start or to continue the hosting and sending of participant with psychological difficulties. After seeing different methods and talking about experiences, we expect the organisations to not only gain knowledge but also to create protocols that will help us during the support of the volunteers and co-workers.

+ To focus on prevention measures that ensure young people are equipped with the knowledge and the skills required for better mental wellbeing.

The idea of the training is to discus and to propose methods on preparing organisations and volunteers so that each of them understand their role and ranges during crisis management. The organisations will bring back this information to help preparing future volunteers and co-workers on these issues.

+ To use and try out the created booklet on how to prepare, support and do follow-up in crisis management during volunteering work.

After the success of the previous seminar on Crisis Management, we would like to try out the created booklet (Quick Check List) to see how this can be applied with the support of some methods that we are learning at this training.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

# TC "Bully OUT"

Good practice example

# **Project Coordinator**

Organisation Grenzlandcamp Kinder-&Familienfreizeitzentrum Klaffer gem. GmbH

Address Vorderanger 16, 4163 Klaffer/Hochficht, Oberösterreich, AT

Website http://www.muehlfunviertel.at/

## **Project Information**

Identifier 2020-1-AT02-KA105-002686

Start Date Jul 1, 2020

End Date Jul 31, 2022

EC Contribution 19,359.48 EUR

Partners Asociatia Pas Alternativ (RO), Asociacion Cultural Somos Europa (ES),

Associazione Let's Keep Learning Onlus (IT), Youth for Public Health (GE), 2nd Vocational High School of Giannitsa (EL), ASSOCIATION FOR PROGRESS, EDUCATION AND LOBBYING NEL SKOPJE (MK), TOPLUMSAL SOSYAL PROJELER GENCLIK VE SPOR DERNEGI (TR)

Topics Inclusion - equity; Youth (Participation, Youth Work, Youth Policy);

Access for disadvantaged

# **Project Summary**

#### Objectives

According to the international reports, PISA 2015 and WHO report there are lots of young people in the age of 11, 13 and 15 are suffering from bullying everyday in Europe. According to the PISA 2015 study 2 out of 10 children stated he/she experienced that he/she was taken the question.

Beside of that based upon several psychological studies bullying has negative effects upon the society in short and long term also. The victim of bullying is at the risk of having low self-esteem and also being depressed in the future. The perpetrator of bullying (the bully) is at the risk of being dropped out of school because of low his/her low performances and in a long term abusing his/her children or spouse.

Based upon the above mentioned reports, probable negative outcomes and project partners, i.e. youth organisations' personal experiences project partners recognized the need of young people, especially elementary and high school students, to support them in coping with bullying in their everyday life.

Therefore, the aim of the project is to prevent bullying, which includes stop hatred and create tolerance and friendly atmosphere amongst young people.

Considering the aim and the type of the project, the objectives are the following:

- 1) youth workers will have deeper understanding upon the meaning, short term and long term effects of bullying, until the end of the project
- 2) youth workers will have deeper understanding upon the different types of bullying
- 3) youth workers will gain skills how to detect bullying and how to react upon an exposed bullying, until the end of the project
- 4) youth workers will gain skills how to support young people who have experienced bullying (as a direct victim and also a bystander) and how to treat young people who have bullied others before
- 5) youth workers will get to know non-formal education tools and methods how to support young people in anticipating and fighting against bullying;
- 6) youth workers will gain tools and non-formal education methods upon making young people more sensitive and tolerant about each other:

Since the project is submitted as a KA1 project, this is a youth mobility. Project partners will train their youth workers to be more professional in detecting bullying and also to organise local activities about bullying to their target group, which is young people in the age of 13-21. Youth workers of project partners will have the chance to exchange their opinions and experiences with their European peers.

#### **Activities**

Within the project there will be an 8-day-long training course in Klaffer, Austria between the 5th and 12th of February 2021, including 2 travel days, with the participation of 24 youth workers and 2 trainers/facilitators from Romania, Italy, Spain, North Macedonia, Turkey, Greece and Georgia and Austria.

The project includes several types of activities:

1. Management activities

- 2. Preparatory activities
- 3. Mobility Learning activities
- 4. Dissemination activities

Issues related to transportation, accommodation, meals, procurement of consumables, monitoring and evaluation, communication between partners and other stakeholders etc. will be included and carried out throughout the project in the management activities and preparatory activities.

Learning activities are structured in theoretical and practical sessions, through which we aim to transfer necessary knowledge about bullying and to facilitate non-formal learning methods as well as to develop skills to plan, facilitate and evaluate non-formal activities within the organization with the aim of is to prevent bullying, which includes stop hatred and create tolerance and friendly atmosphere amongst young people. The first part of the course activities includes theoretical sessions on: Erasmus + projects, learning areas, learning contexts, planning of learning activities, learning objectives, methods of non-formal learning, definition of bullying, types of bullying, strategies to prevent the bullying, criteria for choice of methods, group management in non-formal learning, Experiential learning model - Kolb cycle, learning styles, facilitating non-formal learning methods, types of questions. Through all these sessions, the participants will assimilate the specific knowledge required to carry out inclusion activities using non-formal methods. The second part is focused on developing the skills of the participants, using the knowledge gained in the first part. Thus, they will have the opportunity to apply, clarify, use, test, and demonstrate that they have the skills and attitudes necessary to implement the skills they have acquired in their real environment within their organizations.

During the course we will use different non-formal methods: brainstorming, facilitated discussion, graphic facilitation, role play, simulation, team-games, energizers, reflection groups, feedback, etc.

Participant has to be above 18 years old and meet the following criteria:

- participant has strong skills upon empathy and tolerance
- participant is interested in how to improve young people' social competencies
- participant works at the sending organization as a youth worker and/or he/she is involved in the work of sending organization
- participant understands that the working language is English and he/she undertooks to contribute to the training course by sharing his/her opinion about the certain topic
- participant is willing to make dissemination activity and share the results of the training course after it ends.

#### Impact

Project partners will organise local activities in at least 2 months after the training course ends.

Each project partner will make at least one follow-up event, a local activity which will be organised to the young people in the age of 13-21 from the area where the organisation works. Project partners will organise the local activity within 2 months after the training course ended. Participants of the training course will be present on the local activity and they will present non-formal education methods regarding bullying and give a deeper understanding upon the issue. Youth workers will generate a discussion and possible solutions with the participant of the local activity about bullying. Youth workers will also share their experiences which they gained on the training course in Klaffer, Austria. Project partners will share their experiences and reflections of young people with each other after the organised local activities and draw the conclusions of the project.

Participants of the training course will post on social media (facebook, Instagram, Snapchat) about the activity

during and after the Training Course referring to Erasmus+ and thus spread the word of the programme.

Project partners will share the pictures which were taken on the activity on their organisational site.

Project partners will also write an article about the results of the activity which will be shared on their organisational website considering their experiences upon the Training Course and the follow-up local activity. Project partners will share this article on the organisational website within the period of the project.

As an impact of the project youth workers will be more self-confident to talk about bullying with young people. Youth workers will be able to prevent bullying and stop all the negative effects of it. Youth workers will recognize if any of their participant on a local activity suffers from bullying or the opposite, perpetrates bullying or he/she is a bystander. Participants will have the opportunity to give professional advices and solutions to young poeple if any of them seeks the youth worker with he/her problem.

Young people will be more confident upon the meaning of bullying and they will recognise easier than before. Young people will be able to prevent bullying. They will know how treat situations which they would not treat that well without the project. Young people will also know how to create a socially healthy environment which does not contain bullying. Young people will be more tolerant and friendly with each other. They will care more about each other's feelings.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

# Rainbow Drama

Good practice example

# **Project Coordinator**

Organisation TdU-Wien (Theater der Unterdrückten - Wien)

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Website www.tdu-wien.at

## **Project Information**

Identifier 2019-2-AT02-KA105-002479

Start Date Aug 1, 2019

End Date Jul 31, 2022

EC Contribution 43,780 EUR

Partners RESURSEN TSENTSAR BILITIS (BG), Strauss APS (IT), ASSOCIACIO

GLOBERS (ES), Euro Queer Edu Czech Republic, z.s. (CZ),

LEADERSHIP, EQUALITY AND ACTIVE PARTICIPATION (LEAP) IN SPORTS SCOTLAND (UK), Centar za regenerativnu odrzivost gradova (RS), Asociación Cultural En Construcción (ES), SAPLINQ, O.Z. (SK), ASOCIACION MUNDUS - UN MUNDO A TUS PIES (ES), Bué Fixe-

Associação de Jovens (PT)

Topics Inclusion - equity; Gender equality / equal opportunities

# **Project Summary**

#### Objectives

The aim of the project is:

To improve the quality of youth work focused on marginalised / LGBT+ youth through the development of competences of youth workers. The goal is to provide them with knowledge and skills in the theatre of the oppressed (TO) methodology so that youth workers can use TO in the empowerment of the marginalised / LGBT+ youth groups.

#### Project objectives:

To understand the theory and philosophy of the TO and its various techniques, mainly Forum theatre To understand the situation of marginalised communities in various European countries

To understand the whole educational activity planning cycle: selecting the target group, assessing its situation and needs, determining proper aim and objectives, selecting relevant methods, applying them in the community and executing meaningful evaluation and to know at least approach to educational activity planning (e.g. NAOMIE).

To be able to implement TO in everyday work and activities thus increasing their impact and also as a human rights education tool

To facilitate new partnership opportunities for future European projects.

#### **Activities**

The project consists of three activities, a preparatory meeting (A1) and two trainings (A2, A3) with a compulsory practice in between them.

The objective of the first training (A2) is to provide participants with theoretical background and practical skills on TO and non-formal education.

#### Practice between trainings

Participants will run a workshop in their support organisation, creating a short Forum scene, applying the skills they have acquired. Participants will also analyse the situation and resources in their organisations to see in what ways can TO be implemented in the activities of their organisation.

The objective of the second training (A3) is to reinforce the learning process through the reflection of participants' experience from the practice phase, to clarify issues that might have arisen and to provide further theoretical and practical input for participants. They will also discuss ways to use TO as a human rights education tool.

#### **Impact**

By introducing a new methodology, the project aims to improve the level of key competences and skills of young people, including those with fewer opportunities, as well as to promote intercultural dialogue, social inclusion and solidarity, in particular through increased learning mobility opportunities for young people, those active in youth work or youth organisations and youth leaders.

This methodology has also great potential to reach out to marginalised young people and promote diversity and

changes in values, as it employs whole-body and interactive approach. It also helps youth workers to open discussion about common fundamental.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

# EU S(t)imulation

#### Good practice example

# **Project Coordinator**

Organisation InterAktion - Verein für ein interkulturelles Zusammenleben

Address Rebenburggasse 5, 8793 Trofaiach, Steiermark, AT

Website www.verein-interaktion.org

# **Project Information**

Identifier 2020-2-AT02-KA105-002776

Start Date Sep 1, 2020

End Date Feb 28, 2022

EC Contribution 32,998 EUR

Partners SDRUZHENIE RE-ACT (BG), AURIVE SOCIETA' COOPERATIVA

SOCIALE: RISORSE SOCIALI PER LO SVILUPPO ONLUS (IT), Idea

For Life (PL), ASSOCIACIO GLOBERS (ES), CENTER FOR EDUCATIONAL AND DEVELOPMENT INITIATIVES INNOVA LAB

BITOLA (MK), KulturLife gGmbH (DE)

Topics EU Citizenship, EU awareness and Democracy; Youth (Participation,

Youth Work, Youth Policy)

# **Project Summary**

#### Objectives

With our project we would like to bring the process of functioning of the EU closer to its future governors - the young people. Working in teams representing the institutions of the EU, we will put participants in the shoes of the policy makers in Brussels and through the Union where the agencies and other bodies are. The project will have a learning by doing approach, giving an active role to everyone in the process in the duration of the entire exchange. In order to do so, we have prepared a program following the thread: getting to know each-other, theory through fun (competition games on the treaties and facts about EU), Introduction to the competencies of the EU (with emphasis to the limited/shared competitions like health), simulation of the ordinary legislative procedure, conclusions and our message to the EU.

The objectives of the project are:

- to increase the knowledge of participants about the EU, the treaties and the competencies deriving from it;
- to promote active citizenship among young people;
- to promote the goals and values of the European Union

https://europa.eu/european-union/about-eu/eu-in-brief\_en;

- to raise awareness about the importance of the European project, why it happened and what it means to all of us:
- to promote critical thinking when evaluating information coming from media and the political parties.

#### **Activities**

We are intending to implement one APV followed with a Youth Exchange.

Since most of the partners will be working with each other for the first time, the APV is an essential part of this project and plays an important role for the teambuilding among the partners, the first contact among some participants and the project management. At the APV we will have 14 participants, 1 leader plus one participant from each country.

At the youth exchange we will have 44 individuals, represented by 2 leaders from Austria and Bulgaria, 1 leader from Italy, Spain, Germany, Poland, North Macedonia, and 35 participants, 5 per country. The leaders are aged between 25 and 40 years, and the participants between 18 and 25. We will involve refugees and immigrants, as well as economically and socially disadvantaged young people, including some from rural areas.

#### Impact

We expect that the project topic will provide new perspective for the young people, provoking them to observe nowadays Europe and its core values out-of-the-box. It should give the participants a broader picture of what EU is, and who the EU is - us! Apart from the raised awareness of the union and the benefits from having it, we are expecting the participants to be more open, more culturally aware than before, and interested for the cultures of the others. With this, we are doing our contribution to having more tolerant and open Europe, and proactive and aware young people.

With the project we hope to improve the quality of youth work our partners do, and encourage and quip their target groups to be active citizens.

For our organization the enlargement of the partners network and improvement of the activities with the local

youth should also bring positive impact on our work and future. Opening the topic of policy making with this project, we are intending to continue in that direction and deepen our work.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

# Motification - Gamification for Motivation

Good practice example

# **Project Coordinator**

Organisation IniciativAngola

Address Pfarrplatz / Pred cerkvijo 1 , 9122 St. Primus / Šentprimož , Kärnten , AT

Website www.angola.at

## **Project Information**

Identifier 2020-3-AT02-KA105-002845

Start Date Mar 1, 2021

End Date Feb 28, 2022

EC Contribution 23,675 EUR

Partners IASIS (EL), Mediterranean Forum For Social Development (MA), Hidak

Ifjúsági Alapítvány (HU), BITISI (GE), Asociatia pentru Tineri Streets

(RO)

Topics Labour market issues incl. career guidance / youth unemployment

# **Project Summary**

#### Objectives

Our main objective comes from the need that we identified in the society. As we have evaluated satisfaction and engagement of youth during youth projects and identified that participants lose their attention and interest when they are interactively engaged with their minds and their bodies are not physically active. It is generalized for their entire lives. "Traditional" approaches of learning, studying, interacting have a bad influence on their self-motivation. Young people seek for challenges, cognitive and physical involvement and satisfaction. Based on our research we created a project which aims to share knowledge about gamification and game-based learning in order to solve the above-mentioned issue. These methods offer game design elements to promote desired behavior and drive learning outcomes. Simple examples we offer are: levels, feedback schemes, competition, simulations, role-plays. It is like applying joy to everyday life. These methodologies are used for solving the issues of decreased motivation, inspiring youth, raising their competitiveness and productivity, breaking bad habits. Motification is a space for youth to learn how they benefit from the added value of gamification. They can apply it to formal and non-formal environments, online and offline situations and gamify their learning process as well as their everyday lives.

We are involving more and less experienced organizations from 6 different countries from Austria, Georgia, Hungary, Greece, Lithuania and Morocco; hosting a project in Carinthia, Austria and creating an environment where partners will be able to share their expertise and educate participants in order to enable them with the skills in gamifying situations. Our participants are getting empowered to bring more joy to their everyday lives and become multipliers of their competencies. With them our objective is to create local activities and spread the knowledge to local organizations, volunteers, activists and other stakeholders.

Motification is an 8-day-mobility based on non-formal learning methods. Apparently, the methodologies we discuss are considered as "boosters" of non-formal learning. So, it is beneficial to partners to be organizing these activities as they will apply it to the future projects of theirs. Participants will be taking part in workshops, discussions, debates; they will be playing and learning, gamifying situations; making role-plays, simulations; attending masterclasses and putting their ideas into practice.

#### **Activities**

Motification is a single stage international mobility for young people (youth exchange). Participants get together aiming to share knowledge and competencies to explore the topics of gamification and game-based learning in detail. They are starting their mobility with energizers, get-to-know and team building activities. Group dynamic process asks us to create an open, friendly and non-formal environment and then move to the main ideas. Participants will slowly start exploring gamification. They will get the idea of game design elements and explore good and bad practices of it. Then they are introduced with a game-based learning methodology - slightly different and a bit confusing, but participants will be challenged to see the difference between these two main concepts and make some case studies regarding that. During the next days youth creates connections between gamifying and their personal lives. They will be able to see their added value to daily activities, learning process, group interaction, productivity, initiatives, preventing bad behaviors. They are shared with best gamified practices provided as games in order to let them realize how these methodologies work in practice. Experienced facilitators share their knowledge and tips, useful web-applications to use. Participants get chances to apply their fresh competencies to actions so that they are challenged to interact with the local community during the mobility.

Participants are involved in simulations, learning-by-doing activities, games, treasure hunting, different outdoor activities, but they must try to initiate their own ideas and add their own experiences to the project. They create plans of dissemination towards their own lives and society. They explore the concepts of gamifying and then spread it to the public. Each day gives them an opportunity to share feedback and influence on the flow of activities. On the last day they carry out evaluation activities and assess to what extent they reached personal and project objectives.

There will be a total of 36 participants from 6 different countries including group leaders and facilitators (6), people with social/ economic/ cultural obstacles (9). Participants will be comprised of young people and volunteers aged 16-27 years and having a strong will/ motivation to explore the concepts of gamification and game-based learning. They have curiosity to explore a new methodology and apply it to personal lives. Sessions will be in English, but we are aiming to involve one with poor English language skills in case they demonstrate a high sense of motivation. Gender balance will be ensured in the national and entire teams of participants. Group leaders are going to be over 18 with no upper age limits. They will provide good skills in English and previous experience in Erasmus + as well as high motivation. They will have skills in facilitation and mentorship. Motification provides opportunities for people with fewer opportunities too. They will represent groups having issues with interaction with the society; having risky behaviors and distance from society. There will be youth from poor families, depending on the social welfare. The project gives space for ethnic minorities too. They are main groups of having lack of motivation and optimism so that gamification and game-based learning will have great impact on their everyday lives. Non-formal learning sessions, activities and workshops will provide a high sense of inclusion and their relevant engagement and proactivity.

#### **Impact**

Our expected impact is going to be at different points on different stakeholders. At first, participants are getting familiar with the methodology of gamification and game-based learning. They improve their skills, knowledge, attitudes; increase competencies and get enabled to apply the methodologies to their everyday lives. They open their minds and find new/ innovative ways of learning. They will be able to find alternative ways of performing not attractive but necessary tasks in joyful ways. They will be able to increase productivity and reach goals easier by breaking them down into small steps; structuring different levels of development and rewarding themselves in the end. They will be able to use gained competences with youth groups at schools, universities, with their colleagues. Gamification will be a motivator for taking up new hobbies, changing unnecessary behaviors, starting new initiatives and bringing changes. By playing and interacting, participants are sharing cultures, getting to know other countries, embrace a multicultural environment, and appreciate diversity.

Partner organizations keep working on the exploration of methodologies they find attractive for engaging youngsters. Make new experiments and find new ways of their use. They improve project management skills and develop facilitation techniques. International mobility increases their dimensions and reputation on national and international levels. They generate new ideas by interacting with partners and participants and draft new projects. Overall, the quality of their work in the field of youth increases.

The project reaches local and national levels. Project results are introduced to communities and regional organizations. Participants experience results on themselves and share their experiences with peers and organizations. Social inclusion is fostered on European level and its values respected, people with fewer opportunities empowered. Dissemination activities reach online and offline channels. They vary between meetings, workshops, creating an academy, working with local media, press, newspapers. In an online environment participants design information brochures, toolkits, blogs, articles, video materials. All results are collected and distributed to all relevant stakeholders.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

# Job Shadowing Vienna-Berlin

#### Good practice example

# **Project Coordinator**

Organisation JUVIVO - Es lebe die Jugend!

Address Ottakringer Straße 54/4.1, 1170 Wien, Wien, AT

Website www.juvivo.at

# **Project Information**

Identifier 2019-1-AT02-KA105-002375

Start Date May 1, 2019

End Date Apr 30, 2022

EC Contribution 9,850 EUR

Partners outreach gGmbH (DE)

Topics Entrepreneurial learning - entrepreneurship education; International

cooperation, international relations, development cooperation; Youth

(Participation, Youth Work, Youth Policy)

# **Project Summary**

#### Objectives

The aim of the project is that participating youth workers expand their own possibilities of action and methodical tools by actively observing the everyday work of another youth work organization in another big city and by reflections on this observation. They should also carry these experiences to their own organization and other organizations of youth work. Addressing the question of how other colleagues in the neighboring country deal with the similar issues of young people is an enrichment in their own dealings with these topics. All participants of the project should learn from each other and reflect together on the daily work.

Through the project, the participating youth workers should expand their method palettes and get to know new project forms to reach the young people, who are difficult to reach by the classical youth work. In addition, by learning about new forms of community-oriented and cross-target projects, they should gain new methodological skills to improve the living conditions of young people.

#### **Activities**

The project includes a preparatory phase, two exchange visits and a follow-up phase. In the preparatory phase, the participants should inform themselves about the partner organization, read their concepts, mission statements and other important publications.

In the first exchange visit, three Viennese youth workers from different levels of the organization (business or educational management, team leadership, grassroots work) visit the Berlin organization. After a joint preliminary discussion, the guest attendees accompany and observe different teams of the host organization in their day-to-day work and conduct pre-meetings and debriefings with the members of these teams in which they reflect on the working methods and exchange their observations. The whole process is accompanied and supervised by three employees of the host organization. The two-week visit ends with a joint debriefing.

In this second exchange visit, three Berlin youth workers from different levels of the organization will visit the Vienna organization and, after a preliminary discussion, observe different teams of the Viennese organization. This visit, too, ends with a joint debriefing. This two-week process is also supported and supervised by three employees of the host organization.

In the follow-up phase, the results are summarized in writing and presented in different network meetings to other youth workers in Vienna and Berlin. The project results will also be published on the websites of both organizations. These results will also be included in the program sessions of the regional teams. Based on these results, innovations should be initiated. In the following program preparation meetings the results of these innovations were evaluated.

#### **Impact**

Through the project the youth workers should become acquainted with new project forms and reflect on their own actions. Through this reflection, the youth workers in Vienna are to adapt new forms of mobile youth work in order to reach the young people, who are difficult to reach by the existing actions. Through this reflection, youth workers in Berlin are to gain new project ideas to directly and indirectly influence the living conditions of young people through cross-target group projects. The results should lead to innovative implementations in the regional teams of both organizations. Documentation and presentation of the results should also motivate youth workers of other organizations to undertake innovative projects..

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

# TC "How to... - Quality Management in Youth Exchanges"

Good practice example

# **Project Coordinator**

Organisation Kinderfreunde Mühlviertel

Address Gewerbestrasse 7, 4222 St. Georgen/Gusen, Oberösterreich, AT

Website www.kinderfreunde.cc

# **Project Information**

Identifier 2020-2-AT02-KA105-002815

Start Date Aug 1, 2020

EC Contribution 15,683 EUR

Partners ASOCIATIA TINERILOR CU INITIATIVA CIVICA (RO), ASSOCIACAO

CHECK-IN - COOPERACAO E DESENVOLVIMENTO (PT) , Udruga mladih Spirit of Freedom Hrvatska (HR) , ACHAIKO INSTITUTO

EKPEDEFSIS ENILIKON (EL), ASSOCIAZIONE AGRADO - APS (IT),

ASOCIACION JUVENIL INTERCAMBIA (ES), Youth Center of Georgia

(GE)

Topics New innovative curricula/educational methods/development of training

courses; Pedagogy and didactics; Youth (Participation, Youth Work,

Youth Policy)

## **Project Summary**

#### Objectives

Preliminary note: Unfortunately this already approved project had to be canceled due to the current corona crisis. Therefore we are submitting it again.

Youth exchanges are big chances for young people from all over Europe to get to know peers from other countries and out of other cultures, to reduce prejudices, to learn about methods of informal and non-formal education, to build networks and to strengthen the own European identity. For to do so, a certain knowledge about organizational and administrative processes is needed. Furthermore, a certain variety of methods is needed to execute a youth exchange with success and satisfaction for everyone. Within this training course the leaders and future leaders will gain the necessary knowledge.

For to keep the quality of youth exchanges on a high standard there is a specific knowledge about planning, organization and executing necessary, in regard to methods as well as to didactic.

For this reason, we offer the following elements within this training course:

- knowledge about the Erasmus+ program and its specific key actions, especially about youth exchanges
- knowledge about organizational and administrative matters for to prepare, plan and execute a youth exchange
- specific methods of how to work on a youth exchange, especially such of social-pedagogics, Gestalt-pedagogic, experiential-pedagogics and theatre-pedagogics. These methods will enrich the tools of the participants.
- Matters of security and law within the frame of a youth exchange
- intercultural competences and consolidation of the consciousness for an European identity
- diversity management, democratic leadership and inclusion
- the culture of feedback and methods for evaluation
- · how to deal with crises and conflicts
- public relations activities and possibilities for dissemination
- theoretical and practical basics of group dynamics and the psychology of groups

The participants will be able to lead young people for to execute a youth exchange themselves on a high level. They get to know the ideas of inclusion, democratic leadership and active participation within all phases of a youth exchange. This will enhance not only the knowledge and competences, self-consciousness and experienced self-efficacy of the participants, but of the young people, who will execute a youth exchange under their leadership too.

Networks between the participants will be built up and the exchange of knowledge and experience will be enforced. Possibilities for future cooperations will be established. The concept of a European identity will be strengthened, prejudices will be reduced and stereotypes will be modified.

Informal and non-formal learning will be strengthened. By using the youthpass certificate this form of learning receives some official acknowledgement and so the importance of this form of learning will rise. The value of informal and non-formal learning within the framework of Erasmus+ projects will be acknowledged. Furthermore, it can be passed on to that young people the participants are working with in their daily context. Informal and non-formal education is able to support people to succeed on the job-market, especially when these forms of education are acknowledged by a youthpass or other certificates. Last but not least the constant use of English as a common training-course language the participants will improve their usage of English in daily life too.

#### **Activities**

Already in advance a first exchange will be possible for to enable the preparation of the participants for this training course. For this we will offer a platform on trello.com. The participants will receive exercises, for to prepare themselves as good as possible for this training course.

There will be 26 participants coming from eight different countries and organisations. While selecting the participating organisations we tried to reach a good mixture in regard to the experiences in leading a youth exchange. It was an aim to bring experienced and skilled leaders together with leaders who have less experience or nearly not at all for to enhance the transfer of experiences and knowledge.

All participants have to be at least 18 years of age. There is no age-limit bottom up. In regard to the selection of the participants the partner organisations have been advised to take care for the knowledge of English. It is necessary, that the participants are able to take part in daily-life conversations at least. Otherwise it is useless to take part. Furthermore, the organisations have been advised to take care for a balanced participation of women and men. All the participants are working

with adolescents either in a professional way or as a volunteer.

Every single day will start with a group-dynamics warm-up, for to establish a good working atmosphere. These warm-ups will be done by the participants themselves. Every participant will get the opportunity to lead one of these warm-ups at least once during this training course.

The trainings course itself is oriented very much towards practice. The participants will compile the content of this training course themselves under supervision of the trainers. The highlight will be a day of simulation when a day on a youth exchange will be played. The participants will be devided into small groups and receive different leading-tasks they have to solve within that day. All the other participants will play the role of the participants of a youth exchange.

There will be methods out of social-pedagogics, Gestaltpedagogics, experiential pedagogics and theatre pedagogics offered to the participants, that they are able to try. Reflection and feedback will enable the participants to question these methods towards the own possibility for to work with them.

On the last day there will be a stock-exhange game and the the step-by-step exercise, a special exercise for transfer. The stock-exchange game will help the participants to create ideas for to develop a youth-exchange and for to reflect the knowledge they have learned during this trainingcourse.

The transfer-exercise step-by-step is helping to establish and execute a practical project within the following six month, where the newly learned knowledge will be tried to be done. This project will be outlined by several steps (using project-management tools). Then the participants will write a letter to themselves, where they describe where they have succeeded. This letter will be sent to them by post after six month. So, the participants get another chance to evaluate themselves.

#### **Impact**

The participants learn about administrative, organisational and methodical basics for to execute a youth exchange themselves or to supervise young people who want to do so within the framework of Erasmus+. For to do so the participants will receive a vast variety of knowledge and methodical competences out of social-, Gestalt-, theatre- and experiential pedagogics. Using this knowledge and methods they will be able to organize, execute and lead a youth exchange on a high quality level. The participants learn about their own possibilities and resources. That will enhance their selfawareness and lead to a higher feeling of self-value. This specific learning-outcome bears improved leading-competences too.

The international and broad selection of participants offers the opportunity for a maximum learningoutcome out of the meeting itself. There will be a knowledge- and competences-transfer, that allows everyone to learn. The newly learned knowledge and the newly gained skills and competences will be used both, in youth exchanges and in daily life. So, the kids and adolescents, with whom the participants are in touch will stand

to benefit from this training-course too.

The meeting and personal exchange of the trainers, the participants of Kinderfreunde itself and of the partner-organisations will provide profit to them and to their organisations. They will be able to execute a youth-exchange of high quality. Especially the concept of active participation of the adolescents themselves – as it is part of the Erasmus+ program – will help, that the young participants of a youth exchange will be involved more active and will earn a higher outcome. The

participating organisations will get a deeper understanding about that fact, that a youth exchange is not a mere event, but a process, where young people are actively involved, guided by qualified leaders.

Within the frame of this training course there will be a debate about different cultural and daily-life manifestations. The participants will get the opportunity to modify their own stereotypes and reduce their prejudices. They will learn about different cultural habits and learn to respect local and regional idiosyncrasies. They will get a higher level of awareness and mindfulness in regard to differences of origin, religion, social milieu, education and other signs of differentiation.

The participants will learn about conflicts and crises that may occur during a youth exchange. They learn how to deal with that and how to lead the participating adolescents through these undesired moments. This knowledge will help the participants in a lot of other situations asides of a youthexchange too. So, the participants will be more firm in cases of crises and conflicts.

After all the participants and the participating organisations will receive a quality-handbook. So, they will be able to pass it over to other further leaders of youth exchanges too.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

# Theatre for Living

Good practice example

# **Project Coordinator**

Organisation TdU-Wien (Theater der Unterdrückten - Wien)

Address Währinger Straße 59, 1090 Wien, Wien, AT

Website www.tdu-wien.at

# **Project Information**

Identifier 2020-2-AT02-KA105-002775

Start Date Aug 1, 2020

End Date Sep 30, 2022

EC Contribution 34,740 EUR

Partners Project XX1 (IT), Foundation "Solidarity Works" (BG),

Gemeinwohlwohnen (DE), CENTAR ZA KAZALIŠTE

POTLAČENIH-POKAZ (HR), Kulturno umetniško društvo Transformator

(SI), ASOCIATIA A.R.T. FUSION (RO)

Topics Social dialogue; Creativity and culture; Youth (Participation, Youth Work,

Youth Policy)

# **Project Summary**

#### Objectives

Based on the experience of the consortium, active in youth work, it is clear that Theater of the Oppressed Methodology even if is a very efficient methodology for handling diverse social problems is not enough known and applied as a method oy youth work across Europe. This project is an answer to the needs of various youth organizations that need competencies in new methods for improving the situation of their direct target groups.

Theater of the Oppressed Methodology was developed by Brazilian Augusto Boal in the context of discrimination and human rights violation in Brazilian society in the 70'-ties. Forum and Legislative theater methods are highly adaptable to the needs of different communities, with a large capacity to cover all kind of the social issues: human rights violations, power abuse and oppression in different ways, lack of activism, discrimination, violent radicalization, exclusion, poverty, marginalization, xenophobia, etc. and through a creative approach provides a space for people to reflect, find solutions to these topics and transfer the solutions in their lives.

The main goal of this project is to increase the capacity of youth work sector to raise the participation and involvement of young people in social processes and change .The training program is designed for youth workers, active members of youth organizations that need to develop their competencies in working with Theater of the Oppressed methods in order to have a better and long lasting impact in their communities.

#### **Activities**

The structure of the project is in big lines like this:

- Selection and preparation of 21 participants (local research)
- Organizing first residential training course for developing basic competencies in Theater of the Oppressed methodology (Jokering and Forum theater) (Austria)
- Practice phase 1 in each community (each national team will have to prepare and implement a Forum theater performance on a burning issues in the local community for least 50 young people)
- Mid-term evaluation (online)
- Second residential training course for advance competencies in Theater of the Oppressed and new methods (Legislative theater) (Slovenia)
- Second practice phase (each national team will have to prepare and implement a new performance for at least 30 people)
- Evaluation (short and long term online)
- Local Dissemination Activities
- Follow-up in each community and international

#### Impact

Concrete Results of the project:

- A team of 21 facilitators in Theater of the Oppressed field.
- At least 14 Theater of the Oppressed projects/performances developed by partner based on non-formal education methodology (2 performances by each organization).
- At least 560 direct beneficiaries of these projects.
- New tools and methods for youth workers competences development.
- An informal platform of organizations that are using Theater of the Oppressed in their work.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

## **Project Title**

# YE Youth Empowerment through Languages

## **Project Coordinator**

Organisation Grenzlandcamp Kinder-&Familienfreizeitzentrum Klaffer gem. GmbH

Address Vorderanger 16, 4163 Klaffer/Hochficht, Oberösterreich, AT

Website http://www.muehlfunviertel.at/

# **Project Information**

Identifier 2019-3-AT02-KA105-002611

Start Date Jan 1, 2020

End Date Nov 30, 2022

EC Contribution 37,785 EUR

Partners Asociatia Pas Alternativ (RO), ipazia (IT), Hayat Sahnesi Dernegi (TR),

ACHAIKO INSTITUTO EKPEDEFSIS ENILIKON (EL), ASSOCIATION FOR PROGRESS, EDUCATION AND LOBBYING NEL SKOPJE (MK),

Qendra "Për Arsim Cilësor" (AL)

Topics Access for disadvantaged; Inclusion - equity; Youth (Participation, Youth

Work, Youth Policy)

## **Project Summary**

## Objectives

The idea of the project came after the discussion with partners from Romania with whom we cooperated in other Erasmus plus projects.

European Union which sets target for 2020 on multilingualism makes many efforts in this regard and also tries to promote the importance of knowing foreign language. One of the most important goals of Erasmus+ programme is to increase the key competencies that an individual has. One of the most important competencies is the proficiency of self-expression in different languages and native language. Today, foreign language skills are one of the most needed issue of job seekers especially the young people who are studying at universities. The project will increase awareness of young people in a foreign language, provide to understand better the foreign language requirements. With this project, the young people will comprehend that learning a foreign language isn't so difficult as they actually think.

At the same time, Erasmus+ programme provides a lot of opportunities to young people. While initially, the opportunities and facilities that Erasmus+ programme has are introduced, we will give demonstrations about Europe language portal which emerges with this program. In this way, we will mention about suitable opportunities in respect of learning a a foreign language economically and socially to the young people who raise awareness in foreign language.

Each language contains its distinctive culture and living. We will understand not only the importance of knowing a foreign language but also how knowing a foreign language is important for self-expression thanks to our project. We have aimed at raising awareness about European Day of Language with our project. Participants will present different expressions both in their own languages and foreign languages and raise the awareness about the structure of European Union with richness of different languages present and the cultural wealth that they have in the local community.

Thus, the project "YOUTH EMPOWEREMENT THROUGH LANGUAGES" was created by 7 partner organizations, from Austria, Romania, Turkey, Greece, Italy, Lithuania and Armenia.

The project will run between 01st of January 2020 and 30th of November 2020. The main activity, a youth exchange, will be held for young Europeans from 26th of June 2020 to 10th of July 2020 at the Mühl-fun-viertel in Klaffer, Austria. Participants will be 4 young people, between the ages of 14 and 19, from each country, with and without fewer opportunities, motivated and interested in developing their competencies in using foreign languages for the integration on labor market.

The aim of the project is to develop the level of competences of young people in the awareness about the importance of European languages and increasing the chances for youth with fewer opportunities in the labor market.

#### Our objectives are:

- 1. Developing the knowledge of the importance of European languages among the 35 youngsters, from Austria, Romania, Turkey, Lithuania, Italy, Armenia and Greece (participants of the project), until the end of the project;
- 2. Developing attitudes and abilities to use European languages, arising the interest and curiosity for different languages for the 35 youngster until the end of the project
- 3. Developing the abilities to use European languages for the future career among 35 youngsters participants in the project until the end of the projects

#### **Activities**

The project includes several types of activities:

- 1. Preparatory activities
- 2. Learning activities
- 3. Dissemination activities

All these activities are important for achieving the project goals. Management activities support the quality of the project and will be carried out throughout the project. Particular importance is given to preparing and supporting participants to facilitate the inclusion of young people with fewer opportunities. This support will be provided by 1 leader from each partner. The APV will be organized for 3 days and will take place in Klaffer from 24.04 – 26.04.2020. This will be an activity for 7 leader and 7 participants and one trainer, for organizational matters containing rules for youth exchange, division of the tasks, ways of teamwork and behavior of the leaders regarding the participants.

We'll include discussion about multilingualism and the importance of foreign languages and ideas for the final movie and performances.

Learning activities include sessions for arts-work, workshops about communication, diversity, culture, inclusion, theoretical sessions about European language portal and language passport, sessions for preparing the performance and the movie. It will also take into account the inclusion of learning activities and group dynamics: energizers / warm up activities,

reflection on learning and completing the Youthpass Certificate, entertaining evening activities, intercultural activities: intercultural market place, Linz Treasure Hunt etc. Through the learning activities, the participants will develop their level of knowledge about the importance of European language and how to use foreign languages on their future career .

For the dissemination activities all 35 participants from the 7 countries, will organize 7 workshops in their countries, using the methods they learnt in the project in order to promote the importance of European languages, the Erasmus plus programme and the non formal education.

## Impact

Expected impacts on the participants on the short term is to learn how to start a learning- research process by asking questions, to understand the importance of European languages, to reduce the stereotypes and prejudices between the participants, to improve the self-confidence and improve their English. This youth exchange will promote the key-competences for the young participants and will lead them to a higher grade of creativity and of new possible ways of thinking. By face-to-face meeting, the intercultural dialogue, the feeling for the necessity of social inclusion and of solidarity will rise, the stereotypes and prejudices will be reduced. By attending different workshops about communication, diversity ,culture and inclusion and by learning using non formal methods the young participants develop artistic skills and will be more confident to use and learn foreign languages. Asides of the immediate results of the public performances and final movie, there are of course longer-termed outputs awaited. The impact of the coming together will help to question their own stereotypes and to reduce prejudices. That has an influence on the every-day-life of the participants after returning home again. Friendships will be established and networks will be built up. We will make one step further into a diverse and inclusive Europe.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

## **Project Title**

# Our House is on Fire

# **Project Coordinator**

Organisation Bildungs- und Kulturforum COLLEGIUM GRAFENBACH

Address Grafenbach 67, 9103 Diex, Kärnten, AT

Website www.collegium-grafenbach.at

# **Project Information**

Identifier 2019-3-AT02-KA105-002519

Start Date May 1, 2020

End Date Sep 30, 2022

EC Contribution 19,937.76 EUR

Partners Young Visioners in Action (EL), Talijanska srednja skola Dante Alighieri,

Pula - Scuola Media Superiore Italiana Dante Alighieri, Pola (HR), Centar

za nemacki jezik DaF-PERFEKT (RS)

Topics Environment and climate change; Integration of refugees; Teaching and

learning of foreign languages

## **Project Summary**

## Objectives

The student Greta Thunberg has managed to shake up the youth and the whole world with her action "Fridays for Future".

We want to work out two aspects with this youth meeting:

- On the one hand, the environmental issue: how we can help to slow down climate change;
- on the other hand, the question of which methods make it possible for adolescents to make themselves heard and to assert themselves against the adult world.

Further goals of the youth meeting are:

- Encourage young people to think critically,
- To promote friendships between young people of different nationalities
- to make them aware of our common European citizenship
- to encourage them to act independently and sense of responsibility
- to improve the language skills of German
- to recover in a healthy environment during sports and games.

#### **Activities**

The main activity is a youth meeting from 02.07. until 11.07.2020 in the Carinthian mountain village Grafenbach. An APV will take place in May in Baden near Vienna.

We invite 6-8 young people at the age of 14 to 19 years and a GL from Greece, Poland, Croatia and Austria. Most of them are pupils of different schools, who learn German as a foreign language either at school or out of school and are interested in environmental issues. The social background is mixed, many of them have no other way to travel and study abroad. Due to positive experiences in recent years, we are again making it possible for a group of young refugees to participate in this project.

## **Impact**

The main aim of this Youth Exchange is to sensitize the participating young people to the topic.

By participating in the activities of the preparation, the workshops and other parts of the program, as well as the follow-up their skills and their self-confidence will be strengthened, which ultimately also in applications, at work, living together with others - in the whole life - will benefit,

By managing the houskeeping and keeping the house in order, they also learn to take responsibility in the community and to consider one another. By doing so, they solidify tolerance and solidarity.

With the participation of refugees, who turn out to be completely normal adolescents, the fear of the stranger is taken away.

The refugees, on the other hand, can at least temporarily escape their outsider role and isolation in their neighborhoods and become familiar with the European way of life. In recent years, the submission of the

Youthpass to the Asylum Authority has in several cases contributed to the fact that refugees have been granted a residence permit.

We also expect all participants to become more secure in the use of German as a foreign language.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

## **Project Title**

# Wikipedia for Peace: Queer [Edit]

# **Project Coordinator**

Organisation Wikimedia Österreich

Address Stolzenthalergasse 7/1, 1080 Wien, Wien, AT

Website www.wikimedia.at

# **Project Information**

Identifier 2019-3-AT02-KA105-002578

Start Date Feb 1, 2020

End Date Jan 31, 2023

EC Contribution 21,350 EUR

Partners "Pink" human rights defender NGO (AM), Wikimédia France (FR),

Initiative Mawjoudin pour l'égalité (TN), Wikimedia Sverige (SE), SERVEI

CIVIL INTERNATIONAL DE CATALUNYA ASOCIACION (ES)

Topics Gender equality / equal opportunities ; Civic engagement / responsible

citizenship; ICT - new technologies - digital competences

## **Project Summary**

## Objectives

With this youth exchange, we want to strengthen the (online) active citizenship of young queer people. We want to empower young queer people to edit Wikipedia articles around fqueer issues, i.e. empower them to get involved in online activism, to discover and go deeper into queer topics as well as to build up a strong bond between queer people from different European countries. We believe that giving a space for queer youth from different countries will empower them to be able to be themselves and to be more confident in dealing and being safe from discrimination.

#### Our objectives are.

- 1. Create a safer space for queer youth from around Europe to be themselves, both at the youth exchange and in their daily lives after the project.
- 2. Promote young queer people's online active citizenship and increase their participation in the open knowledge and the queer movement
- 3. Foster mutual understanding and solidarity between young queer people in different European countries
- 4. Make more and better quality content around queer issues on Wikipedia in the native languages of the participants
- 5. Promote Erasmus+ as an opportunity for the Wikimedia and open knowledge movement
- 6. Create partnerships between the open knowledge and the queer movement
- 7. Promote European values of democracy, human rights, gender equality and non-violence
- 8. Empower young people to take their learning in their own hands through non-formal education methods and informal learning
- 9. Create a fun and informal space for young people to improve their ICT skills

#### **Activities**

35 young queer people from Armenia, Austria, Poland, Sweden, Tunisia and Spain will come together for a youth exchange in Innsbruck, Austria, from 10-18 July 2020. Using non-formal and informal education, the participants will learn how to edit Wikipedia in their native language and in other languages that they speak. Together, they will write articles about queer activists, organisations and concepts from all across the world and in this way will not only get to know the biographies of many interesting activists, but also help LGBTI+ topics to become more visible online. The programm will build a strong international group, which makes it possible to foster mutual understanding and solidarity between the young people from the different countries, with a strong focus on learning and self-empowerment. Methods such as "Learning up the mountain" combine a hike around the mountains of Innsbruck with learning and experiental stations revolving around identity, queer solidarity, activism, gender and open knowledge. Editing sessions will be supervised by the team and will give individual guidance to each participant in how to improve their writing.

#### **Impact**

More than 150 Wikipedia articles on queer topics in at least 9 languages (English, German, Armenian, Spanish, Catalan, Arabic, French, Polish, Swedish) will have been written and will be available on Wikipedia online. The participants of this youth exchange will feel motivated both to stay involved in the Wiki movement as well as to get active in other initiatives around the open knowledge and queer movement.

Participants will write blog and website articles about the project, will create videos, will post about it on social

media and regional media will be invited to report about this project and the opportunities of the Erasmus+ program.

The project will be presented at international conferences and will inspire other open knowledge organisations to start organising international youth exchanges and starting to get more active in digital youth work.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

## **Project Title**

# (Re)Defining Equality

## **Project Coordinator**

Organisation UWC Austria

Address Hans-Muhr-Promenade 13, 1140 Wien, Wien, AT

Website www.uwc.ac.at

# **Project Information**

Identifier 2019-3-AT02-KA105-002605

Start Date Apr 1, 2020

End Date Oct 31, 2022

EC Contribution 40,175 EUR

Partners Commissione nazionale Italiana per i Collegi del Mondo Unito (IT), UWC

Lebanese national committee (LB) , Fundación Comité Español de los Colegios del Mundo Unido (ES) , United World College National Committee of Albania (AL) , "UWC National Committee of Armenia" Charity Foundation (AM) , Deutsche Stiftung UWC (DE) , UWC

Magyarország (HU)

Topics Intercultural/intergenerational education and (lifelong)learning; Gender

equality / equal opportunities; Social dialogue

## **Project Summary**

## Objectives

This project aims to educate young people on equality and to empower them to become change-makers and make a difference in their local communities. Participants are encouraged to plan their own initiatives throughout the youth exchange we hope that these initiatives will spark a ripple effect on their surroundings and motivate other youngsters to engage with the global challenges of equality such as gender equality, climate injustice and migration.

#### **Activities**

40 participants from all around the world with differing socio-economic, cultural and religious backgrounds will take part in our youth exchange. It is going to be framed by 14 facilitators who will develop the programme further and work on the implementation of the two-week project. We are going to focus on non-formal education methods and make use of interactive workshop sessions in small self-led groups and the entire group, simulations, group activities and discussions which are supposed to raise controversial debates among the participants which in turn fosters international understanding and collaboration.

## **Impact**

We hope that we create an environment where youngsters are going to feel comfortable to discuss controversial topics, to open up to other opinions and allow themselves to grow. By the end of this youth exchange we seek to have each participant working on one project which they want to realise in their home countries. In that way, we want the participants to be the impact themselves and take on responsibility to create their own results. Yet, we hope that those small-scale, communal initiatives will contribute to a greater awareness and willingness to act upon those matters of inequality both regionally and globally.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

## **Project Title**

# Level up - 4 YOUth

# **Project Coordinator**

Organisation Österreichische Kinderfreunde

Address Rauhensteingasse 5/5, 1010 Wien, Wien, AT

Website www.kinderfreunde.at

# **Project Information**

Identifier 2020-1-AT02-KA105-002660

Start Date May 1, 2020

End Date Dec 31, 2022

EC Contribution 45,320 EUR

Partners ASSOCIAZIONE AGRADO - APS (IT), Associação para a Promoção

Cultural da Criança (APCC) (PT) , Támaszpont Mentalhigiénés Oktatási és Prevenciós Közhasznú Alapítvány (HU) , ASSOCIACAO QUINTA DAS RELVAS (PT) , ACHAIKO INSTITUTO EKPEDEFSIS ENILIKON (EL) ,

Asociatia de Tineret ONESTIN (RO)

**Topics** Environment and climate change; Youth (Participation, Youth Work,

Youth Policy); Inclusion - equity

## **Project Summary**

## Objectives

We aim to get YOUth one level up.

Level UP - for YOUth, has been established together with a Youth Focus group to discover needs and interest of the project's target group. This should enable the project participants as well as coordinators and leaders to aim for real impact and change within the participating parties, stakeholders and audiences. Through the focus group we detected a diversity of needs and interests, combined and transferred them into the aims and objectives.

Therefore we are aiming to get YOUth one level up through creating:

Active democratic citizenship

Improved self awareness/-esteem and self-determination

Inclusive participation

This will be possible through:

- Informing them about spaces and opportunities for active engagement
- Offering tools for active citizen engagement and activism
- Sharing knowledge and know-how regarding for them important topics
- Creating dialog between genders, cultures, diverse background of people

The programme is planned to be divided into four different phases, which also reflect the objectives of the project. (Also noted in the activity-timetable)

#### PHASE ONE

- To experience living in an intercultural setting
- Getting to know one-self, ones weaknesses and strengths better
- Reflecting the own knowledge and habitus
- Reflecting one's identity

#### PHASE TWO

- Becoming a strong community within the Youth Exchange
- To transfer as well as generate knowledge
- Getting to know group dynamics and mechanism by living and discussing them
- Creating open space for learning about democratic citizenship and Human Rights/Children's Rights

#### PHASE THREE

- Getting to know low level project management
- Learning about Erasmus+, ESC and its possibilities as well as about YFJ, National Youth Councils and further diverse (European) institutions where young people can create possibilities for themselves and their peers)

#### PHASE FOUR

- Creating their own follow up project
- Implementing project management
- Becoming (more) active and critical citizens

#### **Activities**

Within this Youth Exchange we plan to implement one APV and one Youth Exchange with the duration of 10 days plus to travel days to Döbriach, which lies in the beautiful and green mountain area of Carinthia.

This Youth Exchange holds 49 people in total from seven different organisations and 6 different countries. Five participants and two leaders per delegation. Our partnership has newly been established and we are very much looking forward to improving our networks within Eastern and Southern Europe for this and possibly also further projects. Therefore the chosen partners are as followed:

Italy, Romania, Portugal (x2), Hungary, and Greece. All of them will be hosted by Österreichische Kinderfreunde in Austria.

The participants have not yet been selected, however from each organisation there will be at least one/two participants who face situations that would make their participation more difficult. Based on previous similar activities, this may include:

- Participants from rural areas
- Participants with physical and/or cognitive disabilities
- Participants from lower socioeconomic backgrounds
- Participants with refugee status or a migrant background
- Participants from sexual and gender minorities
- Participants with low educational attainment level
- Participants with mental health conditions

The participating organisations are all inclusive organisations which means they are working with disadvantaged young people and kids with fewer opportunities in their daily and weekly projects, however all with a different historical background. Since we are looking forward to an inclusive project example, we defined the need to have two leaders per organisation. One to input within the programme and take care of logistics and one who is specified within the needs of the group. This makes it more accessible for young people with a challenging background to participate within a new environment but also for their legal guardians to trust the organisations with this opportunity.

## **Impact**

On an individual level, we see the impact as being:

- Increased knowledge about the importance of internationalism and the possibilities participation can bring to them and to society.
- Learning about the different levels of participation and are able to analyse them in their daily life.
- Getting to know their strengths and weaknesses through learning processes in a safe environment.
- Motivation on getting active and starting projects by themselves in cooperation with their organisation
- Young people as participation-ambassadors for (their) youth organisations
- Activities and tools to educate others
- Knowledge about how to establish new bilateral international projects or exchanges
- Experience about non-formal education methodology
- Planning skills, increased creativity and experience coming up and delivering with activities
- Experience of team working and cooperation in an intercultural environment
- Feeling of European and global citizenship
- Acceptance of other people and respecting their differences

- More self acceptance and self worth
- Increased motivation and confidence to participate in international work
- Understanding and commitment to the values of diversity, solidarity, democracy, freedom, friendship and internationalism
- New friends and contacts across Europe
- Transferable skills for education and/or future employment

The impact we foresee on the participating organisations:

- Increased knowledge of how to plan and engage in international projects
- Increased motivation to plan and engage in international projects, including bilateral partnerships
- Increased young members who want to stay/ become more active within their organisations.
- The participating organisations as participation-ambassadors for other youth organisations
- Richer group work programme incorporating internationalism and the international perspective
- Richer group work planned by participants together with the group leaders. Planned events by group-members
- Increase in young people from marginalised or vulnerable groups in their work, particularly those subject to xenophobia and discrimination, through ideas gained from the Youth exchange
- An idea on how to include young people better in their daily work, youth meetings and structures
- A strong network with youth participation ambassadors, which can support organisations who are in the learning process of opening their organisation and making it more accessible.
- Stronger network of partner organisations across Europe.
- More knowledge about how to plan and implement an inclusive project.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

# Under pressure

# **Project Coordinator**

Organisation Junge Europäische Föderalisten - Landesverband Steiermark

Address Am Grünanger 44, 8130 Frohnleiten, Steiermark, AT

Website www.jef-steiermark.at

# **Project Information**

Identifier 2019-3-AT02-KA105-002581

Start Date Jan 1, 2020

End Date Dec 31, 2022

EC Contribution 39,811 EUR

Partners Europska Mladez Istre (HR), Associació per la mobilitat internacional i

emprenedoria YOUTH BCN (ES) , Jaunimas Pasauliui (LT) , DRUSTVO ZA SPODBUJANJE EVROPSKIH VREDNOT IN FEDERALIZMA MLADI

EVROPEJCI (SI), Europæisk Ungdom Danmark (DK)

Topics ICT - new technologies - digital competences; Health and wellbeing;

Youth (Participation, Youth Work, Youth Policy)

## **Project Summary**

## Objectives

The project "Under Pressure", which consists of a training course for youth workers and a youth exchange for young people, is intended to provide help in two ways to overcome difficulties (such as struggle with decision making, stress) in our modern, fast-paced society.

In the training course, experts in youth work are trained to convey the topics of both mental and physical well-being. They get an insight into different methods and learn to identify and defuse stress factors for themselves as well as for their work with young people. We work closely with the trainer Greta Rossi, who has developed the so-called "Recipes for Wellbeing" and specialises in the topic of well-being. Together with her, we design the program which she will lead and implement during the training. In the course of the training, the youth workers also have the opportunity to develop and test their own workshops and methods on the subject. Above all, the connection between well-being and competence development will be focused on. This is particularly important to us because some of the participating youth workers will be the group leaders of the youth exchange. In this way, we want to ensure on the one hand that the group leaders are prepared in the best possible way for the YE and on the other hand give them the chance to test and improve their abilities.

#### Goals of the training

#sharing best practice between the involved organisations

#improving the quality of youth work

#discovering wellbeing methods, activities, and tools

#learning to cultivate well-being as trainer/facilitator, youth worker

#intercultural exchange and working in international teams

#developing and implementing original methods, activities and tools

#promoting competence development and the use of Youthpass both for themselves as well as for participants in their projects

#connecting the topic of well-being to the Youthpass competences

Methods used
#open space
#group work
#team building, group dynamics
#reflection groups
#input from participants
#interactive presentations
#improv theatre
#comfort zone concept
#discussions
#non-formal methods

In the youth exchange we want to work together with young people and group leaders on the topics of well-being, mental health and the use of digital devices. The title "Under pressure - find your balance!" highlights a problem and at the same time calls for action. Contents are conveyed by non-formal methods, some of which were developed by group leaders themselves during the training course mentioned above. In order to create the best

possible working atmosphere and to promote interpersonal relationships and intercultural exchange, the majority of the youth exchange will be held "disconnected". This means that all participants, group leaders and the team will do without their digital equipment. This method was already used at our last youth exchange "I want to break free", which took place in August 2019 in Neumarkt in der Steiermark, and has brought us very positive feedback from participants, group leaders and partner organisations. That's why we want to use this method again next time. In order to ensure trust between participants and the organisation team, the disconnection will be clarified in the info pack and later a so-called "Disconnection Contract" will be drawn up jointly. The media team at the YE will also ensure the dissemination of the project results during the time without digital devices with newsletters by e-mail and posts on social networks such as Facebook and Instagram, and at the same time maintaining contact with the partner organisations and relatives of the participants.

#### Goals of the YE

#To reflect on the factors that affect (personal) well-being in a negative and in a positive way

#To discover tools that help to improve (personal) well-being and balance

#To question the effect of digital devices, internet and social media on our own well-being, on relationships, society and creativity

#To disconnect from the virtual world and to reconnect with ourselves, others and nature

#To experience aliveness and presence

#To foster critical thinking

#To support personal development

#To support the individual learning process and the development of competences

#To promote transcultural exchange and learning

#To share and discuss ideas, opinions, beliefs and values

#To experience working with an international team

#To raise awareness about the European project and future perspectives

#To promote active citizenship

Methods used

#disconnection from digital devices, internet and social media #non-formal education methods
#team building, group dynamics
#reflection groups
#group work and discussion
#creative workshops
#outdoor workshops
#interactive presentations

### Activities

#input from participants

The planned training (Activity A1) will take place from 20 to 25 May in the Europahaus in Neumarkt in der Steiermark, Austria. A total of 26 youth workers aged 18 and above from Austria and the partner countries Slovenia, Denmark, Croatia, Lithuania and Spain will take part in the training course. Together with the trainer Greta Rossi the programme will be created and implemented. The methodical focus of the training is on non-formal education tools to strengthen competence building, personal initiative and the ability to reflect. Through group dynamic games, participative workshops, group work, different discussion formats and workshops for creative development, the personal development of our participants is encouraged. In addition, the youth workers are given the opportunity to develop and try out their own original methods. Participants receive the

Youthpass as an international certificate to recognise their learning outcomes.

The group of participants consists of 26 youth workers from Austria and the partner countries mentioned above. When selecting the participants, all partner organisations ensure that there is a gender balance and that the youth workers include the group leader for the youth exchange that will take place later. We particularly invite people with fewer opportunities to participate. From all partner countries, there will be some youth workers who are confronted with either geographical, economic or social obstacles or cultural differences. In order to enable everyone to participate, there will be no participation fee.

The planned youth exchange (Activity A2) will take place from 14 to 21 August in the Europahaus in Neumarkt in der Steiermark, Austria. A total of 44 young people and group leaders between the ages of 18 and 22 from Austria and the partner countries Slovenia, Denmark, Croatia, Lithuania and Spain will participate in the youth exchange. The methodical focus of the youth exchange is on non-formal education to strengthen the competence building, initiative and the young people's ability to reflect. Through group-dynamic games, participative workshops, group work, various discussion formats and workshops for creative development, the personal development of our participants is highlighted. With the help of evaluative methods and reflection activities, the participants learn to formulate learning goals, to speak confidently about successes and challenges and to summarise what they have learned in the eight key competences of Youthpass. The young people receive the Youthpass as an international certificate to recognise their learning process and outcomes.

The group of participants consists of 44 young people and group leaders from Austria and the partner countries mentioned above. When selecting the participants, all partner organisations make sure that there is a gender balance and that the young people are in the target age group of 18 to 22. Particular importance is attached to the participation of young people with low opportunities. All partner organisations will send young people who face either geographical, economic or social barriers or cultural differences. Furthermore, refugees living in Austria will also participate in the project. In order to enable all young people to participate, there will be no participation fee.

#### Impact

Through the development of competences, the training course and the youth exchange will have a lasting effect on the participants. During the training, the youth workers receive input on the topic and at the same time the opportunity to develop and try out their original methods. The development of competences such as foreign language, learning to learn, social and civic competence, digital competence, intercultural competence and entrepreneurial competence are also promoted in the activities with non-formal methods both in the training course and in the youth exchange. The youth workers and young people are supported in their personal development (self-realisation, life organisation, ability to reflect) and strengthened in their commitment to the European project. Experiencing Europe and intercultural exchange are the prerequisites for the participants to act as active European citizens in their own lives. As multiplicators, they carry the experiences and values from the Erasmus+ project into their environment. The participants benefit by improving their chances on the labour market, have more self-confidence and are more aware of their personal life goals.

In addition to the key competences, the participants will benefit from the training course and the youth exchange. #prejudices against people from other cultures are being broken down

#language skills are improved and communication barriers - the cause of misunderstandings - removed #cross-border friendships are made and a transnational network is established

#knowledge about other countries and cultures is acquired

#the youth workers and youngsters will learn to communicate with each other at eye level and to participate

actively in the activities

#the participants can grow beyond themselves and test new skills in a safe environment

The participating youth organisations benefit from the experience gained by the group leaders, by increasing their own level of awareness and the attractiveness of the organisations as well as by motivating participants for further projects: The training course and the youth exchange motivate participants to carry out Erasmus+ projects themselves. The international network of young people to support the European project will be strengthened by the planned project. Each cooperation with our partner organisations pushes borders further into the background and underlines our cultural similarities.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

# Not Your Soldier

## **Project Coordinator**

Organisation Service Civil International Österreich

Address Schottengasse 3a/1/4/59, 1010 Wien, Wien, AT

Website www.sciaustria.org

# **Project Information**

Identifier 2020-2-AT02-KA105-002781

Start Date Sep 1, 2020

End Date Sep 30, 2022

EC Contribution 24,612 EUR

Partners Movimento Nonviolento a.p.s. (IT), Fellowship of Reconciliation (England

and Wales) (UK), GAIA (XK), VOLONTERSKI CENTAR VOJVODINE (RS), Internationaler Versöhnungsbund - österreichischer Zweig (AT), SERVICE CIVIL INTERNATIONAL BRANCHE FRANCAISE (FR), SERVEI CIVIL INTERNATIONAL DE CATALUNYA ASOCIACION (ES), KINISI ETHELONTON SERVICE CIVIL INTERNATIONAL ELLAS (EL), Association Peace Action (MK), Space for Sustainable Development (JO), Regional non-governmental organization for development of volunteering "AYA" (RU), VOLUNTARY SERVICE INTERNATIONAL (IE), Útilapu Nemzetközi Építőtábor Hálózat Egyesület (HU), SERVIZIO CIVILE INTERNAZIONALE ONLUS (IT), Ifigeneia Kamarotou (EL), Suomen Sadankomitea ry De Hundras Kommitté i Finland (FI), Regional'naya obshhestvennaya organizaciya sodeistviya grazhdanskim iniciativam "Molodezh' dlya budushhego" (RU), NEOLEA GIA ANTALAGI KAI KATANOISI (CY), STOWARZYSZENIE JEDEN SWIAT (PL)

Topics Civic engagement / responsible citizenship; Youth (Participation, Youth

Work, Youth Policy); New innovative curricula/educational

methods/development of training courses

## **Project Summary**

## Objectives

Young people today are affected by militarized contexts: Military conscription for youth, especially young men, is in place still in several European countries (such as Austria) and is about to be introduced in others (such as Kosovo). Young refugees arriving in Europe often had to flee from violent conflicts. In some parts of Europe (such as Kosovo), young people themselves still remember war and need to live with its devastating consequences. And in more subtle ways, militarized thinking is present in every young person's everyday life, be it in video games, military ads or politicians using "war" metaphors when talking about a pandemic.

There are not a lot of spaces for young people to critically reflect on these militarized contexts and even less to become active citizens around them. We need more and better educational projects and activist projects around peace and non-violence. Among the biggest networks of peace organisations in Europe, only SCI has extensive experience of working with youth in the context of non-formal education and Erasmus+. There is a chance for more collaboration across networks that we could tap into in order to create more and better projects.

The objectives of the project are:

- to strengthen and promote values of peace and non-violence among youth workers and young people, especially those affected directly by militarized contexts (such as war trauma, mandatory military services)
- to promote active citizenship, political participation and civic engagement of young people around peace and non-violence
- to exchange tools and methods for non-formal education and activism around working with youth on peace and non-violence
- to come up with new and innovative methods for non-formal education and activism around working with youth on peace and non-violence
- to increase the quality and quantity of youth projects around peace and non-violence
- to create a stronger connection between different networks of European peace organisations
- to exchange experiences around peace and non-violence between young people and youth workers from different European countries
- to add more methods and best practices of non-formal education and activism around working with youth on peace and non-violence to the toolkit "Peace on the Streets"

#### **Activities**

"Not Your Soldier" unites 20 organisations from 16 countries: (Austria, Kosovo, Italy, Ireland, UK, Serbia, North Macedonia, Spain, Russia, Jordan, France, Greece, Finland, Hungary, Poland, Cyprus.

We want to organize two activities:

- 1. Youth Exchange "Not Your Soldier", 14-21 January 2021 in Kötschach-Mauthen (Austria) with 26 participants
- 2. Toolfair "Methods Against War", 1-6 April 2021 in Mitrovica (Kosovo), with 27 participants

Both activities will have a follow-up phase supervised by the facilitators of each activity.

#### **Impact**

We wish to give impulse to better and more European education and activist projects for, by and with young

people around peace and non-violence. Youth workers will have created strong networks across several networks involved in this application (SCI, WRI, IFOR, YEU, CCIVS) and created new partnerships and project ideas on a local and European level. They will also have created completely new methods and learned good methods that other youth workers and peace activists around Europe use. We will gather these methods in an addition to the toolkit "Peace on the Streets" that SCI Austria has published in 2019.

On a local level, the project will include a workshop on peace education open to the public in Mitrovica, an ethnically divided city in the north of Kosovo.

The young participants of the youth exchange, at least half of them youth with fewer opportunities, will do outreach and dissemination around the topic of military conscription through a webinar on the topic, through an online hashtag campaign, Instagram takeovers and a short video. Through that and their own continued involvement in the peace movement after the project, they will contribute to a stronger youth-led discourse on military conscription on a European level.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

## **Project Title**

# Arts, Culture and Identity

# **Project Coordinator**

Organisation Österreichische Kinderfreunde Region Mühlviertel

Address Gewerbestrasse 7, 4222 St. Georgen/Gusen, Oberösterreich, AT

Website www.kinderfreunde.cc

# **Project Information**

Identifier 2020-1-AT02-KA105-002687

Start Date May 1, 2020

End Date Sep 30, 2022

EC Contribution 17,070.1 EUR

Partners ASSOCIACAO CHECK-IN - COOPERACAO E DESENVOLVIMENTO

(PT), Albanian Society in Development (AL), SEIKLEJATE

VENNASKOND (EE), YOUTH UP (TR), KULTUR & ART INITIATIVE EV

(DE), Artimbanco (IT), Non-formal learning club "WE" (LT)

Topics EU Citizenship, EU awareness and Democracy; Youth (Participation,

Youth Work, Youth Policy); Inclusion - equity

## **Project Summary**

## Objectives

Identity is an individual topic, that concerns especially adolescents. Furthermore, it is a construct of a feeling of a "We" and so it becomes a European matter too. It is a question of identification with Europe itself. All of these concerns are of high value to the Kinderfreunde too. The encounter of people from different European countries and the work with regard to arts and content will strengthen this feeling and ensure that Europe will be better seen as an overall cultural space and as a unifying framework. So, identity is in the focus of this seminar with 24 participants from Austria, Portugal, Lithuania, Estonia, Albania, Italy, Germany and Turkey. The artistic work itself will be done by the methodological concept of the aesthetic research (arts-based research). On the one hand this will enlighten the access and on the other hand it will lead the participants deeper into the work about identity. The artistic practice leads above the mere cognitive level into an emotional and physical level too for the sake of a sustainable learning-effort. The concept of aesthetic research will be done by five steps: 1) Asking, 2) Collecting of scenes, ideas, information, artistic expressions, 3) categorising and analysing by means of Grounded Theory, 4) presenting the outcomes and 5) reflecting the artistic and personal process.

On the level of the topic itself it is about the procurance of sociological concepts of identity and about theory and practice of aesthetic research and its relevance in formal and non-formal education. It is the aim, that participants will be able to transfer their knowledge to their own target groups, although being non-professionals. Furthermore, it is about educating systematic thinking as well as supporting creativity and the competence of problem-solving. By the face-to-face encounter of the participants during the seminar prejudices can be dismantled, stereotypes can be modified and the consciousness for a European Identity can be supported. By using the English language all day long, the ability of usage this language and communication-skills will be strengthened too. It is an aim too, that the participants will use their new knowledge and abilities within self-conceptualized and executed projects. That leads to a long-term outcome, that theses competences will be consolidated. At the same time, these projects have the function to pass over the knowledge and the abilities to the own target-groups and stakeholders, so that this seminar contributes to European identity too and to a higher awareness of diversity, participation and inclusion.

#### **Activities**

The main activity takes place in the Mühl-fun-viertel in Klaffer/Hochficht. The holding of the seminar is promoted on the one hand by the available logistical possibilities, on the other hand by the calm and the inviting geographical environment, which makes it an ideal venue for such an artistic-creative seminar. The activities are divided into lecture, group- and individual work, (self-) reflection, leisure time and excursion. In addition, there will be special exercises for the transfer into the everyday life of the participants, as well as for self-evaluation.

The theoretical foundations for the necessary knowledge base are conveyed in the form of lectures and short inputs. This concerns sociological concepts about identity and culture, art theoretical concepts, the methodological concept of aesthetic research and questions of pedagogy and communication. In contrast, the practical and independent work on design tasks takes place in small groups and individual work.

At the beginning of the seminar, special emphasis is placed on getting to know each other and creating a pleasant and beneficial atmosphere. Artistic work also requires a great deal of trust in the group, which is why trust-building measures will also be at the beginning of the seminar. For this purpose, methods from theater

pedagogy as well as those from experiential pedagogy will be used.

The respective daily program accordingly begins with a warm-up, which includes getting to know each other, physical warm-up, to the daily theme and the artistic work. This general warm-up is followed by a short theoretical input of knowledge. This is followed by artistic work based on the methodical concept of aesthetic research with the methods of securing evidence, installation and performance. Each day is concluded with the presentation of the daily results, as well as a discussion and reflection. In the evening, voluntary units are offered for artistic deepening, which should particularly address those participants who have a greater interest in artistic practice and who may also work in an artistic field.

The entire program is complemented by an excursion that will take us to two very different places. First, the memorial in "Schlosss Hartheim", a former Nazi euthanasia institution and the exhibition "The Value of Life" located there. This is particularly true from the aspect of identity. At the same time, there is also the possibility of viewing artistic designs by mentally impaired people. Art has no restrictions, is democratical and available to everyone in the same way.

The second part of the excursion takes us to the state capital Linz, where you can choose to visit the Lentos Arts Museum with the respective special exhibitions or visit the Ars Electronica Center. Both offers very different possibilities of artistic design and practice. Last but not least, a tour in the old town of Linz, carried out by the trainer himself, is offered.

The last day of the seminar is dedicated to the transfer into the everyday context of the participants. Appropriate exercises are offered to ensure this transfer. In addition, the presentations of the collected works and works of this week will also take place on this day - to give a review of the content for repetition, but also to give you another opportunity to reflect.

A "marketplace" rounds off the entire program. It is an evening of presentations from your own countries and regions of origin, partner organizations, cultural idiosyncrasies as an expression of identity and, last but not least, the opportunity for self-presentation. Identity is a very multifaceted construct, which will also be given space in this way. The marketplace also enables you to immerse yourself in the diversity of Europe in order to get a feel for what it can mean to be European.

#### **Impact**

The seminar is aimed at people who deal with children and young people in formal and / or informal contexts. Accordingly, it is also expected that the participants will also apply their acquired knowledge in this context. The exercises are therefore always designed for mediation.

In an exercise, the participants are instructed to develop their own projects that they will implement within the first six months after the end of the main activity. This exercise also includes a letter to yourself outlining from the future what you have accomplished within these six months. This letter will be sent to the participants by post after the six-month period has expired. This gives them the opportunity to evaluate themselves again.

Basically, it is expected that the seminar will also have a long-term effect on the participants. This expectation is justified as the work on the topics is not limited to a cognitive level, but also, through the artistic work, covers the physical and emotional level, which ensures long-term learning success. The participants also act as multipliers, on the one hand in the direction of their own target groups and on the other hand in the direction of the participating partner organizations.

The participants, as well as the partner organizations, are particularly sensitized with regard to their own perception of European identity and real existing diversity. This leads to a reduction in the national state in favor

of an expansion of European thinking.

With regard to the application of artistic practice, in particular the methodological concept of aesthetic research, the participants will increasingly include them in their own practice of formal and informal learning and teaching. In the long term, this leads to increased creativity, increased problem-solving skills and higher and longer lasting learning success. The democratic idea behind the concept of using artistic practices will also promote participation in social processes.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

## **Project Title**

# G.O.T. - GamE+s Of Trainers

# **Project Coordinator**

Organisation Verein zum Zweck des EU-weiten, kulturellen Austausches - wEUnite (wir

verbinden)

Address Johann-Strauß-Gasse 7/11, 1040 Wien, Wien, AT

Website www.weuniteaustria.eu

# **Project Information**

Identifier 2020-2-AT02-KA105-002721

Start Date Aug 15, 2020

End Date Aug 14, 2022

EC Contribution 18,805 EUR

Partners New Wellness Education - APS (IT), Fundacja Insert (PL), Centar za

osobni i profesionalni razvoj Syncro - Synergy Croatia (HR) , DRUSTVO ZA SPODBUJANJE EVROPSKIH VREDNOT IN FEDERALIZMA MLADI EVROPEJCI (SI) , Egyesület Békéscsaba Ifjúságáért (HU) , Smokinya

Foundation (BG), Roes Cooperativa KOIN.S.EP. (EL)

Topics ICT - new technologies - digital competences; New innovative

curricula/educational methods/development of training courses; Inclusion

- equity

## **Project Summary**

## Objectives

The youth workers mobility "GamE+s Of Trainers" was created in the context of youth work and European nonprofit organisations in which we want to develop a multidimensional approach to the role of a facilitator/trainer, according to the needs expressed for this kind of professionals. The idea is that facilitators and trainers have a fundamental role and need specific skills in order to make any kind of youth project they are going to facilitate a successful one.

This includes specific skills, careful preparation of the logistics in a project or workshop, understanding group dynamics and the needs of any group, managing teams of young people, managing international teams and to be able to create a space for personal and professional growth and learning.

The goal of this project is to pass on this knowledge and level up the skills of 25 youth workers from 8 countries. We are giving the opportunity to youth workers to taking the first steps of becoming facilitators, improving the recognition of non-formal education and quality of youth projects. This will all be achieved through using methods of non-formal education and experiential learning, supported and guided by experienced trainers.

#### **Activities**

The project "GamE+s Of Trainers" will be implemented in three steps.

- 1.Preparation: This will take place in all the partner countries and it will be the phase of choosing and preparing the participants. This phase will happen from July 2020 until week the activity of this project.
- 2. Implementation: 25 youth workers will meet in Austria for 8 days of activities of the training between 14.11.2020 and 21.11.2020 + 2 travel days. This will be the learning phase for the participants and the involved organizations. This part will be implemented using non-formal methods, involving the participants in the experience, providing them with enough space to immediately practice newly acquired and evaluate their development.
- 3. Follow-up/Dissemination: This will happen after the activity. In this phase, the participants will create tangible and concrete results from their learning and they will share it with their organizations and target groups through workshops in their respective countries.

## **Impact**

After this project their participants will be able to deliver and facilitate workshops, youth projects and trainings either in ERASMUS+ program or any other, being equipped with competences, skills and methods needed for transferring the common fundamental values of Europe, contributing to create sustainable and quality systems of youth support and recognition of non formal education, being equally a valuable support in their work with young people in the community and at international level.

Further, a tangible result will be the testimonials and the videos created within the project. By this we will reach people beyond the partnership of the training and create a bigger impact.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

## **Project Title**

# The Path to Inclusion

# **Project Coordinator**

Organisation Verein zum Zweck des EU-weiten, kulturellen Austausches - wEUnite (wir

verbinden)

Address Johann-Strauß-Gasse 7/11, 1040 Wien, Wien, AT

Website www.weuniteaustria.eu

# **Project Information**

Identifier 2020-3-AT02-KA105-002837

Start Date Feb 1, 2021

End Date Jan 31, 2023

EC Contribution 19,395 EUR

Partners ASSOCIATION DE PROTECTION DU LITTORAL A MAAMOURA (TN),

Roes Cooperativa KOIN.S.EP. (EL), Loesje Palestine (PS), AL-EMAD ALKABEER FOR TRAINING AND DEVELOPMENT CO. (JO), New

Wellness Education - APS (IT)

Topics Inclusion - equity; Integration of refugees; Migrants' issues

## **Project Summary**

## Objectives

According to latest articles of the Eurostat published in March 2020, a total of 4.7 million people immigrated to one of the EU-28 Member States during 2019.

Migration is influenced by various factors. Historically, the relative economic prosperity and political stability of the EU are thought to have exerted a considerable pull effect on immigrants.

Migration is one of the major social, economic and political issues of the modern societies and the lack of information related to the issue is leading to related challenges both for migrants and the hosting societies. Even the current global pandemic crisis did not stop such massive phenomenon and it actually increased xenophobic and racist episodes, condemning migrants as main vehicle of the virus and responsible of the spreading of the infection.

As a great percentage of migrants are youngsters, youth organizations and youth workers/leaders, have a lot to offer towards the inclusion process. This project will increase youth workers and organizations' awareness of the reasons behind the journey undertaken by the refugees to come to Europe, and the hardships they encounter.

The main aim of this project is to equip the youth workers/leaders with tools and knowledge on how to be catalysts of integration with the youth that they work with. Thanks to this project they will understand more the difficulties that migrants endure and what makes them leave their home country and also how they as youth workers/leaders can help them integrate in their community.

#### The objectives are:

- To break down stereotypes that one might have on other cultures.
- To help the participants understand what the migrants have to endure to reach their final destination.
- To increase knowledge and awareness of the participants on contemporary problems and challenges related to migration, migrants and refugees.
- To improve youth organizations' capacity to work for/with migrants and refugees.
- To show youth workers/leaders how to encourage intercultural dialogue and building mutual understanding between new arrivals and the receiving communities
- To explore the role(s) of a youth worker/leader in the inclusion process of refugees and (newly arrived) migrants and in the process of raising awareness.
- To equip youth workers/leaders with effective tools and methods for training and activities to learn how to tackle the issue of refugees with native youngsters.
- To come up with new tools that could be used for a successful inclusion process within the various partners that would be present in the training course.
- To come up with future inclusion partnership ideas between the partners present in the training course.

Once the youth workers/leaders understand better what the migrants go through in order to reach better living conditions and also how they can help them integrate, they will be in a better position to facilitate the integration process and also create a dialogue with the local youth. Ultimately there will be a mutual understanding between new arrivals and the receiving communities that will lead to a decrease in racism and xenophobia.

This project is linked to the Erasmus+ objectives and EU strategies. Social inclusion of all young people, including those from a migrant background, is a key aim of the EU Youth Strategy and Erasmus+.

We will equip youth workers with specific competences about social inclusion. They will work to reach equity and inclusion by facilitating the access to participants with disadvantaged backgrounds. Apart from that, during their work, they will be also sharing the European values in accordance with Article 2 of the Treaty on the European Union, which is another objective of the Erasmus+. During this training there will also be sharing of cultures and breaking down of stereotypes. The project is also in line with the new EU strategy 2019-2027 "Engaging, Connecting and Empowering young people" and with the youth goals n.3 n.4 e n.9., "Inclusive Societies", "Information & Constructive Dialogue", "Space and Participation for All".

The tools, results and ideas that come out of this project, will be shared with other youth workers so as to have a multiplying effect that will lead to a more inclusive Europe fighting racism and xenophobia currently on the rise in Europe.

#### **Activities**

We will implement a training course that will gather participants from 6 different countries: Austria, Greece, Italy, Jordan, Tunisia, and Palestine, 4 per country, 24 in total.

We chose these countries on purpose. We are all Central European and Mediterranean countries, with different realities. Some countries are receiving migrants, some are transit countries, while others, have people running away due to conflict. This mixture in realities and in cultures will help the youth workers/leaders, understand more the picture on the other side of the story.

The Training course will be implemented in Grafenbach/Carinthia, Austria from 20 - 27 June 2021 + 2 travel days Methods Used: All activities (indoor and outdoor) will be based on the principles and tools of Non-Formal Education (eg. peer-learning, learning to participate, team building, energizers, simulations, role playing, creative presentations, video forums).

The educational plan will be structured as following:

Day 1: Arrival of participants, ice-breaking activities and get to know each other, safety instructions, introduction of the activity program.

Day 2: Getting to know each other, share expectations, fears and contributions. Team-building activities, workshops implemented by participants, introduction of the Youthpass.

Day 3: workshops by participants, developing map reading skills and meet the local and national lifestyle and culture empowering the local impact of the activity, sharing tools they use for encouraging intercultural dialogue, mutual understanding and successful inclusion process.

Day 4: understanding of refugees' feelings by cultivating important skills (eg. team-spirit, cooperativeness, creativity, time management, initiative taking) working in teams and will 'get in the shoes' of refugee people with different stories and scenarios. get prepared for the simulation of the day after. Introduction of Bennet Scale model.

Day 5: The big day! "The path" will put in a simulation scenario challenges, difficulties and choices that migrants have to face during their travel. The day will be closed by a gathering of all the groups and reflection on the day. Day 6: We will start with video forum, where the participants will be seeing real videos that were shot by BBC of refugees doing the journey. Time for a "Living Library" where young migrants and people who work with them, will share their experiences and stories. Discover the opportunities of ESC

Day 7: Time to exchange views on the dynamic of Non-Formal Education in (inter)personal level. Fill up Youthpass and to evaluate the plan and its impact.

Day 8: Presenting the tools that the youth workers come up with, will be presented and also tested with youngsters coming from local organizations .The last sessions are for general evaluation with NFE methods and forms, which will provide us precious feedback

Day 9: departure

The youth that will be involved in the activity will be from the following profiles and backgrounds:

- Age 24+, because we believe that it is necessary to foster and facilitate the learning of youth workers as soon as they had time to spot and develop interest and motivation in the specific topics, which we believe takes time and certain level of awareness and collected experience.

- At least 1 year experience and active in the youth field.
- -Youth workers of the partner organizations who are motivated to improve the quality of youth work and projects in their organizations and communities, especially if focused on working with youth with fewer opportunities, for example facing cultural differences (migrants, refugees, being part of a cultural minority...) or suffering social or economical obstacles.
- -Youth workers in non-governmental organizations with specific interest in acquiring specific skills in intercultural learning.
- Motivated to learn.
- Working knowledge of English.
- Able and willing to disseminate learning outcomes on a local level.
- Available for the online preparatory meeting with the trainers.

We will involve youth facing particular difficulties, including 50% of participants of the group belonging to the following criteria groups(with profile and background matching this same one):

- Social obstacles
- Cultural differences
- Geographical obstacles
- Economic obstacles

Youth facing the above mentioned difficulties will receive reinforced support as described and will be fully involved in the activity with no kind of discrimination.

High attention will be also put about gender balance which is considered as a fundamental aspect, we will ensure it by keeping an open communication with our partners ensuring that there is 50%

female and 50% male participants in the group(with a maxium range 60:40)

Also, we expect participants to have a intermediate level of English, in order to be able to fully live the mobility experience and to be highly motivated and interested in the topic, ready to bring in their contribution.

#### Impact

Through 'The Path to Inclusion' we want to achieve a long-term impact on participants' future lives, the way they act, think and behave in their everyday life as well as on their role and impact in the society.

The main impact we want to create is to equip the youth workers/leaders with tools and knowledge on how to be catalysts of integration with the youth that they work with rising their awareness and empathy about the topic of exclusion and situations that migrants and refugees had to endure, getting more aware of their own attitude, behavior and responsibility for their own actions and decisions in regards of these situations and people facing such situations.

We expect that participants by adopting the new acquired competences and attitudes, will use them with their target groups, impacting directly the youth that are involved in their activities and as reflex a their environment, including people with whom they interact every day, family, friends, colleagues and also spread this on wider population.

Participants will gain a new point of view on their culture and on people from different cultural backgrounds, social status and other obstacles they are facing while acquiring a respectful and inclusive approach towards each others' differences and similarities and seeing Europe as home for everyone, thus fostered by the acquisition of specific tools(theoretical and practical with NFE methods), competences, attitude and awareness.

This also means that they will develop intercultural understanding and discover new perspectives, appreciate diversity and see differences as opportunities for learning.

In concrete, we expect to create the following results on the participants:

- Know how to create a safe comfortable environment and learning programs specifically related with social inclusion, involving youth that are facing such situations and make it in their personal lives

- increase their toolbox specifically related to inclusion, migrants and refugees
- Develop their sense of tolerance and respect towards diversity
- Improve the effectiveness of their communication & add emotional awareness
- Be more confident when speaking in public
- Be more aware of the significance of non-verbal communication
- Distinguish between facts and assumptions
- Know their own communication style and how to adapt it to different situations
- Know the 8 key competences and how to use them to support their learning process
- Know more about the Erasmus+ Program and the options it offers
- Be more aware of the multiculturalism in Europe
- Be more pro-active in their involvement with the sending organizations

This way we expect to impact participants as well as their respective organisations and communities in consequence.

In fact increasing their level of involvement in their respective organizations and the tools and approached that they can use in order to create powerful activities within them we want to bring on the partnership level the creation of new networks and long-term cooperation between the participating organizations a process of learning from each other, sharing good practices and creating future projects together within the Erasmus+ Program and not only.

Although we are aware that this training course will not solve problems in this short-term, it will provide added knowledge & tools to the involved youngsters so that they in turn can pass on these skills to the young people of their communities, keeping in mind that, if young migrants and refugees feel included they can start sharing their stories and actively contributing in various areas of social lives in their local communities, including the contribution to public policy debate on matters affecting them as well as concerning the communities in which they live, creating this way a virtuous effect which can have an impact from local to international scale.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

## **Project Title**

# Everybody's Song

# **Project Coordinator**

Organisation KISI-God's singing kids

Address Muehlbach 7, 4801 Altmünster, Oberösterreich, AT

Website www.kisi.org

# **Project Information**

Identifier 2019-1-AT02-KA105-002391

Start Date Jun 3, 2019

End Date Jun 2, 2022

EC Contribution 50,170 EUR

Partners St. James Vicariate for Hebrew Speaking Catholics in Israel (IL)

Topics Youth (Participation, Youth Work, Youth Policy); Creativity and culture;

Migrants' issues

# **Project Summary**

#### Objectives

St. James Vicariate for Hebrew Speaking Catholics in Israel is a unique actor in the work with youth (mainly youth with migrant backgrounds) in Israel. As a catholic body it is the only institute that is able to addresses the Christian heritage of these youth that grow up in secular Israeli society. In the process of building a strong sense of self and a good level of confidence in one's own identity, we believe that a reflection on roots and heritage is essential. We at KISI have 25 years of experience working with youth through the instrument of music. We have professionalised our competences in this field and use musical (story-lines, singing, performance, dance) to holistically approach children and youth in their reflection on values, heritage, expression of self. In order to combine our experiences and pollinate knowledge in each other's organisation, we are planning a youth exchange for active members of our youth groups. Twenty one Israeli youth in the ages 15-16 years will meet with eighteen youth in the same age group from our KISI-pool in Austria, Germany and the Netherlands. The first part of the exchange will take place in Austria where KISI has a seminar house with sufficient rooms for living and activities. For one week the youth will come together to reflect on their own idea of home and learn about other cultures through songs and dances. We will study a musical where the concept of 'foreign and home' will be described and use this in the reflection process. In a final performance we will present the musical with additional elements the youth have contributed throughout the week. Each of the youth will have the ability to contribute equally to the success of the performance by taking part in at least one of the parts of the production through singing, performing, dancing, filming or in the setting up of the show. The project was conceived under the idea that music can be a powerful tool for one's own reflection on heritage as well as for intercultural understanding. Through such a project the youth will learn that even despite their cultural and social differences their are basing their life on the same fundamental values such as tolerance, freedom and the respect for human rights.

In a second exchange, the youth group of KISI will travel to Israel, where the focus will be based on exploring different cultural expressions of Christianity. While the youth group of St. James Vicariate not only have local Israeli background including Arab-Israeli families but also different migrant backgrounds with parents coming from the Philippines, Central-Eastern Europe, Ethiopia; the youth group of KISI is showing a more homogeneous picture. Though coming from Austria, Germany and the Netherlands, the youth mainly grew up in traditional families without migrant background and no social or economic difficulties. We therefore will stress this part of the exchange on exploring different forms of cultural expressions. Sharing the same Christian roots and sharing the same fundamental values, we will emphasise on the beauty of diversity and pluralism.

#### **Activities**

#### Activity 1:

In a preparation meeting we will go through our partnership agreement, we will discuss the participating youth with their strengths and weaknesses. The meeting will be used to go through the program of the exchange and become familiar with youth-pass and the accounting procedures.

#### Activity 2:

During this activity we want to set up a musical performance that describes the concepts of 'being foreign' and 'being home'. We will use an existing musical as baseline of the performance and will add songs on the youth perception of home to the play. These songs that were created during various workshops will add to the play in showing diversity as well as unity in the concept of 'home'.

Twenty one Israeli youth in the ages 15-16 years will meet with eighteen youth in the same age group from the

KISI-pool in Austria, Germany and the Netherlands. Out of the 21 Israeli youth, 15 youth fall under the category 'youth with fewer opportunities'.

#### Activity 3:

During this activity the same group of youth will meet in Israel, where they explore different cultural expressions of Christianity. In a video project they will show the different faces and facets of living realities by exploring the backgrounds of the hosting youth (Filipino-Israeli, Polish-Israeli, Ethiopian-Israeli and Arab-Israeli) through video interviews and clips of their environment. Parallel the youth will come back to the musical they performed in the previous year. During this exchange the focus will not lie in the concept of home as in the previous year but in the diversity of cultural expression. In a final performance the youth will present the video that they have shot on the background of the musical performance.

#### Activity 4:

The youth mobility program is an important addition to the overall activities of the youth exchange as we are aiming in implementing a sustainable effect in the overall youth program of St. James Vicariate. Due to the specific form of work migration in Israel, a large number of children and therefore a growing number of youth are participating in the Vicariate's children and youth programs. As the Vicariate itself is still relatively new to the work with children and youth, KISI would like to offer its 25 years of experience in working with youth through music and performance to youth workers from St. James Vicariate. In a week's program, we will offer the youth workers participation in our leadership and youth leadership trainings, where they will become familiar with new tools and concepts of working with youth. In addition the youth workers will be able to participate in our actual youth work, in order to expose them to our implementation processes and allow learning through job shadowing and immediate testing of concepts they have previously learned.

#### **Impact**

Youth exchange:

- Increased awareness of self and idea of home
- Awareness of diversity of expression of the same faith while sharing the same values of freedom, tolerance and respect of human rights
- Awareness of the similarity of dreams and visions while having very different premises in life
- Decrease the distress towards fear of the unknown as prevention to being receptive to simple answers and populist ideas

#### Youth mobility:

- Increase professionalism in the youth programs of St. James Vicariate
- Implementation of youth leadership training at St. James Vicariate
- Higher level of involvement of upcoming youth leaders into the youth programs of St. James Vicariate

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

# We glass people

# **Project Coordinator**

Organisation Bildungs- und Kulturforum COLLEGIUM GRAFENBACH

Address Grafenbach 67, 9103 Diex, Kärnten, AT

Website www.collegium-grafenbach.at

# **Project Information**

Identifier 2020-1-AT02-KA105-002636

Start Date May 15, 2020

End Date Oct 14, 2022

EC Contribution 19,843.7 EUR

Partners Centar za nemacki jezik DaF-PERFEKT (RS), Gymnázium a Obchodní

akademie, Orlová, príspevková organizace (CZ), GoGerman (UA)

Topics ICT - new technologies - digital competences; Integration of refugees;

Teaching and learning of foreign languages

## **Project Summary**

#### Objectives

In this youth exchange, the young people are to be shown the dangers that can arise from the careless handling of personal data.

First of all, we want to critically examine our handling of personal data (especially in social media). Then we analyze and conclude how to protect your personal data from misuse and manipulation.

Other goals of the youth exchange are:

- To encourage young people to think critically,
- To promote friendships between young people of different nationalities
- to make them aware of our common European citizenship
- Encourage them to act independently and to assume responsibility
- improve the language skills from German
- recover from sport and games in a healthy environment.

#### **Activities**

The main activity is a youth exchange from August 19 to 28 in the Carinthian mountain village of Grafenbach. For preparation an APV is to take place in Baden near Vienna from May 22 to 24, 2020. We invite 6-8 young people and a group leader from Serbia, the Czech Republic, Ukraine and Austria. Most of them are pupils from different schools who learn German as a foreign language at school or outside school and are interested in the topic. The social background is mixed, many of them have no other way of traveling and continuing their education abroad. Based on positive experiences in recent years, we enable a group of young refugees to participate in this project again.

#### **Impact**

The main goal of this youth exchange is to sensitize the participating young people to the topic so that they see the Internet critically and, above all, pay more attention to the protection of their data.

We expect them to strengthen their skills and self-confidence, learn to take responsibility in the community and to be considerate of each other.

As for the group leaders, we expect them to be able to plan and carry out projects themselves in the future.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

# Care about Future

# **Project Coordinator**

Organisation JUGENDZENTRUM PERG

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# **Project Information**

Identifier 2019-3-AT02-KA105-002543

Start Date Jan 1, 2020

End Date Dec 31, 2022

EC Contribution 51,835 EUR

Partners AHI EVRAN ULUS GENCLIGI (TR), GYUMRI YOUTH INITIATIVE

CENTRE NGO (AM), BALTIJAS REGIONALAIS FONDS (LV), Non-governmental non-profit organization of research and social

diplomacy "International Center "FALCOGROUP" (RU)

Topics Civic engagement / responsible citizenship; Youth (Participation, Youth

Work, Youth Policy); Environment and climate change

# **Project Summary**

#### Objectives

Youth exchange CARE ABOUT FUTURE will take place on the Trans Siberian train and in Siberia on the spot in Sheregesh!

young people from 13 - 18, 6 participants plus one group leader.

#### **OBJECTIVES**

Our youth exchange aims to raise awareness and understanding of climate change

To empower to take action for solutions to environmental challenges

To provide education resources towards permafrost, wildfires and understanding climate change refugees Educate the youth about climate change in a non-formal way

Give best practice examples about others who help to protect the earth – documentaries and movies Increase participation and understanding of programs related to climate change

The youth exchange CARE ABOUT FUTURE with partner countries should provide knowledge of

WHAT is the reason that the permafrost is melting, arctic ice is breaking apart; that wildfires are not under control and wildfire seasons are much longer. (Eleven percent of all global greenhouse gas emissions caused by humans are caused by deforestation)

HOW it feels to be forced to leave the country because of climate change

WHY young people are demonstrating for Fridays for Future

HOW we can influence our surrounding and society in order to raise chances for everybody concerning the climate change

Russia plays an important role in that topic and is not really in the focus of Europeans and is also not really acting "wait and see" strategy? If the Permafrost is melting and the woods are not there anymore it can go very fast. How would a world look like? Would we be still alive, do we want to do something against it?

Climate change is a hot topic, it is 1 to 12 and our young people will have to take this burden. Young people will have to get civic competences and through participation they are taking over responsibilities.

Self-acceptance, acceptance of different societies and differences, but also

similarities among us should help to understand the situations of different people and give youngsters the possibility to get the empathy for inclusion and new perspectives. The sight for international friendships and solidarity should get a meaning for the young people, which are fundamental values of the EU as well. The youth exchange will take place on the Trans Siberian train and in Siberia; mostly in the area of Sheregesh with 4 countries.

Non-formal learning and many activities to make the project vivid will be implemented. We will play role games, raising awareness-activities about climate change on the spot, study the place and the topic.

People in groups should find their interests and learn, experience how to get active for such a topic which will affect them in their future. They will experience that one is not helpless and best practice will be shown.

The whole trip should give knowledge and impact on the topic.

The target group is from 13-19 and they will get knowledge how to be active. We have written this project with some active participants of former youth exchanges and they are trying their best to be part of this project.

Methods and ideas should be transferred how to influence such processes to the good for everybody participation, civic competence ...

Knowledge about permafrost, wildfires and its effects, knowledge of the area.

Knowledge of ERASMUS+ youth in action and its tools (non-formal learning) knowledge of countries and neighbors of Europe, improving language knowledge and social skills.

#### **Activities**

#### **ACTIVITIES PLANNED:**

Going on the train -> Transsiberian train; FRIDAY FOR FUTURE - preparing the activity for Friday get to know each other/ -> CODE OF CONDUCT

GAMES/ https://www.youtube.com/watch?v=Kicwlh5KqeU

gym lesson + ENERGIZERS Morgengymnastik auf kleinstem Raum - Gesundheitsaspekt

international day with the whole carriage DEOR -> passengers on the train including the serving lady of the carriage

code of conduct/ fears and motivation

calculation of travelling by train, plane, cars.... CO2 calculators, ->solutions, what I can do? -> awareness raising - CO2, how to calculate, personal solutions

city trip -> 1-2 Städte besuchen (je nach Fahrplan) -> Lagerkoller vermeiden!

Diary/ Youth pass --> intensively with creative activities!

ERASMUS+ youth in action: what is it? -> will have to be prepared in national groups beforehand and the groups should find a simple way to present it in front of a young audience and vivid

Arrival to Sheregesh

**RULES** 

#### **ENERGIZERS**

documentary day: we will learn about permafrost, wildfires and climate change

documentaries, videos, movies -> according to the topic, discussion corner: group leaders or experts will be available for questions

DOCUMENTARY AND ACTION preparing

videos - docus plus movies: we already have chosen some documentaries, this will be improved when we have a clearer picture concerning the selection of projects.

treasure hunt – Sheregesh -> getting to know the city, outdoor action

we have to leave Europe - too warm - no chance to survive; my ideal world, where do I want to flee and where do I have to go -> role play with coffee break

ACTION DAY -> ACTION preparing and ACTION DAY -> it is a skiing ressort, we will spread it among the people and tourist, through sledges if possible and skiing activities; Austria ie. is a country where skiing tourism plays a big role - here too? Environmental challenges? Armenia? How do you see this?

free afternoon -> It is time to rest from the intensive being together. The place is known and not too big. We will know where they go and we want to pamper them a bit in such an extreme exchange.

movies / board games -> entertainment, games

**RUSSIAN LESSONS** 

what to expect at this place -> getting to know what we will do at the place

introduction: FORMING A VIDEO GROUP

YOUTH PASS BOOK - Resource booklet: -> solidification of the learned, VIDEO GROUP: should prepare a short video of the project; youthpass book is a sort of diary for the evaluation of the day - should be creative, is a possibility to be creative on the train.

reflection of the last days - introduction youth pass

closing sessions

evaluation, final evaluation - questionnaires

youth pass ceremony -> solidification of the learned

analyse the end of the learning outcomes and digest -> self assessment of learning outcome

FARE WELL DINNER

#### **PARTICIPANTS**

very young people from 13-19 and we prefer people with fewer opportunities. Most of the partners work in the open youth work field and are of aware of the chances we can give those youngsters. There should be a basic knowledge of English, the group leaders will care about the communication. Normally that works. At least 2/3 are young ones with fewer opportunities.

#### **Impact**

LOCAL: young people plus the organisations will get a better look into this region and understand thepermafrost melting and wildfires better.

We turn the refugee question to be the decision of our life - climate change refugee - more empathy but also more knowledge to avoid this situation.

BE aware of: What we can do in our own surrounding against this

To improve the competences and skills, in this project for everybody very much expected (also for the organizers, organisations and group leaders) -> should improve our level for the labour market as well. Knowledge of ERASMUS+ youth in action as such and to be able to transfer the idea of the program

local in Russia: going out for awarenes raising activities, we will provide international presence through small activities and also show our interest in them and their challenges in the topic of climate change, try to reach the youth there telling them about ERASMUS+ youth in action

#### INTERCULTURAL UNDERSTANDING

We will try to place an article in our regional newspapers – the youth and the ERASMUS+ project should be the ones who are in the centre of this article then. Maybe we can find a good idea to rais awareness with a cool article

The young people will also have to deal with their families in order to be able to go on this project - this will be a big task as well from the group leaders as from the youth AND especially because we do deal with minors. - communication in mother tongue.

National: we will disseminate our project on facebook but also at the website of the national network of bOJA (bundesweites Netzwerk offene Jugendarbeit). Facebook event for the young ones, the participants, the organisations maybe we will use another social media – according to the young people and the groups will apply the appropriate one.

EUROPEAN/ INTERNATIONAL: This is a challenge for all of us to organize a project outside of Austria – we will get more management skills, better knowledge and understanding how to cooperate with our partners. We already did youth exchange in Russia which was much easier than this one, so we will gain even more skills from this one. We will be able to advice people afterwards if they want to do similar projects. There has to be a very intense cooperation among us, which has already started and has always been a close one. We have to trust highly and this is a crucial learning point in all these projects.

Will put all the learned from the previous youth projects into this one.

We will value more our EU and home country (which is an expectation which will be fulfilled).

Facebook will be a good tool to spread it as we are well connected with international partners – we all use Facebook.

To encourage others to start such a project/ experience

To act as a counsellor for others concerning this experience – we will spread this knowledge among our own networks. POYWE (professional open youth work in Europe

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

# commUNITY

# **Project Coordinator**

Organisation Verein zum Zweck des EU-weiten, kulturellen Austausches - wEUnite (wir

verbinden)

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# **Project Information**

Identifier 2020-3-AT02-KA105-002885

Start Date Mar 1, 2021

End Date Feb 28, 2023

EC Contribution 15,825 EUR

Partners Vsl "uMunthu" (LT), 21 Nap - Fiatalok a Tudatosabb Életért Egyesület

(HU), Roes Cooperativa KOIN.S.EP. (EL), Fundacja Insert (PL)

Topics Creativity and culture; Inclusion - equity; Gender equality / equal

opportunities

## **Project Summary**

#### Objectives

With our youth exchange "commUNITY", taking place in Carinthia/Austria in September 2021, we will bring together 25 young people from 5 different countries - Austria, Poland, Lithuania, Hungary, and Greece. Our preparations will all take place online as due to the current pandemic we do not want to risk any additional meetings and we have already created a working online communication system, which we have been using for the preparation of the application form.

Together with the partnering organizations we have realized that the worldwide debate on equal rights and discrimination is ongoing and affecting us and the young people in our NGOs, who we are in constant exchange with. However, the backgrounds and causes of discrimination often remain hidden in the dark and are rarely talked about and instead of solutions, the focus is put on separating people even more. With our youth exchange we want to face these challenges and make equality more real and the discussion about it open and tangible and discover the reasons behind inequality. Together with our partners from four countries, we want to increase solidarity and awareness and find ways to make the world a better place. We are all in this together, after all.

The primary aim of the Youth Exchange is to address aspects of equality and discrimination, to discuss with and sensitize young people from different countries through workshops, role plays, discussion groups, group work, and creative tasks. They are encouraged to learn about equality, inclusion, and to stay critical and ask questions to learn even more and to understand the core of the topics. The participants will recognize their personal strengths and reflect upon their learnings.

Our goals are that the young people involved:

- # share their personal backgrounds and cultures;
- # share and discuss various opinions, ideas, attitudes, and values;
- # are encouraged to identify with their future in a networked and diverse Europe;
- # to deal with equal rights and discrimination in society, to critically question points of view and reflect on their own behavior;
- # receive orientation and support in their personal development;
- # to take home the experience of success from working in transnational teams;
- # pass on experiences and results as multipliers in their environment;
- # recognize, learn and develop new skills and competences;
- # take initiative and get to know themselves better; and
- # be empowered to participate in shaping Europe as active citizens.

We will carry out the planned project because we are convinced of its impact on strengthening Europe. We would like to further develop the cooperation with our partners and support young people to have the experiences and insights that give us the strength and responsibility for our future, for society, and for Europe. Europe grows with every transnational friendship, with every Erasmus+ project, and with every meeting of young people.

#### **Activities**

This project will be conducted as a Youth Exchange under the Key Action A1 and will take place in Carinthia. It is only one activity, taking place in the region of Carinthia at all times, including 25 participants from Austria,

Hungary, Poland, Greece and Lithuania. The intended project venue is Collegium Grafenbach, not far from Klagenfurt, and the activity will take place for 9 working days.

All partners will support the organisation and implementation of the project in particular as they will be actively involved in planning and carrying out activities. Project partners will support the project with their vast knowledge and by stepping in whenever needed, but also with disseminating the project as well as supporting its documentation. Logistical matters will be covered by wEUnite with support from all partners for registering the participants at the venue and preparation of working rooms.

To give some examples, we plan to use:

- # Theatre activities impro theatre, theatre of the oppressed, etc. We are using theatre as a tool and an approach they can use to bring cooperation between youth, and playfulness into exploration of myself.
- # Body movement activities showing how to create space for connecting through the body, physical state, emotions, feelings, energy, not only through the mind and thinking.
- # Energizers changing the energy level of the group when needed, boosting the mood
- # Exercises on communication, such as debates and roleplay
- # Reflection groups small support groups that will be meeting throughout the program. #Journaling
- # Meditation
- # Experiential learning
- #Team work activities
- # Open space for ideas of participants
- # Group work in different constellations

#### Programme flow:

Day 0 Arrival of participants, short introduction and getting to know each other

Day 1 "Let's Start" Name games, icebreakers, teambuilding activities, group work on equality and discussion to dive into the topic, reflection groups

Day 2 "Prejudices" Youthpass introduction, First impressions papers & prejudices, Abigail's tale, country presentations focusing on diminishing stereotypes and prejudices

Day 3 "Disabilities" Charade with limitations to understand disabilities and become empathic, prepare own workshops under the title "My abilities", doing workshops for each other and receive feedback

Day 4 "Gender&Sex" Groupwork to prepare for Oxford debate with materials provided on the topics of gender, sexuality, sex, time to do research and discuss, meditation and reflection session, world cafe on various topics (gender issues, homophobia, etc.) in which participants will discuss differences in the countries and create flipcharts, followed by reflections and a movie night fitting the topic.

Day 5 "Diversity" starting with Albatros to face different cultures and how quickly we assume things about them, improvisation theater activities to see the beauty of diversity and explore our talents, philosophical reflective walk on how we show ourselves and who we really are, rest-time to process the days, reflection groups, limelight: an activity to show our true selves to each other and celebrate our diversity

Day 6 "Limits/Daily Life" during the day we want to understand what limits us in reaching our goals in real life. After understanding it a bit better, there will be time to reflect and write guided letters to ourselves and others that we want to reach out to, In the afternoon we will create videos and comics on the topics of the previous days to be used for dissemination purposes, creative time. In the evening we will let out all energy and move a lot. Day 7 "Recap&Future" a mission to show the great teamwork and bond for the future, planning disseminations,

evaluations, feedbacks, time travel, bye-byes, farewell party Departure Day bye-bye letters, youthpass ceremony, happy cleaning & departure

Our target group for this project is young people from 18 up to 25 (group leaders can be older, also the age

chosen now might change on the reality check while we promote the project). The reasons behind this choice are:

#To have people that are active, are working on becoming independent and likely make a local impact in their societies

#The choice of age is also relevant for the main aim of the project which is raising self-awareness and improve one's skills to ensure better chances for employment

#To connect different age groups as they can share different experiences and perspectives, having an age gap of only 7 years maximum will still create a positive vibe within the group

#To ensure a group that displays our daily environment, meaning people with different cultural backgrounds, beliefs and opinions.

#At this age, young people begin to wonder who they are, who they want to be and where their strengths are, which job they should or can chose.

# At least half of the participants in the project are belonging to the group of fewer opportunities.

#### **Impact**

A comparison between the 5 partner organizations of the youth exchange "commUNITY", coordinated by wEUnite has highlighted the prediction of an impact on participants, on organizations and on the national and international community.

#### **PARTICIPANTS**

- The acquisition of greater self-confidence, in others and support others doing the same
- Understanding equality and inclusion and acting accordingly
- Increasing solidarity among people with different abilities and different cultures
- Discover new methods of cultural and intercultural communication.
- The recognition of the possibility to achieve a common goal
- Sharing methods and activities for group work and community achievement local and international.
- The discovery of new methods and workshops and points of view from the comparison with others
- The discovery of working methods with young people in different cultures and some historical and philosophical outlines.
- Interest to participate in other mobility projects and start creating their own.

#### **ORGANIZATIONS**

- Understanding the effective use tools to promote equality and inclusion
- More motivated young people that will do events with them
- Including and reaching more young people through follow-up events
- The involvement of the organization in raising young people's awareness on the topics of the exchange
- New opportunities for cooperation between different partners.
- Acquisition of new methods and tools for communication between partner organizations.
- Awareness of the importance of the results sharing within the local and international community.

#### TARGET GROUP beyond the activity

Young people who are not directly involved in the project, but will be reached through dissemination activities, will learn more on these types of activities. They will get to know about the program Erasmus+ but also experience and go through activities in their local communities. The youth of the respective communities will become aware of the existence of the program "Erasmus+". Local authorities involved in "commUNITY" will increase their image in the community through direct cooperation and sharing the results.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

# Digital (Re)Balance

# **Project Coordinator**

Organisation Verein zum Zweck des EU-weiten, kulturellen Austausches - wEUnite (wir

verbinden)

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# **Project Information**

Identifier 2020-2-AT02-KA105-002719

Start Date Oct 1, 2020

End Date Sep 30, 2022

EC Contribution 51,277 EUR

Partners New Wellness Education - APS (IT), Roes Cooperativa KOIN.S.EP. (EL)

, ASSOCIATION DE PROTECTION DU LITTORAL A MAAMOURA (TN),

Embaixada da Juventude (PT), Smokinya Foundation (BG),

Stowarzyszenie YoWo Poland (PL), Vsl "uMunthu" (LT), Egyesület

Békéscsaba Ifjúságáért (HU)

Topics ICT - new technologies - digital competences; Youth (Participation, Youth

Work, Youth Policy); Health and wellbeing

## **Project Summary**

#### Objectives

The project aims to help young people improve their wellbeing through a (restored) healthy balance between time spent online and offline.

#### Objectives:

- 1. Develop I framework/working model for youth organizations that can be used by youth organizations for the promotion of a healthy usage and approach to social media and technologies
- 2. Develop an innovative and tested multidisciplinary curriculum that can be used by youth workers/trainers for the promotion of healthy use of social media and awareness on abuse of it and addiction and testing it during the project
- 3. Improve the competences of youth workers/trainers for working on the promotion of awareness of the use of social media and technologies
- 4. Raise awareness on the importance of awareness and reduction of the stigmatization on addictions

Our objectives are linked to the strategies of Europe, in particular with:

European Youth Goals, in specific the fifth one, "Mental Health & Wellbeing" and the eighth one, "quality learning"

"EU 2020" strategy, Smart growth: developing an economy based on knowledge and innovation, proposing an innovative balance in use of technologies, who will support the wellbeing of young people and youth workers "ET 2020" framework, with a focus in inclusivity, approach to technologies, quality of education

With the creativity and initiative of all the young people involved in the activity carried out during the project we will work:

- awareness of how dependent we are on the media and technologies
- transmission of good practices
- potential and good use of media and technologies

Together with the objectives of the project, we place the emphasis on the recognition of non-formal learning. With this objective in mind, we aim to increase the value of non-formal education during the project. This will be done throughout the whole activities

Through this project and with the different tools used in it we are working in parallel with the objectives of the program ERASMUS +

- increasing emancipation and self-esteem;
- improving foreign language skills;
- increasing intercultural awareness;
- more active participation in society.

#### **Activities**

Within this project "Digital (Re)Balance" we will implement 3 activities - a training course, an advanced planning visit and a youth exchange

Participants profile is divided into 2, the first one for the training course and the second for the APV (14 participants) and youth exchange.

- 1) training course "Build Your Balance" comes from the following experiences:
- 28 Youth workers in non-governmental organizations with a specific interest in acquiring training and facilitating skills.

Young workers who want to improve their experience and who are interested in creating similar experiences for someone new.

The project is designed to bring together young people who want to improve their quality of life, who want to learn how to use new means to create more opportunities for themselves.

Young trainers in ERASMUS+ projects who want to better understand and participate in projects from a new perspective.

Young people from opposite parts of Europe and not only will gather in a single place, location among other things chosen specifically for the characteristics that distinguish it including the lack of internet access, so as to create a culturally rich and diverse environment

2) youth exchange "Back To The Roots" 35 participants including group leaders

The aim is to involve young people with fewer opportunities, such as lack of opportunities to access information on issues related to social media addiction or young people working in such contexts. In English, they are called "Social Network addiction" and are a sort of dependence on connecting, updating and controlling one's own web page and on friendship (also called friend dependence), or rather the search for new virtual friendships to be recorded on one's profile.

Unfortunately, even these addictions present worrying symptoms of Craving, Tolerance, and Abstinence, just as it happens in addictions to substances or other new types of addiction, also in recent years in dangerous and rapid growth. Teenagers living in homes and even more in situations with high technological content, accustomed to using new technologies since childhood to play, communicate, keep up to date, learn and shop, are defined as digital natives.

The target group of the project is 18-25 years old, an age group in which the use of media and technologies is intrinsically normal from an early age.

#### **Impact**

The project aims to help young people improve their wellbeing through a (restored) health balance between time spent online and offline.

We want to work on assess on this bi issue and we aim to support people to build healthy habits, routines and awareness on the topic

So as mentions habits and awareness.

Awareness of how the perception of reality changes because of social media. The awareness of their limitations and the strength against it awareness on time spent online, but also awareness of existence of good practices

This project will also have an impact on participants in terms of learning and opening up a new perspective for

them, having only knowledge and awareness is not enough to work on the problem, we will also give tools on how to spread those new knowledge, how to communicate it to people through non-formal education, how to put into practice what they have learned.

We expect a strong reaction, we expect the issue to be taken seriously and then to have important feedback on the life of the participants once home.

We will address real-life issues by listening to and analyzing the views of participants, and overall, with the valuable support of partners, we will try to find solutions, ideas, and alternatives, designing activities that will have a positive impact, all through sharing good vibrations, energy, ideas and new learning techniques.

We expect that the disconnection from technologies is not only a temporary parenthesis for the project, but that the awareness of the dangers, but also of the opportunities, is deep.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

# Mental Health in Youth Work

# **Project Coordinator**

Organisation MOVE to Be You

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ΑT

Website http://movetobeyou.org/

# **Project Information**

Identifier 2020-3-AT02-KA105-002856

Start Date Mar 1, 2021

End Date Feb 28, 2022

EC Contribution 23,646.1 EUR

Partners EUROGEMS ASSOCIAZIONE DI PROMOZIONE SOCIALE (IT), shelter

international e.V. (DE), ASOCIACION 217 SUR (ES), Azmari (FR), Be Visible Be YOU (EL), Avrasya Genclik Gelisim Dernegi (TR), YOUTH

INNOVATION LTD (UK)

Topics Health and wellbeing; Social dialogue; Inclusion - equity

# **Project Summary**

#### Objectives

The project is designed as a training course .It will be held in Neunagelberg, Austria between 4 -12 Octover 2021 including travel day for 29 participants from Spain, Greece, Germany, UK, France, Turkey, Italy and Austria.

Mental health disorders have been alarmingly increasing over the recent years, with the current pandemic we are facing worldwide there has been a significant increase in the number of people who are suffering from stress, depression, fear, anxiety. In all our countries the lockdown measures are still taking place. Many of us are isolated from the people that can comfort us the most. Whist these lockdown measures are so vital in order to fight with the virus, it is still resulting in stress, fear, and depression.

Aim

Social inclusion of young people who are facing mental health challenges that segregates them in full involvement in the community.

Social inclusion is not just about having access to mainstream services – it is about participation in the community, as individuals: employees, students, volunteers, teachers, residents; as active citizens. No challenge to exclusion can succeed without the full involvement of young people with mental health problems. Target group: NGOs, youth workers, youth leaders.

#### Objectives

- -To improve key competences and skills of youth workers for better mental health in youth work (It will improve quality of young people's lives and better cope with stress, fear, anxiety, trauma)
- -To promote & to enhance intercultural learning, non formal learning, promote intercultural and inter religious dialogue, EU values

Our project will create a safe platform for equal opportunity

- -To transfer skills and non formal education tools among participant to improve the quality of their work with young people with have mental health challenges (fear, anxiety, stress etc) (We will use positive psychology techniques, meditation, stress management, breathing techniques will help us reach this goal)
- -To promote social inclusion, solidarity & social and cultural diversity through our non-formal and informal education activities at local and international levels

  Our project will create an international learning environment which will help reach this goal and interactive nonformal education activities will improve their analytical, decision-making, social & foreign languages competences)
- To offer an opportunity to build networks of international contacts, opportunity for new future projects (International experience, learning from best practices for better mental health in youth work with simple & effective tools will increase capacity of partner organizations)
- -To promote Erasmus+ programme, Austrian National Agency and the European Commission.

#### **Activities**

The training courses will focusing on inclusion through mental wellbeing. We will teach participants how follow a reach out those suffering with mental problems and they will use these new skills in their daily youth work/projects to help young people to sustain a healthy mind. They will be organise many workshops in their countries, involving young people from all diverse groups.

We will include at least 60-70% of participants with fewer opportunities, with diverse backgrounds, marginalised groups, hard-to reach groups

We will have participants from different religious, cultural, demographic background. Having a diverse group will help create a mutual understanding for everyone from different backgrounds, beliefs. We will have a buddy system where from day 1 they will pair up with a participant from another country who they will close to, whole week they will support each other especially if they need anything.

We will have activities where we will use nonformal tools to form smaller working groups to guide every participant to interact with each other. Some project activities will be done in smaller working groups and some will be done as a whole group together. We will have discussions, presentations, human library, simulations, outdoor exercises, guest speakers, evaluation, video making, evaluation, reflection, group dynamics, open space and many more non formal educations tool.

We will do general evaluation to measure the impact of the training and all the project activities, Finally we will organise further activities to disseminate the project and reach wider audiences. We believe this project is a wonderful opportunity to cover both very important area yet they are one - as true well-being. This project will be of great value to all involve and their countries as well as to European Union to promote EU opportunities and values.

#### **Impact**

In terms of participants;

Participants will exchange their understanding, knowledge and experience in maintaining a mental wellness and raising awareness for mental health. They will become more aware identifying someone going struggling with mental health challenges and they will be able to offer the first support. They will be the multipliers in breaking the stigma around mental health. With our project; participants are more aware of the dangers of health crisis and the importance of speaking up and seeking help. They will also learn the practical tools and methods of CBT and EFT not only for themselves but teach it to their NGOs and use this tool for their future projects thus will reach hundreds more young people.

They will learn how to include young people with fewer opportunities such as geographical, cultural, financial and educational obstacles. They will also be able to promote fundamental values of our societies; diversity, intercultural and inter-religious dialogue, common values of freedom, tolerance and respect of human rights among the participants.

They will become more aware about opportunities of the Erasmus+ Programme and establish new network and partnerships. They will be able to transfer their knowledge to their organizations and into their local communities become change makers.

In terms of NGOs, trainers, facilitators & youth workers;

Enhanced competences in sustainable inclusion of young people through mental health awareness, linked to their professional profiles (teaching, training, youth work, etc). Increased number of youth workers, volunteers, youth leaders and youth workers who are competent in teaching importance of nutrition and how to implement CBT tools. -Increased capacity to trigger changes in terms of modernization and international opening within their educational organizations. Better quality of their work and activities in favor of students, trainees, apprentices, pupils, adult learners, young people and volunteers. -Greater understanding and responsiveness to social, linguistic and cultural diversity.-Increased ability to address the needs of the disadvantaged and with fewer opportunities. -Improved support for and promotion of mobility activities. -More opportunities for professional and career development. -Increased motivation and satisfaction in their daily work. -Wider network for future collaborations and projects.

In terms of impact on partner promoter organizations, the project aims at achieving the following

-Improved image and good reputation & proved effective youth work. -Increased level of trust for MOVE to Be You and also for participating organisations. -Better understanding of the importance of promoting general wellbeing. -Increased productivity, effectiveness and preventing mental disorders, obesity and chronic illnesses. -Increased capacity to operate at EU/international level: improved management skills; reinforced cooperation with partners from other countries; increased allocation of financial resources (other than EU funds) to organize EU/international projects; increased quality in the preparation, implementation, monitoring and follow up of EU/international projects. And increased funding opportunities for future social responsibility projects.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

# Act 4 Europe - sustainability challenge

# **Project Coordinator**

Organisation Gemeinde Berg im Drautal

Address Berg 121, A-9771 Berg im Drautal, Kärnten, AT

Website www.berg-drautal.gv.at

# **Project Information**

Identifier 2020-1-AT02-KA105-002647

Start Date Jun 1, 2020

End Date Nov 30, 2022

EC Contribution 25,500 EUR

Partners Ayuntamiento Alcalá la Real (ES), Gemeinde Lohfelden (DE),

Neformalni skupina studentu a pratel GTU (CZ)

Topics Rural development and urbanisation; Energy and resources;

Environment and climate change

## **Project Summary**

#### Objectives

In today's world of globalization and digitalization, we find ourselves fearing for our social, political and economic situation and sometimes even start questioning our individual and collective identity. This concerns young people in Europe as much as everyone else and it can lead to general uncertainty, prejudices, vulnerability to populist or even radical speech, thought or politics and irrational fear of the unknown, to name just a few examples. But an international exchange programme can show us that we are not alone in this, especially not in Europe. Together we can face globalization, digitalization and other developments and even try to use them to our advantage. We can realize, that there is more to connect us than to separate us. We can learn from one another and ask each other for help and support. And we can create a common identity for ourselves in this new world. This is what we have been trying to do for years now with several projects under the motto of "4 Europe". At the moment, here is one topic that particularly concerns young people all around the world: Sustainability and protection of the environment. Speaking to young people in our towns, we could see that they show great interest in this issue, but we could also see that they feel like they cannot do much about it. This is why we chose to treat this topic in the project "Act 4 Europe – Act for Climate". In the wake of the Fridays for Future – movement, we want to address those doubts among young people together with them. We want to create opportunity for action concerning topics like climate change, cultural vs. natural landscapes, mobility, environmental pollution, urban and rural areas or sustainable energy from a global perspective. Together, we can learn to understand and tackle a subject even as complex and sensitive as sustainability and climate change.

#### **Activities**

Within this project, 40 young people between the ages of 16 and 27 from the communities of Alcalá la Real (ES), Berg im Drautal (AUT), Lohfelden (GER) and Trutnov (CZ) will spend a week together in the Alps of Carinthia and try to tackle the issues of sustainability, environmental protection and climate change. The participants will spend the week living under one roof, getting to know and learning to understand each other, all while working on some of the topics that concern them the most.

There will be several workshops, lectures, seminars, group work and field trips to help the participants set foot in the field of sustainability and hand them the tools to independently work on one of the most controversial topics we face at the moment. The individual issues range from climate, (sustainable) media competence, sports and nature, arts and crafts, upcycling, circular design, sustainable tourism, alpine pastures and cultivated landscapes, sustainable and efficient energy to local farmer-to-consumer direct marketing.

Within the "4 Europe Sustainability Challenge", participants will collect points by taking part in the activities of their own choosing and living a particularly sustainable lifestyle. This way, they can build their programme individually to learn new skills and deepen existing ones. They are encouraged to share what they already know with their fellow participants and actively acquire new knowledge and skills in collaboration with other young people.

#### Impact

Participants in Act 4 Europe lose their reservations concerning other cultures and dare to indulge in issues that might seem too complex and abstract to them at first. They acquire the confidence to step out of their comfort zone, reach out to other (young) people and trust their own capabilities. They broaden their horizon by looking at issues through the different international perspectives brought up in an international exchange programme and by taking in the stories they encounter and experiences they make living under one roof with people from different cultures. They learn to express themselves, to work independently and responsibly, to cooperate, do project

work. They learn soft skills as well as social and cultural competences and they learn how to treat the topics of environmentalism and sustainability. What's more, they raise awareness for European solidarity and for the importance of the European Union far beyond the topic of sustainability. They learn to see themselves as part of a community and learn to appreciate the value of international cooperation.

With the thematic priority of sustainability issues, participants acquire knowledge and basic skills to face climate change, environmentalism and other sustainability problems. They are given the tools to deal with these topics alone or with others in an independent and responsible way and to find their way in the flood of information provided by modern media. They learn to contextualise and critically reflect on arguments, building on their existing knowledge and skills.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

# YE "Identity & Culture - who we are and why? - An arts-academy about the I and the We"

# **Project Coordinator**

Organisation Kinderfreunde Mühlviertel

Address Gewerbestrasse 7, 4222 St. Georgen/Gusen, Oberösterreich, AT

Website www.kinderfreunde.cc

## **Project Information**

Identifier 2020-2-AT02-KA105-002821

Start Date Dec 1, 2020

End Date Nov 30, 2022

EC Contribution 58,675 EUR

Partners Non-formal learning club "WE" (LT), ASSOCIACAO CHECK-IN -

 ${\tt COOPERACAO\ E\ DESENVOLVIMENTO\ (PT)\ ,\ Spolek\ ActiTmel.cz\ (CZ)\ ,\ Asociatia\ Pas\ Alternativ\ (RO)\ ,\ Panellinio\ Diktio\ Gia\ To\ Theatro\ Stin}$ 

Ekpedefsi (EL), ASSOCIAZIONE EUROPALMENTE (IT), Centro educativo di progettazione e hosting internazionale (IT), Association

SlasT s.Zivalevo Kratovo (MK)

Topics Intercultural/intergenerational education and (lifelong)learning; Creativity

and culture; Youth (Participation, Youth Work, Youth Policy)

# **Project Summary**

#### Objectives

Identity is the great topic during adolescence and the most important aim of development. In this summer-academy we dedicate ourselves to this topic by means of art using the concept of aesthetic research. We will highlight the different aspects of identity. The participants shall grow in their self-awareness and self-confidence.

Gestalt-theory is providing the model of the five columns of identity by H. Petzold as a useful tool and we will have a closer look at these different aspects of identity. The participants will explore these columns by different artistic methods and will find out about the social, cultural and biographic dimensions.

In learning by doing artistic work in groups the participants get to know other than one's own cultural outcomes and forms of appearance. By the increase of the intercultural competence the identification with a divers Europe is raising too. An esprit du corps for a European identity will rise in favour of national identities. Both participants and partner-organisations will build up European friendships and networks and thus we are in the situation, that the European vision, the European ideas and values will be spread. Stereotypes will be modified and prejudices reduced.

Asides of the substance-part there is the part of the arts. The participants will learn about different artistic techniques and strategies and how to use them. This will increase the expressiveness, the creativity and the competences for problem-solving – empowering attributes that are of high relevance especially on labour-market. So, the chances for the participants to get into it and succeed in it will be levelled up.

#### **Activities**

In the middle of this youth-exchange, there is the main-activity with the face-to-face meeting of the participants. This meeting takes place in the Mühl-fun-viertel of Klaffer/Hochficht. Within the framework of this activity, that will be hold as a summer-academy with different workshops, there are various sub-activities. The main-part will be done by arts-workshops using the concept of aesthetic-research and various artistic methods and techniques. Especially, we will use means of theatre, performance- and action-art, installation and securing of evidence. An open day for the public will be held for to present the arts-work done during these two weeks. There will be exhibitions as well as performances.

For to give place to the diversity of Europe the participants will arrange a festival of the cultures. The participants are coming from different European regions and have a different cultural and social background. For to develop a feeling for a common European identity this festival is opening a space to the participants to present their cultural backgrounds and cultural expressions. National boundaries may be crossed and a transnational mutuality may be explored.

Exkursion to the Memorial of the former KZ of Mauthausen and to Linz, the capital of Upper Austria are some more activities done during this youth exchange. Mauthausen is teaching us the catastrophic consequences of racism, nationalism and discrimination. The visit of Linz is offering a variety of arts-exhibitions and museums for to expand the own horizon of arts.

The participants of this youth-exchange are coming from Austria, Portugal, Lithuania, ... and have a very different cultural and social background. These differences are a picture of the European diversity. Each partner-organisation is taking part with eight girls and boys in the age of 14 to 19 years.

#### **Impact**

Self-awareness and self-confidence are results, that will be visible at the participants. Confident appearance and acting in public, job-related and private fields will be the consequence. The work by means of arts and by aesthetic techniques do not only comprise the mere cognitive level, but the emotional and physical too. The learning-profit will be deeper and will last longer.

The first visible results will appear within the framework of the public exhibition- and performance-day. Artistic creations about the topics of the personal I-identity and the European We-identity will bear witnesses about the works of the participants and the impacts they received.

Intercultural competences, citizen competences, personal and social competences and last but not least the ability and competence for a creative artistic expression will rise and so the understanding and the acceptance of cultural and social diversity in Europe. The heterogeneity of social and cultural expressions, life-scripts and ideas will be experienced and acknowledged as an enrichment.

Because of the active participation in all of the activities of this youth-exchange, from the beginning concept to the implementation and performance until the closing dissemination-activities for to offer the results to a broader public audience, the participants learn about the basics of project-management too. Furthermore, the learn about the possibilities and chances of the Erasmus+ program and its specific key-actions. All in all this youth-exchange shows the participants the way towards a higher geographic and social mobility.

For the participating organisations there is the chance for to build up a border-crossing European network, that is promoting cultural diversity and lets the young people feel like Europeans. That means to support the European fundamental values of dignity and freedom, of participation and inclusion, of the importance and necessity of Human Rights – and henceforth the idea of a Europe, that is looking beyond one's nose of thinking in national categories.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

# TC Youth work inside - Youth workers' fears

# **Project Coordinator**

Organisation Kinderfreunde Mühlviertel

Address Gewerbestrasse 7, 4222 St. Georgen/Gusen, Oberösterreich, AT

Website www.kinderfreunde.cc

# **Project Information**

Identifier 2019-3-AT02-KA105-002614

Start Date Jan 1, 2020

End Date Nov 30, 2022

EC Contribution 20,741 EUR

Partners ASOCIATIA DE TINERI DIN ARDEAL (RO), ASSOCIACAO CHECK-IN -

COOPERACAO E DESENVOLVIMENTO (PT), Lietuvos Lenku Harceriu

(Skautu) Sajunga (LT) , Youth association Info front - Prilep (MK) , ASSOCIAZIONE AGRADO - APS (IT) , JOETZ vzw (BE) , NEOI

ELLADOS SE EYROPAIKI DRASI (EL)

Topics Youth (Participation, Youth Work, Youth Policy); International

cooperation, international relations, development cooperation; New

innovative curricula/educational methods/development of training courses

# **Project Summary**

#### Objectives

Youth workers bring a great part of their identity and values in their work. It's a work based on relationships (individual and group ones), values and feelings, and in a second step on methods, knowledges and theories, and for this reason has a complexity inside. Easily understandable how easy can be events of burn-out between Youth Workers, especially in the beginners. So, it's fundamental for them to be aware of their fears and feelings, to use these on their benefit and on Youth groups benefit. We want to carry out this project for recognizing and sharing these fears and providing tools and methods to fight these (fear of communication, fear of public speaking, fear of judgement,...) through empowerment of the specific competences.

#### **PARTICIPANTS**

It will be held in Klaffer, Austria from 23.-30.10.2020 and the countries involved will be 8: Austria, Italy, Portugal, Romania, Lithuania, Macedonia, Belgium and Greece.

We will gather a participants group composed by participants (3 Youth workers from each country) + 3 trainers and 2 staff members.

The choice of mixing "old" and new partner organisations and with different level of competences in Youthwork, is aimed to provide mutual benefits: empowerment and new perspectives for the expert ones and discover and new learnings for the newcomers.

#### **OBJECTIVES**

- 1. Provide youth workers a space of reflection on their role, experiences, values and fears;
- 2. Empower their competences in different areas of Youth Work (communication, empathy, active listening,..) to face the main fears and overcome these.
- 3. Support participants in putting in practice the gained learnings, designing and performing small workshops as final task:
- 4. Strengthen participants and organizations competences and capability in youth work and international dimension and cooperation.
- 5. Facilitate the creation of partnership for further projects among the organisations (through the positive exchange among the organisations);
- 6. Enhance Non-Formal education methods and recognition of NFE learning.- Creation of outcomes (a daily Blog and a website) to spread in order to contribute to Youth Workers empowerment.

#### **Activities**

#### **ACTIVITIES**

The main aim of this TC is recognizing and sharing Youth workers' fears and provide tools and methods to fight these (fear of the role, fear of communication, fear of public speaking, fear of project management,...) through empowerment of the specific competences. Participants will have the chance to design and perform a workshop, practicing their learning and getting feedbacks from the trainers and colleagues.

The programme of activities starts by investigating the complexity of the role of a Youth Worker nowadays, focusing on ethics and values in Youth work and mainly on the fears (hidden and clear) and on the personal experiences of participants in their Youth work activities. The central part of the TC will be directed to empower fundamental skills for overcoming these fears (not only those listed but even more emerging in the first day from

the experiences of the participants) All these activity will have a balanced mix of theory and practice. Last part of the TC will be about practicing: in groups, participants will be challenged in designing and in performing workshops, according to the inputs received in the previous days.

#### **METHODS**

Non formal methods as Presentations, Teamwork, Video, Coaching, Role-play, World Cafè, Project design, experiential activities, Blog creation, assessment and evaluation tools.

#### **Impact**

This project is supposed to have results not only in a short/medium term (Workshops in local environments) but also in a long term (because from the partnerships can arise new projects in the future).

Participants: we expect improvements in their professional and personal competences and in the quality of their work in favour of young people, in particular they will:

- Gain knowledge, methods and tools to face the daily difficulties in Youth work and reinforce the awareness of their role and being able to recognize and express properly needs and feelings in the different environment of work and with different groups;
- Improve their competences in group facilitation for a new self-confidence and for bringing quality issues in all the phases of their work with young people or in favour of them;
- Increase motivation and satisfaction in their daily work;
- Strengthen international cooperation and empowerment through exchange of good practices,

Partner organisations: Improved internal quality level in projects; A more qualified and motivated staff; Increased capacity to operate at international level; Creation of a long-lasting trustful partnerships between organisations. Other NGOs and Youth workers will benefit of the outputs for improving their work in favor of youth (especially those disadvantaged).

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

# **Diversity Festival**

# **Project Coordinator**

Organisation Klub slovenskih studentk in studentov na Dunaju

Address Mondscheingasse 11, 1070 Wien, Wien, AT

Website www.ksssd.org

# **Project Information**

Identifier 2019-3-AT02-KA105-002579

Start Date Mar 1, 2020

End Date Sep 30, 2022

EC Contribution 25,730 EUR

Partners Kenstroll Breizh (FR), Sydslesvigs danske Ungdomsforeninger e.V. (DE)

, YOUTH OF EUROPEAN NATIONALITIES (NL), Gemeinschaft Junger Ungarndeutscher (HU), Vojvodjanski Omladinski Forum (RS), Mladi v odkrivanju skupnih poti (IT), Deutscher Jugendverband für Nordschleswig

(DK)

Topics Romas and/or other minorities; Youth (Participation, Youth Work, Youth

Policy); Creativity and culture

# **Project Summary**

#### Objectives

The Diversity Festival will take place from the 20th till the 28th of Juni in Koroška/Carinthia/Kärnten in Austria. It invites youth from different European minorities to spend a week together engaging in different artistic, cultural or sportive activities where they will be motivated to share their views, stories and life experiences. The youth are from eight different countries in Europe but all share that they belong to a minority within their country. During the Diversity festival they can experience cultural differences but also start to build a network of solidarity. The active participation as well as the exchange and self-reflection will give the youth the means to develop or improve their skills and competences in organisation, cooperation, and communication. It will allow the young participants to grow as a person, to develop soft skills as well as intercultural competences. Last, but not least it will allow minority youth to build friendships and experience solidarity across borders among youth in similar situations. This solidarity and friendship offer support as well as inspiration and motivation to become active citizens and stand up for a Europe that is diverse, tolerant and inclusive.

Additionally, we also want to create visibility for the issues of youth belonging to national minorities both towards the general public and towards adult minority organisations who are often overlooked due to being young or part of a minority.

#### **Activities**

The Diversity Festival will gather 50 youth who come (mostly) from different national, ethnic and linguistic minorities in Europe. The main program points are the artistic workshops based on non-formal education. They will engage and motivate the participants to share and discuss their ideas and stories in a creative way. The workshops to choose from are on theatre, singing, dance, photography, video, language and storytelling. Other activities are Open Spaces, where participants can bring themselves in and start a discussion or activity based on their individual interests, common sportive activities and personal reflection phases. The participants can choose to engage in one artistic workshop each, but all workshops will work together to create a final performance, the highlight of the week. The Diversity Festival will take place at the same time as the Europeada, the football tournament of national minorities in Europe with 400 guests. The participants of the Diversity Festival will therefore have the opportunity to experience parts of this unique event but also have the possibility to bring their own views and ideas to it and make the voice of minority youth heard. This is where the show will be performed using the literal and figurative stage of this great event.

#### Impact

The Diversity Festival aims to contribute to the strengthening of the participants' identity, create solidarity and promote active citizenship as a method to work for a more diverse and more tolerant European community. It is an opportunity for youth to gain experience in project management, intercultural and multilingual communications, and working in international groups. The youth exchange is a space where participants can grow as persons, gain a deeper knowledge of cultural, linguistic, and social realities of other European minorities and build a network of friends across Europe. By preparing and performing a big show, that will be part of the Europeada cultural program we hope to reach out to a broad audience to create visibility for the issues of youth belonging to national minorities both towards the general public but also towards adult organisations of national, ethnic and linguistic minorities.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

# Human Rights. For Everyone! Everywhere!

# **Project Coordinator**

Organisation Dominik Prüller

Address Auer von Welsbachstraße 1/10, 3300 Amstetten, Niederösterreich, AT

# **Project Information**

Identifier 2019-3-AT02-KA105-002548

Start Date Feb 1, 2020

End Date Nov 30, 2022

EC Contribution 14,354.57 EUR

Partners Asociatia Transcena (RO)

Topics Home and justice affairs (human rights & rule of law); Romas and/or

other minorities; EU Citizenship, EU awareness and Democracy

## **Project Summary**

#### Objectives

With this project, we seek to mainly address youths who are affected by discrimination, marginalization or social exclusion in general, in our case especially members of the Roma minority and youths with migration background. It is our aim to give disadvantaged teenagers the chance to gain interculutral experiences, to exchange with colleagues of the same age from abroad and to allow them to discuss within an age-appropriate framework about how to shape the way we are living together in our society as human beings. We want to make it possible for them to acquire knowledge and understanding about human rights and connected topics, like children's rights, equality and democracy. Morover, our project should also have a positive influence on the personality development of our participants and should support them to evolve into open-minded people who see diversity as a chance.

We have chosen human rights as guiding topic for our project, as we believe that human rights represent the fundamental values, that our society should adhere to. Through the various, mostly nonformal and playful, activities that we want to carry out with our participants, we want to raise awareness about human rights and to teach them the underlying values of these. The attendees should reflect on the kind of society they would like to live in and on how human beings are meant to live together, which should make them to discover the sense and purpose of universal human rights. They should learn about their own rights and should be motivated to confidently demand them, but they also should realize the importance of solidarity and mutual respect and should be encouraged to recognise the human rights of all other human beings.

With this project, we also want to impart core values of liberal demoracy, which nowdays is getting more and more under attack, to our participants and also to the public. At the same time, we strive to make a contribution to the European integration.

#### **Activities**

We want to involve 15 Austrian an 15 Romanian participants, consequently in total 30 teenagers, in our activities. Both the Austrian and the Romanian participants have a socially disadvantaged background and are often part of an ethnic minority and/or have a migration background. The involved youths are between 14 and 17 years old and live in the Upper-Austrian state capital city Linz and in the Romanian capital city Bucharest.

The Austrian participants are regular users of services provided by "Begegnung - Arcobaleno", an association that is also involved in the planning and implementation process of this project and that also organizes the participation of the Austrian participants. The Romanian participants are also regular attendees of youth centres or are children of clients who are looked after by the social work projects of the "Asociatia Baza" association.

We strive to make it possible for these young people to spend a week with their colleagues from abroad in Vienna, where we intend to carry out a variety of different learning, exchange and leisure activities with them. They should have the chance to engage with the question of how we want to live together in our society through nonformal, often playful, activities. That way they should be confronted with issues such as human rights,

children's rights, women's rights, equality, discrimination, diversity, mutual respect and democracy. These substantial topics should be complemented by leisure time activities, such as an intercultural evening, a football match or a common barbecue.

#### **Impact**

Our project should enable the participants to acquire important social and intercultural skills as well as extensive knowledge about human rights and the subject of living together in a society. The participants should understand the underlying core values of human rights and they should also become aware of specific topics, like women's rights, children's rights and diversity. Thereby, they should be encouraged to treat their fellow human beings with respect, but they also should be empowered to confidently demand their own rights. Generally, our activities should have a positive influence on the personality development of the young people and should support them in their development to open-minded people who see diversit as a chance. Additionally, it seems plausible that the participants will enhance their English language skills and maybe they even manage to keep some basic German/Romanian words in mind.

Beyond that, we expect that the organisations and individuals who carry out this project will gain valuable experiences, especially about international cooperation, and, moreover, will get to know new perspectives from their colleagues from abroad, that will inspirate them also in their usual work. Furthermore, we seek to raise public awareness about human rights through realizing this project, while our public relations activities should also promote the idea of European integration and the values of liberal democracy.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

# Image Mapping. Engaging international volunteers and making impact in rural communities

## **Project Coordinator**

Organisation Service Civil International Österreich

Address Schottengasse 3a/1/4/59, 1010 Wien, Wien, AT

Website www.sciaustria.org

## **Project Information**

Identifier 2019-2-AT02-KA105-002480

Start Date Aug 1, 2019

End Date Jul 31, 2022

EC Contribution 15,043 EUR

Partners CIVIC ORGANIZATION DEVELOPMENT CENTER PANGEYA ULTIMA

(UA), VOLUNTARIAT ZAVOD ZA MEDNARODNO PROSTOVOLJNO

DELO LJUBLJANA (SI), ASSOCIATION FOR EUROPEAN

COOPERATION DEVELOPMENT AND COMMUNICATION (BE), ASSOCIAZIONE CULTURALE EUFEMIA APS (IT), Stowarzyszenie Aktywnosci Obywatelskiej Bona Fides (PL), AYUNTAMIENTO DE ALZIRA (ES), MTÜ NOORTEVAHETUSE ARENGU ÜHING ESTYES (EE), SDRUZENIE AKTIVNO BALGARSKO OBSHTESTVO (BG), EKO CENTAR LATINOVAC (HR), VOLUNTARY SERVICE INTERNATIONAL

(IE), Hrvatska škola Outward Bound (HR)

Topics Rural development and urbanisation; Civic engagement / responsible

citizenship; Youth (Participation, Youth Work, Youth Policy)

## **Project Summary**

## Objectives

When we organize youth projects and volunteering camps in the countryside, it can sometimes feel like a parallel universe: Youth from all around Europe engages in an intense intercultural exchange, while there is not necessarily a lot of interaction with the local community. We want international youth projects to have positive effects to their immediate surroundings, to counter stereotypes, to reach target groups we usually don't reach with peace projects, to contribute to a positive and sustainable rural development and to give youth access to a more diverse image of what the place they are visiting is like. Connected to this, we want youth in rural areas with geographical obstacles to have the opportunity to participate in international youth projects and to gain from this experience and we want to strengthen our organisations' capabilities of reaching this group of youth with fewer opportunities.

The objectives of the project are the following:

- to exchange tools, methods and approaches to increase the local impact of international volunteering and youth projects and to promote peace, tolerance and active citizenship in the countryside
- to share communication strategies and institutional ways to reach more youth from remote areas
- to create, improve and share non-formal education methods on interactions between international volunteers and local inhabitants
- to network between the organisations involved in this application
- to organize a youth exchange where the methods and tools shared at the seminar will be applied
- to create a space of exchange, mutual understanding, solidarity and learning for youth with fewer geographical opportunities from different European countries
- to create a stronger discourse about the need to create a local impact with international volunteering and youth projects within the international voluntary service movement by creating a manual on the topic

#### **Activities**

Service Civil International Österreich, together with the Ukrainian NGO Pangeya Ultima, will organise two activities in the course of the project.

One activity will be a seminar for 23 youth workers from 1st-7th December 2019 in the village of Kötschach-Mauthen in Kärnten, Austria (A1), in which we will explore how we can make our international youth projects more connected to local realities. Participants will be youth workers, active members, staff and volunteers from international voluntary service and youth organisations from 11 countries (Austria, Ukraine, Croatia, Slovenia, Bulgaria, Ireland, Spain, Estonia, Poland, Belgium and Italy). They will exchange communication strategies, best practices, non-formal education methods and approaches to the topic and will plan follow-up projects connected to rural development.

The second activity will be a youth exchange for 30 participants from Austria, Ukraine, Spain, Ireland, Slovenia and Croatia from 1st-10th July 2020 in Chechlnyk in Central Ukraine (A2), which is targeted towards young people from geographical areas with less possibilities. The youth will experience the local realities of people in the place where they are staying and will have both an intense intercultural exchange with the community in

Chechlnyk as well as between each other. The youth exchange will make use of the "Image Mapping" methodology, which the Ukrainian NGO Pangeya Ultima has developed over the last years to strengthen the local impact of their international youth projects.

#### **Impact**

The project will impact the way the participating organisations view the local impact of their international youth projects. They will have new professional skills to create interaction with local inhabitants and they will be able to reach youth with fewer geographical opportunities more and in better ways. They will share this new knowledge with other youth workers from different organisational networks through the creation of a manual on creating local impact with international youth projects. Both activities will have a strong intercultural effect on their participants and will get them to experience a culture of peace and mutual solidarity across national borders and other differences. Both the seminar and the youth exchange will also have a positive impact on the local communities in Chechlnyk and Kötschach-Mauthen, increasing the understanding of volunteering, peace and tolerance and creating new inputs for rural development in those areas.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

# "Linden greets Linden" - Youth with Future for Europe

## **Project Coordinator**

Organisation Marktgemeinde St. Georgen am Walde

Address Markt 9, 4372 St. Georgen am Walde, Oberösterreich, AT

Website www.st.georgen.at

## **Project Information**

Identifier 2019-3-AT02-KA105-002518

Start Date Jan 1, 2020

End Date Dec 31, 2022

EC Contribution 26,890 EUR

Partners Comite de Jumelage des Linden Européens (FR), COMITE DE

IRMANAMENTO DE LALIN-CIRLA (ES), Stichting Jumelage

"Linden-groet-Linden" (NL), Linden groet Linden (BE), Komitee Linden

grüßt Linden (DE)

Topics Youth (Participation, Youth Work, Youth Policy); EU Citizenship, EU

awareness and Democracy; Labour market issues incl. career guidance /

youth unemployment

## **Project Summary**

## Objectives

Since 1982, as part of the town twinning "Linden greets Linden", there is an annual youth exchange with young people from Germany, the Netherlands, Belgium, France, Spain and Austria. Each year, the youth meeting is conducted by another partner, in which 10 young people of each community participate, which is a total of 60 people.

It is therefore particularly important that the partner organizations have the qualified staff to organize such youth exchanges.

Why this topic?

The youth is our future and has top priority at the European level too.

Our region offers very interesting examples of these youth initiatives:

- + "Jugendtankstelle" of the Regional Development Association "Mühviertler Alm"
- + Youth Development District Perg-Ost
- + Project ZIB-Hagenmühle
- + and the town twinning "Linden greets Linden", in the framework of which a youth meeting takes place annually.

General objectives of the program to which the project relates:

- Promotion of European citizenship to promote democratic participation and citizenship
- raising awareness among young people and communicating common European values
- The youth events should help to build a citizens' Europe. The partnership promotes a democratic ideal and peace in Europe by addressing citizens' issues.

The Europe Days in St. Georgen am Walde in May 2020 will bring together youth work professionals in the partner cities so that the young executives present in the delegations can exchange views and get new ideas and experiences. The project aims to provide youth work professionals with skills and methodologies for their professional development. In particular, digital literacy should also be promoted by dealing with new media. The professional development of the participating youth work professionals should contribute to the development of high-quality youth work in the partner organizations and have an impact on the daily work of the participants.

Only a society with strong cohesion and exclusion will be able to meet these challenges. It is therefore particularly important that citizens, and especially young people, play an active role in democratic life. The young people should develop their own initiative and entrepreneurial thinking, because this results in a more pronounced self-responsibility and a greater self-esteem. Active participation in society leads to a stronger intercultural awareness. In particular, non-formal education is essential to young Europeans and their careers. Experiencing the values of the European Union in the community with other young people gives greater motivation to participate in future formal and non-formal education and training opportunities.

#### **Activities**

Each partner organization from Germany, the Netherlands, Belgium, France, and Spain has 8 persons each, but at least 3 young people (minimum age 18 years) are invited for this mobility of skilled workers for youth work. Most of the twin towns are located in structurally weak rural areas (Mühlviertel / A, Galicia / E, Dithmarschen / D, Perigord / F etc.) and the municipalities are struggling with emigration.

Due to the poor economic situation, there are few jobs and the population and young people are forced to commute to the metropolitan areas.

Each partner organization assembles the group itself and professionals and young people from all walks of life can apply to participate. If participants with lower chances (eg apprentices, workers, no school leaving certificate, financially weak families, families with a weak social background) are involved, they will receive preferential treatment. The partner organizations ensure that a gender balance is guaranteed.

The following activities are planned:

- + Europe conferenence of the communities of Upper Austria, Topic: European youth work in the communities
- + Working Conference (Part 1): Evaluation of the Youth Exchange 2019 and Planning and Preparation of the Youth Meetings 2020 and 2021
- + OTELO (Open Technology Lab) in Weitersfelden: Radio-Workshops with "Jugendtankstelle Mühlviertler Alm"
- +Working Conference (Part 2): Presentation of youth work in the European Linden communities
- + Youth Center Grein: Exchange of experiences on youth work and streetworking in the "youth region Perg-Ost"
- + Youth project ZIB-Hagenmühle (center for individual vocational preparation) in Kirchham: ps production school / lw learning workshop / wsb watchful care supervision

At the end of the meeting, all youth work professionals receive a Youthpass certificate.

#### **Impact**

The activities will have several important implications:

#### - TRAINING:

The youth workers and youth professionals learn to organize international youth exchanges. The project partners are in constant contact and in 2021 another youth exchange is planned.

They will be supported in learning outcomes (knowledge, skills and competences) to enhance their personal development and engagement as active citizens and beyond.

It will support the professional development of the participants working in the fields of education and training of young people. It will promote the quality of education, learning and youth work throughout Europe.

By dealing with new media (eg recording a radio program) the participants acquire new skills and competencies and can thus provide innovative and high-quality youth work.

Participants can significantly improve their language skills by participating in several countries.

#### - CIVIC EDUCATION:

The Youth Workers will learn about a new way of looking at youth work in a common Europe and will use their knowledge and skills in the future for sustainable development. They serve as multipliers in their country and can inspire their fellow human beings to adopt new ways of thinking about youth work with other countries and cultures. It should arise in the youth encounters a sense of togetherness and the realization that together can achieve much more. Professionals and young people should learn and recognize that they can help shape the history and future of a united Europe through their own actions.

The topic of youth is always up to date and promotes intergenerational exchange. This leads to the constant pursuit of a more democratic, peaceful and participatory society and to the defense of the ideals of the European Union.

#### - RURAL DEVELOPMENT.

Most of the participants come from structurally weak rural regions (Mühlviertel / A, Galicia / E, Dithmarschen / D, Perigord / F) and the communities are struggling with emigration.

Due to the poor economic situation, there are few jobs and the population and young people are forced to commute to the metropolitan areas. By integrating youth into social and political life, the young people are identified with the community and the region, thus preventing migration to the urban centers. This will also create jobs and strengthen a structurally weak region.

#### - KNOWLEDGE OF ERASMUS +

Through the acquired self-confidence and getting to know the Erasmus + mobility program, youth work and youth professionals are also encouraged to take other actions (eg Erasmus study, internship abroad, European Voluntary Service). They can experience what it's like to live in another country for a long time. Many of the participants have already taken part in actions and can continue to use their experience and their impact on their academic career and careers.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

## **Project Title**

# Say not to Hate

## **Project Coordinator**

Organisation Xenia. Verein zur Förderung der Vielfalt

Address Haldenweg 10/5, 6700 Bludenz, Vorarlberg, AT

Website www.xenia.cc

## **Project Information**

Identifier 2020-3-AT02-KA105-002872

Start Date Jan 1, 2021

End Date Jun 30, 2023

EC Contribution 39,151 EUR

Partners Beat Bazaar Projects Limited (UK), YOPA - FIATALOK AZ

ÁLLAMPOLGÁRI RÉSZVÉTELÉRT KÖZHASZNÚ EGYESÜLET (HU), Ticket2Europe (ES), KINONIKI SINETAIRISTIKI EPICHERISIELLINIKI SYMMETOCHI NEON (EL), Kadin ve Genc Girisim Merkezi Dernegi - Woman and Young Entrepreneurship Centre Association (TR), ADEL Slovakia (SK), Avatud Ühiskond MTÜ (EE), Asociatia Pentru Inovatie In

Educatia Adultilor (RO), SCAMBIEUROPEI (IT)

Topics Youth (Participation, Youth Work, Youth Policy);

Intercultural/intergenerational education and (lifelong)learning

## **Project Summary**

## Objectives

Hate expressed by words, behaviour and attitudes is a form of violence that can easily be overlooked or ignored. When it is left unchallenged it can become normalised within our society and escalate into physical violence on a larger scale. Challenging hate when it occurs sends a clear message to young people that these attitudes and words are harmful and it takes the dehumanising impact of hate seriously. With the rapid growth of social media, which provides a willing platform, the ways in which hate speech can impact on people in all areas of society have multiplied. There is no widespread clarity on what hate speech is and how to address it. We intend for this project to meet some of these needs by supporting youth workers to have concrete and adaptable tools to enable them to recognise, challenge and ultimately transform hate speech.

Our project was generated through local researches implemented by each partner locally and online between January and June 2020. First of all, each partner had face to face meetings with their paid, half time and voluntary based youth workers and youth leaders (approx.80 youth workers, youth leaders) and participated in focus group interviews at least twice during this half a year. The third interviews had happened via Zoom meetings because of lock downs. Each partner asked their target groups such as young people in general and young people with diverse cultural background e.g. minority, Roma, refugees and migrants to fill in questionnaires after their youth work activities, then this continued via online Survey because of COVID19. Approx. 250 young people aged between 13 and 30 were reached via the offline and online questionnaires by all partners. Community meetings were held between January and March 2020 before the quarantine addressing local decision makers, teachers, social workers, youth workers, all actors who deal with young people in the local communities of each partner. Approx. 100 youth professionals were involved all together. The results of local researches were uploaded in a common GoogleDrive, so we could compare to each other and highlight the explored needs:

75% of young people had experienced hate speech and behaviour because of cultural differences; 30% of young people participated in bullying their peers and 20% did not know the reason why, 7% stated because did not like the person at all, and 3% stated that because of gender, skin colour, being foreigner, etc. 20% of young people felt hurt by words from their peers, 30% was bullying via online means and 20% stated that it is funny to make jokes of others, 30% stated that they do not have information what is hate speech and behaviour.

90% of youth professionals had experienced different forms of hate speech and behaviour during their youth work activities among young people.

70% of youth professionals expressed the need to invent, share and exchange youth work methods and tools in order to transfer hate speech and behaviour in their youth work context properly.

60% of youth professionals feel the need to improve their youth work competence in order to be capable transferring hate speech and behaviour of young people properly in youth work context.

Based on these, we have defined the main aim of our project: to improve the competences and youth work methods and tools of youth workers being able to facilitate the transformative process of hate speech in youth settings based on the needs of young people they work with in daily basis. Being capable to deal with hate speech through appropriate youth work methods and proper manners and competences for the sake of their target groups especially young people with culturally diverse background such as minority, Roma, refugees and migrants youth.

Learning objectives of the training course based on the needs of staff and volunteers of partners: 40 participants will be be able to facilitate a proactive group-led response to addressing hate related conflicts within group of culturally diverse young people;

40 participants will be able to consider the motives behind and impact of hurtful language and to understand why some people might react differently;

- 40 participants will learn to recognize and reflect on the impact of hate speech from different perspectives;
- 40 participants will be enable the understanding of different levels of hate and how it escalates;
- 40 participants will become aware of existing societal structures of privilege and discrimination;
- 40 participants will critically engage with the media and understand the role they play in shaping it;
- 40 participants will understand that behaviours are a result of feelings, which are connected to whether our needs are being met or not.
- 40 participants will explore and try out different youth work methods and tools to challenge power and oppression.

#### **Activities**

During our project we plan to implement one Activity called "Say not to Hate" – training course on improving the competences and youth work methods and tools of youth workers to be able to transform hate speech and behaviour in youth settings professionally. It will be held in 11-17 May 2021 Bludenz, Austria. The methodology of the training course: experienced trainers' team will prepare the methods based on the expectations and needs of the participants. They will provide participatory and creative methods which will ensure the participation of experienced and less experienced participants. Some methods we will plan to use: individual, pair and mixed group work, drawings, montage/collage, group discussions, brainstorming, role play, board game, idea and project development, etc. through experiential learning, cooperative learning and outdoor activities. The methodological flow of the training:

Day 0: Arrival day: getting to know each other, the training venue and logistical issues. Exploring the place and our places within it.

Day 1: Day of Introduction: participant will get acquainted with each other, the venue and establish a safe place to live and work together during the week. They will practice how to strengthen the safe place against hate speech and behaviour that can occur in a bigger intercultural group.

Day 2: Day of exploring hate speech: we will explore where hate comes from, where are its origins and what are its levels that hurt people.

Day 3: Day of exploring social injustice: online and offline hate speech and behaviour will be explored and youth work methods and tools will be shared and exchange how to handle it.

Day 4: Day of impact: we will explore how violence and beliefs make influence on young people and how to deal with that through different youth work methods.

Day 5 Day of emotions: we will explore all emotions and feelings behind hate speech and behaviour and in the same time all emotions that hate speech and behaviour can cause among youth and how to transfer it professionally in youth work context.

Day 6 Day of needs: we will share, invent and exchange youth work methods and tools how to support emotions and needs caused by hate speech and behaviour among youth.

Day 7 Day of future cooperation: initiating local and European youth actions and projects for preventing and transferring hate speech and behaviour based on the needs of our young people. Youthpass and final evaluation.

In discussion with our partners, we have developed a set of selection criteria to be applied across our training for our 40 participants. In order to be eligible to take part in this project, participants must be either a member of the partners or part of their staff or volunteer group. We will not be making an open call-out for this project as we specifically want to nurture only the internal team and membership of our partners. We know that these individuals are the ones most likely to apply the tools gained on our project in their local communities and they are, therefore, our main target group. In addition to this basic set of criteria, we will make the following, further requirements: all participants must be over the age of 18 and able to speak basic English (we will naturally assist

those whose English is only basic); and they must attend all learning activities during the course to be eligible for a full grant (i.e. accommodation, meal and programme costs paid for and travel costs reimbursed).

#### **Impact**

Each partner will organise multiplier events addressing other youth NGOs, schools, social institutions, etc. in their local and regional communities. We have agreed on its aims, structure and target groups in general and it will be specified based on the local context of each partner:

Workshops on improving intercultural youth work methodologies and policies of local youth NGOs, schools, social institutions and local municipalities, etc.

Objectives: to practice intercultural methods on transferring hate speech and behavior in youth work context and build them into the everyday lives of youth NGOs as intercultural youth work practice for the sake of their target groups.

Target groups: youth workers, youth leaders, social workers, teachers, educators, psychologist, etc. who directly work with culturally diverse young people and would like to adapt our methodologies into their own youth work activities based on the needs of their target groups

Methods: the E-Booklet on youth work methods and tools for transferring hate speech and behaviour in youth work context. Virtual support will be provided by our participants based on their experiences. Measurements: evaluation questionnaires will be filled in by participants, the number of successful youth work activities afterwards, the number of articles in the media coverage, etc.

Indicators: 40 participants, 10 partners, and approx. 200 people who directly work with culturally diverse young people.

The E-Booklet on youth work methods and tools for transferring hate speech and behaviour in youth work context will be edited by participants and trainers' team during the training and in the dissemination phase. It will consist of the List of all possible actions in order to avoid hate speech and behaviour in youth work context and the description of local workshops with, for and by young people on transferring hate speech and behaviour in the local youth work settings. This will be spread via online and offline network of all partners and will reach approx. 300 youth work professionals. It will be presented to the local municipality and decision makers in order to make an impact on the local youth policies. Approx. 50 local decision makers will be reached by our partnership. The Ebooklet will be uploaded into the Erasmus+ Dissemination and Results Platform and SALTO Training Tools and hopefully it will reach approx. 5000 youth professionals through these platforms.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

## MAPPING TOOLS

## **Project Coordinator**

Organisation JumBo-Jugend mit Bock

Address Färberweg 10, 4202 Hellmonsödt, Oberösterreich, AT

Website www.jumbo-jugendmitbock.at

## **Project Information**

Identifier 2019-3-AT02-KA105-002532

Start Date Jan 1, 2020

End Date Dec 31, 2022

EC Contribution 15,096 EUR

Partners Youth Empowerment Center (EL), Aktive Kosmos (ES), Project XX1 (IT)

, Gentle Foundation (BG) , Atelierul de Cultura (RO)

Topics Creativity and culture; Youth (Participation, Youth Work, Youth Policy);

Key Competences (incl. mathematics and literacy) - basic skills

## **Project Summary**

## Objectives

This is a mobility project for improving the professional skills of youth workers and trainers through creative and artistic tools. It will be a training course that will take place in Austria and will involve 20 professionals from organisations of different European countries in order to offer resources that can enhance the employability and active participation of young people belonging to their respective communities of origin. Our association proposes a mobility project in line with the Europe 2020 Strategy.

Our objectives are the following:

- increase the quality of work in the field of youth
- provide the direct beneficiaries (youth workers and trainers) with new tools based on art and creativity
- increase the participation of young people (indirect beneficiaries) in their local communities;
- address the "employability of young people" (indirect beneficiaries) through creativity and the arts;
- encourage innovation and creativity through the advisory planning of projects;
- create space for the exchange of experiences/needs/project ideas among professionals at European level;
- explore and reflect on how to use the skills and competences acquired during the project;
- promote the Erasmus + program.

#### **Activities**

We will use Team Building, individual sessions, examples of good practices, direct participation of the community, the exchange of experiences, immersive theatre, the acquisition and application of skills, entrepreneurial initiatives and non-formal education to achieve our objectives.

Methodology: interactive presentations, peer education techniques, simulation exercises, immersive theatre, physical training, exercises on inclusion techniques; workshops on project management, physical training, good practices and entrepreneurship opportunities, acquisition of skills and empowerment of the Erasmus + program to motivate participants to become multipliers of projects.

20 participants will be involved in the activities supported by a team of people.

The participants of this Training Course will meet the following criteria:

- be young leaders (youth workers/trainers)
- work directly or have worked using the arts for/with young people in their communities dealing with community participation issues;,
- have, or be willing to establish, connection with organisations to develop future projects in their contexts.
- Be open to prepare and share existing practices or realities.

Be willing before the activity, todo a preparatory work that will be share by the team before the beginning of the training.

#### **Impact**

Dissemination and follow-up: Participants will be encouraged to transfer their experiences among their peers to local networks and increase their participation in the communities from which they come.

Our goal is to create opportunities for young people and their communities in general to participate in larger and more sustainable projects. JUMBO wants to develop projects at local, national and international levels, create networking opportunities and collaborations to expand relations and resources. Information on European funds and the Erasmus + program will be included to facilitate other people who wish to develop their own projects, programs and initiatives.

The intention, both of JUMBO and the other partner organisations, is to develop new projects and initiatives within the framework of the Erasmus + program. It seeks to create the following impact on the participants:

- improve their knowledge of the role of creative projects to promote inclusion;
- deepen the understanding of the participants about how creative projects can be used in working with young people as a tool to improve learning and social skills;
- learn from each other and enrich their set of projects in a mutual learning process;
- understand what is needed to plan a good quality project;
- understand the impact and social change that a project can have within the local community.

This project will have the following direct impact:

In local communities. People from local communities who do not directly benefit from the local initiatives implemented by each partner organisation, will benefit through the multiplier effect promoted by the awareness initiatives.

- Learn from each other and enrich your set of exercises in a mutual learning process.

In order not to limit the impact of the training course to their participants only, the partners agreed to organise team meetings with their educational and administrative staff to reflect on learning outcomes and think about how they could be integrated into the planning of new local and international programs for youth inclusion

#### And to:

- Increase the scope of educational programs for vulnerable and marginalised youth;
- Involve more young people for longer in social actions and community projects by offering attractive programs;
- Improve the effectiveness of inclusion projects carried out by interested parties.

Additionally, the creation of follow-up activities is another project element that should help to enlarge the impact of the project beyond its direct beneficiaries.

This project will have the following direct impact:

- On participants. They will develop new skills and competences based on art and creativity (especially in theatre) that will enrich their experience and expertise as youth workers. Through the local initiatives, they will have the chance to put in practice what they learn during the training course.
- In local communities of each partner organisation' country. The local initiatives will have a strong impact at local level, promoting awareness.
- Deepen the participants understanding of how creative exercises and games can be used in youth work as a tool for enhancing learning to learn and social competences of young people
- Improve participants' competences in using creative and theatre-art techniques and debriefing methods in their

#### daily work

· Learn from each other and enrich their set of exercises in a process of mutual learning

The project will have also the following indirect impact:

- In local communities. People of the local communities that will not benefit directly of the local initiatives implemented by each partner organisation, will benefit anyway through the multiplier effect furthered by the awareness-raising initiatives.
- At regional and national level in each partner organisation' country. Although with less force, but the multiplier effect furthered by the awareness-raising initiatives will impact as well other communities in each country involved in the project.

The project will have a long lasting impact even after its end thanks to the achieved results.

- The new skills and competences acquired by participants will help them in their future social initiatives based on art and creativity for social change. It has to be said that these new competences acquired possibly will facilitate them in their working life.
- The new skills and competences acquired, the local initiatives implemented, the new follow-up initiatives designed will have a strong impact on partner organisations, promoting a real capacity building process that will empower them, giving them also a more active rule in their communities.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

## **Project Title**

# You(th) 4 EU

## **Project Coordinator**

Organisation Verein zum Zweck des EU-weiten, kulturellen Austausches - wEUnite (wir

verbinden)

Address Johann-Strauß-Gasse 7/11, 1040 Wien, Wien, AT

Website www.weuniteaustria.eu

## **Project Information**

Identifier 2020-2-AT02-KA105-002731

Start Date Aug 1, 2020

End Date Jul 31, 2022

EC Contribution 15,650 EUR

Partners New Wellness Education - APS (IT) , Egyesület Békéscsaba Ifjúságáért

(HU), DRUSTVO ZA SPODBUJANJE EVROPSKIH VREDNOT IN FEDERALIZMA MLADI EVROPEJCI (SI), Fundacja Insert (PL)

Topics EU Citizenship, EU awareness and Democracy; Youth (Participation,

Youth Work, Youth Policy); Inclusion - equity

## **Project Summary**

## Objectives

You(th) 4 EU is a project that wants to raise awareness about the European Union, foster youth participation, develop the culture of inclusion and empower the attending participants. It also creates a place for youngsters where they can meet and learn from each other. Through the methods of group work, debating, discussion, presentation, research, role playing, experiential learning, body movements and reflections, participants of the project are going to improve their teamwork, communication, creativity, language abilities, cultural awareness, persuasion, problem-solving, initiative and leadership skills.

In addition to these, the project also aims to foster intercultural understanding and sensitivity as a skill, to get a deeper insight of the participating countries' culture and to improve the self-reflection of youngsters, in order to support their development and lifelong learning.

#### **Activities**

The youth exchange You(th) 4 EU will take place in November 2020 in Burg Wildegg, a conference center closeby Vienna. There will be 26 youngsters from Hungary, Italy, Slovenia, Poland, and Austria who take part in the project. The intention is to have half of the participants with fewer opportunities.

The used methods will be in line with non-formal education and the main aim is to exchange ideas about the EU, inclusion, and about our cultures. Specific methods used are going to be debating, body movement activities, communication activities, reflection groups, journaling, presentations, role playing, experiential learning, open space activities and group work.

All the activities and workshops will be conducted according to the principle of non-formal education in order to foster a self-directed and individual way of learning and improvement. Participants are young people (mainly 18-25) who are interested in developing themselves, and are very motivated to take part in the project and are eager to learn more about the topics of EU, youth participation and solidarity. They are also open to experience interculturality, diversity and different learning methods. The participants will have plenty of opportunities to realize their own ideas and share their thoughts. This way they will not only get more active and creative but also find an open space of acceptance and discovery in order to find new ways of spending time meaningfully. The project focuses on developing our EU awareness, fostering youth participation, contributing to the culture of inclusion and empowering the individual. The participating organisations take care that the group is gender-balanced and involves youngsters with fewer opportunities.

As the Youthpass will be a part of the program, we will also include various ways to set learning goals and reflect daily to check if progress is being made or not.

#### **Impact**

- 1. Firstly, we expect participants and people that are in connection with these participants to be more aware of their EU rights and obligations. We also expect them to be more aware of multiple, cross-cultural points of views regarding this topic.
- 2. Secondly, we expect the participants to develop a high level of inclusive attitude by the end of the project.

3. Thirdly, they are expected to participate more and also encourage other youngsters to the same. It is a crucial point that these participants are not just going to develop themselves but also become ready by the end of the project to promote this values to others as well.

4. Fourthly, they are expected to improve all the competencies involved in the Youthpass. Even though it is challenging to include every skill with specific activities, we believe that by discussing various topics with each other in their free time, they are able to develop all these skills, and even find new hobbies and interests.

By communicating in a lingua franca, the participants not only improve their language skills in one or multiple foreign languages but are also enabled to communicate with people from other countries, thus improving their intercultural understanding. Working together in an international team will enhance the participants' ability to deal with people from different backgrounds and cultures, and with conflicts or misunderstandings that might arise from it. It will also equip them with the necessary skills to actively participate and contribute to civic life on a local as well as a European level.

Through the online posts and videos, and local workshops we expect the project to generate waves of these ideas. We expect more people to get involved with Erasmus+ and with the EU in general. We expect new partnerships and project ideas. We expect that by the spreading of these ideas we start new waves that lead to a more active, inclusive, and self-aware European Union.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

## **Project Title**

# **Outdoor Challenge**

## **Project Coordinator**

Organisation SUPPORT- Verein zur Unterstützung von Jugendaktivitäten auf nationaler

und internationaler Ebene

Address Keramikstraße 13, 4810 Gmunden, Oberösterreich, AT

## **Project Information**

Identifier 2019-3-AT02-KA105-002606

Start Date Jan 1, 2020

End Date Jul 31, 2022

EC Contribution 24,690 EUR

Partners NEOI ELLADOS SE EYROPAIKI DRASI (EL), Opportunity Onlus (IT),

Asociacion Cultural y Social Trib-Arte (ES) , Udruga za promicanje kvalitetnog obrazovanja mladih s invaliditetom "ZAMISLI" (HR) , PLANBE PLAN IT BE IT (CY) , Stowarzyszenie Inicjatyw Regionalnych (PL) ,

INTERNATIONAL CENTER FOR PEACE ANDINTEGRATION

NON-ENTREPRENEURIAL (GE), ASOCIACION JUVENIL ALMENARAS

(ES), STICHTING DIGG OUT (NL)

Topics Social dialogue; Environment and climate change; Inclusion - equity

## **Project Summary**

## Objectives

Our objective is to support a change in the European society to become a more sustainable community which realizes and takes their responsibility about our environment, nature and climate better than today, so that following generations find Europe and the world as a place worth to life. Therefor more people have to become aware about the challenges and chances which this situation offers to us all, that mankind faces a problem that affects everyone and which we can only solve together.

We want to give more youth worker the skills do use nature in their daily work to create special learning experiences for their young people to rise awareness about nature, climate and ecological systems and the benefit they give to us. Especially climate change is a very present topic these days but we became aware that in our target group of NEETS there is only poor knowledge about climate, nature etc. existing. So the outdoor activities which will be done as a follow up will rise the knowledge and the awareness for nature of these young people among Europe.

Nature also is the most tolerant place or setting, it does not care about the things which usually are dividing people like culture, income, nation, religion, sex, appearance,... So nature is also a perfect setting to work on topics like diversity, inclusion, tolerance, responsibility, empowerment, European citizenship etc. But to run safe and successful outdoor activities that can achieve this, youth worker need special skills and knowledge. With this training course we want to empower the youth worker to run outdoor activities in a professional way by sharing special skills which they will need to do so like outdoor cooking, building a shelter, using fire, first aid.... and knowledge about the law and the unwritten rules of the correct behavior in nature to avoid any problems and dangers.

#### **Activities**

There will be socializing activities to create a good working atmosphere and to get to know each other, work shops about knots and ropes, shelter building, fire, cooking, safety and first aid. we also will show and practice many outdoor methods and activity during the program and introduce the flow learning concept of Joseph Cornell and give a short overview about other concepts of outdoor education and training!

Each partner organisation will participate with two participants and one leader. Only Zamisli from Croatia will be here with a fourth person who will accompany and assist one disabled participant.

## Impact

The results and impact we expect is:

- -risen awareness about nature among the participants
- -deeper connection of the participants with our environment
- -risen awareness about the possibilities to work in and with nature, with young people
- -more competent youth worker with better outdoor skills
- -youth worker who feel empowered to run outdoor activities with their youngsters
- -follow up activities in the partner countries organised by the participants
- -shared knowledge in all partner organisations through the participants (multiplicands)
- -youth exchanges connected to this training as follow up activities

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

## **Project Title**

# Focus on Inclusion

## **Project Coordinator**

Organisation CUBIC - Cultur & Bildung im Context

Address Jahnstraße 6, 6020 Innsbruck, Tirol, AT

Website www.cubic-online.eu

## **Project Information**

Identifier 2019-2-AT02-KA105-002482

Start Date Aug 1, 2019

End Date Jul 31, 2022

EC Contribution 17,314 EUR

Partners STICHTING DIGG OUT (NL), Nuorisokeskus Villa Elba (FI),

FLA-KULTUR (FR) , Stowarzyszenie Akwedukt (PL) , VICOLOCORTO ASSOCIAZIONE (IT) , MITTETULUNDUSUHING CONTINUOUS ACTION (EE) , Hästekasen Gård Förening (SE) , Fekete Sereg Ifjúsági Egyesület (HU) , Propósito Inadiável-Associação para Costumes Futuros

(PT), High Oak Youth and Community Centre (UK)

Topics Early School Leaving / combating failure in education; Quality Assurance

; Inclusion - equity

## **Project Summary**

## Objectives

We want to consolidate the frame of our international social work in terms of setting down codes of conduct, written down in what can be the start of a manual, and we want to make our standards more explicit, thus creating a safer space for both participants and professionals.

In this training, we want to discuss between the experts involved successful ways to make learning happen, to set the scene for appreciative support and learning, and to meet the challenges of inclusion work in a creative and constructive way.

#### **Activities**

We will run one training seminar with a selected group of social workers and youth workers aleady or soon involved in Rückenwind projects. This will be a step towards a more standardised common interational youth social work.

## **Impact**

The profound sharing of experience, the deep reflection on social work practise in Rückenwind, and the reexplaining of the theoretical ground will lead to an mutual up-date on methods to work with troubled volunteers and help the participating experts to improve their daily inclusion work.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

## **Project Title**

# Social Change through Music

## **Project Coordinator**

Organisation SUPERAR VEREIN ZUR FORDERUNG DES AKTIVEN MUSIZIERENS

SINGENS UND TANZENS VON KINDERN UND JUGENDLICHEN

Address ABSBERGASSE 27/3/19, 1100 WIEN, Wien, AT

Website http://www.superar.eu

## **Project Information**

Identifier 2020-1-AT02-KA105-002698

Start Date May 1, 2020

End Date Sep 30, 2022

EC Contribution 15,390 EUR

Partners MusikSak (DK)

Topics Access for disadvantaged; Creativity and culture; New innovative

curricula/educational methods/development of training courses

## **Project Summary**

## Objectives

With this project, the organizations Superar and MusikSak want to facilitate an exchange for young people from Denmark and Austria with the help of the Erasmus + program, which focuses on a better mutual understanding through intercultural dialogue, promoted and made possible by music and the process of making music together. The aim of the project is to enable the participating young people to improve their self-confidence and self-awareness, motivate them to continue to learn independently and to broaden their horizons. The participants can see themselves as part of a not only national but also European cultural tradition and compare their own experiences with those of their peers from other parts of Europe.

#### **Activities**

The preparatory phase of the project starts in May 2020 and the participants of both organizations work two months towards the exchange taking place in July 2020. The five-day encounter will take place in Vienna in July 2020. 13 participants and 3 tutors, between the ages of 13 and 27, from Aarhus and 20 participants and 4 tutors, between the ages of 14 and 27, from Vienna will work together for five days to prepare a diverse musical program and do a final flash mob and two presentations. The participants, who have mostly been in the programs of the organizations for several years, try to create a bridge between two European countries and cultures through the common, intercultural "language" of music in order to better understand each other and to form a united European ensemble.

## **Impact**

The results we expect are an improvement in the participants' understanding of various European cultural traditions, a better understanding for the independent preparation of pieces of music and a further development of their musical skills.

We also expect the participants to become more motivated to actively participate in their organizations' programs after the exchange has ended.

At the level of the tutors we expect a better understanding and better implementation of participatory teaching methods. At the organizational level we hope for the possibility to use this successful youth exchange as a starting point for further European exchange projects with a focus on youth participation and peer-to-peer learning.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

## **Project Title**

# FurNature up and recycling

## **Project Coordinator**

Organisation Arbeitskreis Noah. Verein für Sozialpädagogik und Jugendtherapie

Address Kenyongasse 15/4 Stock, 1070 Wien, Wien, AT

Website www.noah.at

## **Project Information**

Identifier 2020-2-AT02-KA105-002802

Start Date Aug 1, 2020

End Date Jul 31, 2022

EC Contribution 25,198 EUR

Partners EVROPSKE CENTRUM MLADEZE BRECLAV EUROPEAN YOUTH

CENTRE BRECLAV Z. S. (CZ), Popotnisko zdruzenje Slovenije / Hostelling International Slovenia (SI), La Maraña de Guadalajara (ES), SFERA Srbija (RS), CHARITABLE ORGANIZATION VZAYEMOPOMICH (UA), Academy of Innovation (RU), YOUTH MIX (AM), Youth4youth -

giovani in movimento (IT)

Topics Key Competences (incl. mathematics and literacy) - basic skills;

Environment and climate change; Youth (Participation, Youth Work,

Youth Policy)

## **Project Summary**

## Objectives

We believe that with a few practical skills and knowledge about basic tools, materials, every youth worker will be able to implement their own furnishing projects in the organisations as well as to pass this knowledge through offering practical workshops to young people that they work with. They will become eco-responsible, sustainable creators who raise awareness on environmental issues through alternative solutions that bond people together. During the project activities, participants are going to equip the AKS Noah venue and Perg youth center public space with pieces of produced furniture.

The main aim of the project is to increase quality youth work by educating youth workers on how to apply Reduce, Reuse, Recycle and Sustainability principles while equipping public spaces/organisation facilities with upcycled furnishing/furniture

Objectives:

To increase knowledge of 32 youth workers about Reduce, Reuse, Recycle and Sustainability principles and their application in daily work

To increase competencies of 32 youth workers on plan, design, produce and repair furnishing/furniture To increase competencies of 32 youth workers about using various instruments\tools, materials, as well as safety rules while working with them.

To develop follow-up projects (including equipping public spaces/organisation facilities, including it in ESC activities, craftsman school, etc), by putting in practice acquired competencies during the project. The project improves the level of key competences and skills of youth workers, with particular regard to their relevance for the labour market and their contribution to a cohesive society. And foster quality improvements in youth work, in particular through enhanced cooperation between organisations in the youth field and/or other stakeholders. With both, the project contributes to the specific objectives pursued by the Erasmus+ Programme in the field of education, training and youth.

#### **Activities**

Mobility of Youth Workers "FurNature up and recycling" will gather 32 youth workers and volunteers from 9 partner countries between 12-20 October.2020 in Strengberg, Austria.

The methodology of the activities is based on Non-Formal education approaches. Participatory methods will be used, which helps to reach each person's contribution to the overall outcome. There will be emphasis on each participant's own experiences and individual skills and strengths.

Participants, we be youth workers and in some cases volunteers who are directly connected to the projects partners organisations, who are:

Lack of craftsman skills

Lack of practical experience on how to plan, design furniture

Lack of knowledge on how to work with different tools and safety measures

Lack of knowledge on what materials to use, where to get them (preferably for free)

Around 20% of them have some of the craftsman skills in various areas, they will be our supporters and share their own expertise during the sessions. All of the participants are eager to transfer gained knowledge to the youth in their organizations and countries, committed to working during the whole project.

Some of them are coming from fewer opportunity backgrounds (low economic backgrounds, isolated communities and rural areas, ethnic minorities, internally displaced people, etc.).

## **Impact**

Through theoretical and practical activities, the impact on PARTICIPANTS will be:

- increase knowledge about Reduce, Reuse, Recycle and Sustainability principles and their application in daily work.
- increase competencies on planning, design, producing and repairing furnishing/furniture
- increase competencies about using various instruments\tools, materials, as well as safety rules while working with them.
- increase their craftsmans skills so they can apply them at home, work and community
- increase their knowledge on what materials and where to get them for their projects
- modernize the way they work by adding new activities and experience

A complex of skills, knowledge, and attitudes gained during the project, will significantly improve their personal and career perspectives. They will improve their self-esteem both on a personal level due to socializing and networking with colleagues and on a professional level due to developing their own furnishing products and initiating new activities in the organisation. This will make a positive effect on their motivation and job satisfaction.

PARTICIPATING ORGANISATIONS will receive several well-trained youth workers who are:

- -ready to apply reduce, reuse, recycle and sustainability principles in daily work
- -equipped with craftsman/handyman skills
- -know how produce furniture from recycled materials for organisation facilities
- -inspired by new practical methods of learning (non-formal)
- -be able to offer practical workshops in fields related to the topic of the project
- -create a positive impact on organizational capacity

In addition, organisations, will develop and implement further actions/projects in similar areas (craftsman schools, workshops, include such activities in Solidarity projects, etc.) We truly believe that they will gather new abilities to offer innovative programs for young people and youth workers that correspond to their own, and other organization's needs and interests.

They will enrich their knowledge by examples of sustainable projects from other partners. This way, the youth workers coming from different NGO's around Europe will be able to provide better quality youth work on behalf of the organizations that involve young people, which will lead to increase of visibility and awareness of the participating organizations. As a consequence of the training course, there will also be more openness to introduce in organizations the innovations and the new approaches to work. Last but not least, the creation of partnerships with other partner organizations will enable the partners to implement or take part in similar or even larger scale projects, such as strategic partnerships.

#### OTHER TARGET GROUPS

The internal project "workflow" of AKS Noah will also take place next to the Training Course, we hope that the young clients will also try to take place in the TC. The general motivation for them should be to find some inspiration in working with handcraft and on a multinational level.

We foresee that some of the clients AKS Noah while seeing and experiencing new furniture at the venue will be interested in developing their own craftsman skills, which will bring them closer to the labour market and adult life in general.

Youth center of Perg will obtain a piece of manufactured furniture, which they will use as an example of possible work that can be done by young people who are coming there. This will stimulate them to develop similar ideas at

home or at youth center, thus improve their sense of initiative and improve their basic skills that will be handy in their lives.

Locals stakeholders, AKS Noah clients, young people and the general public of youth center will be curious why this project took place, what are it's objectives, why it's important to apply Reduce, Reuse, Recycle and Sustainability principles. Thanks to interaction with international participants, they will become more open to discovering other cultures and take part in the future international mobilities.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

## **Project Title**

# Inspiring Social Entrepreneurship

## **Project Coordinator**

Organisation InterAktion - Verein für ein interkulturelles Zusammenleben

Address Rebenburggasse 5, 8793 Trofaiach, Steiermark, AT

Website www.verein-interaktion.org

## **Project Information**

Identifier 2019-3-AT02-KA105-002602

Start Date Feb 1, 2020

End Date Jul 31, 2022

EC Contribution 17,725 EUR

Partners SDRUZHENIE RE-ACT (BG), ASOCIACION JUVENIL INTERCAMBIA

(ES) , Igdir II Milli Egitim Mudurlugu (TR) , DRUSTVO ZA RAZVIJANJE PROSTOVOLJNEGA DELA NOVO MESTO (SI) , Asociatia Active Yourope (RO) , Meraki (HR) , Hidak Ifjúsági Alapítvány (HU) , Stichting

Drawing to Health (NL), Association Humanost (MK)

**Topics** Social entrepreneurship / social innovation; Labour market issues incl.

career guidance / youth unemployment; Entrepreneurial learning -

entrepreneurship education

## **Project Summary**

## Objectives

With this training course, the participants will have a unique chance for theoretical and practical work on the topic - social entrepreneurship through non-formal and informal learning. Delivering this training course in Macedonia is with the intention of raising awareness in the society about social entrepreneurship as a way of eradicating poverty, fighting unemployment and exclusion. We believe that the experience and know-how the youth workers from Humanost and their Social Enterprise can share with us and the participants at the Project is highly valuable, and the first-hand info from the social enterprise, meeting the manager and some workers will be encouraging and empowering to all the participants.

The objectives of this project are:

Deepen understanding of youth workers about social entrepreneurship and introduce of opportunities which social entrepreneurship offers

- To discover or better understand the social and environmental problems in their countries and to get to know the situation and condition in
- other countries:
- Exchange of know-how and positive practices for the development of social entrepreneurship
- Equip youth workers with competencies that are useful for the development of social entrepreneurship
- To initiate the process of creating a social enterprise by acquiring skills and knowledge for writing ideas for projects and business plan
- To gain skills and knowledge that will help participants obtain access to the labour market;
- Widen the knowledge of youth workers about the learning process and learning design through specifically tailored games

We are intending to empower our participants with skills and knowledge during the project and motivate them to think and act in their society, in a way that they will solve a social problem and benefit from it. We are not discouraging or attacking the idea of making a profit but instead, we are encouraging creating young entrepreneurs to develop their ideas, realise them and give back to the community.

#### **Activities**

The methodology of the project is not very complex. It will mostly consist of individual work or work in groups that will be formed with participants from different countries. There will be creative and interactive methods used by the trainers: individual and group activities, work on examples in a small group, case studies, workshops, outdoor activities, energizers, games, presentations, discussion, as well as theoretical inputs in order to cover all aspects of the project themes. Furthermore, a session about Erasmus+ and Youth Pass certificates will be conducted.

Based on group numbers ideal set-up will be:

- -Large, open spaces available for movement and physical activity;
- -Several tables for small group work;
- -Wall space for large paper brainstorming;
- -Equipment (TV, video or DVD player, computer).

The sessions combine the experience and the creativity of the trainers with some of the SALTO tools, guiding the participants towards self-development and social growth.

Day 1 - Will be dedicated for arriving of the participants. At the end of the day with non-formal, the educational methodology will be explained to the participant the aim of the project and the learning objectives as well as the activities. The same day will be used for the introduction of the participants and the trainers through interactive activity and energizers. On the first day, we will discuss the rules of the training and we will try to make better group cohesion.

Day 2-Using methods like brainstorm, team-building, round tables, inter-cultural moments, role game, and simulation game, we will summarize what participants already know about social entrepreneurship. Participants will have the chance to experience a whole new level of teaching and learning through the introduction of the Macedonian educational games and tools, developed by Eco-Logic, these games, and tools will be introduced to the participants for assuring more effective learning and teaching process. NGO fair is planned for this day.

Day 3- Through storytelling and sharing good practices methods the participants will continue to work on the topic. Through working in groups formed on national and then international bases they will identify the social and environmental problems. Positive stories and examples of successful social businesses will be shared with the participants by already known social entrepreneurs from North Macedonia. During the end of the working day will be used different films and videos screening as an inspiration for the task for the next days.

Day 4 - The participant will start working on various problems identified the previous day. They will begin to write business model suggestions taking into account the knowledge and skills given during this day, albeit creative methods and games. Participants will need to present ideas and their presentation skills will be discussed by trains, so they can know how to improve in the future.

Day 5- The participants will continue to develop the ideas and step-by-step to invent the social business model for their ideas. During this day, also, the participant will start to work on a business plan for social entrepreneurship to connecting their ideas and with other tolls, why have trainers they will communicate in future while working on the ideas Intercultural evening is planned for this day.

Day 6 – On this day will be presented the opportunities that Erasmus+ is giving to young people and how in future the participant can use those opportunities for their ideas and their work. At the end of the working day will be done a final evaluation (individual and group).

Day 7 – This is the last day and is taken with the departure of the participants.

Every day evaluations or reflections of the day will be done and the proposals and suggestions from the participants will be considered, so they can actively be involved in creating the project. The reflection groups will be focused very much on the learning objectives of the training course. The reflection groups will have an essential role into the whole project, as it brings many benefits: strengthen confidence, raising awareness, clarify and deepen the learning process, solving personal conflicts, improving the quality of the activities, listening and respect for the others, creating inside follow-ups, revealing secrets, crossing barriers, etc. During the training course, there will be 4 sessions per day, each 90 min long with coffee breaks in between. If needed, some extra sessions will be organized according to the needs of the participants expressed.

#### Impact

The project intends to make a strong impact on our young participants, but also on a larger number of other

young people and the local communities involved – particularly the local community in the region. The greatest impact will be made on the young people directly involved in the project (our target group), who will benefit most from the training course and additionally from the preparatory sessions in acquiring new skills, enhancing their leadership skills, enabling them to work in teams and exercising their critical thinking and self-evaluation abilities. Our project will impact their personal development as individuals and as active social citizens.

After taking part in the training course, the participants will be able to:

- Share information about their culture, their community and the needs they are addressing;
- Discuss similarities and differences in social entrepreneurship;
- Interact throughout the project process,
- Gain knowledge, skills, attitudes that can use them on labor marker,
- Work on future projects together.

After this training course, we expect new partnerships to be made between the organizations. With this project, we plan also to achieve a long term multiplying the effect. First of all, the on-line platform will straighten the cooperation of the organizations part of this project on the topic. Secondly, during the training, the participants will suggest their future ideas for Erasmus+ program which will demonstrate a strong will of participation and engagement in a future project. With these two impacts the networking between the participants, organizations and the countries will be done or improved, and that is very important for future social business models or business approach to the social or environmental problems in the countries.

One of the impacts for sure is the ideas for social ventures that participants will suggest during the training course. This project will impact on local communities, as well as on the social entrepreneurship in future. The newly acquired skills and experience will help participants to promote

the lessons learned in their own communities and thus positively influence other young people by motivating them to be more active citizens.

Additionally, this project will increase mobility and mutual cooperation among European and (at least still) non-European youth.

All partners, by taking part in the joint project, will beside other skills, improve also their competence in the organization of similar events/activities and will allow them to create stronger partnerships for future joint projects.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

## **Project Title**

## Don't be mean behind the screen

## **Project Coordinator**

Organisation Neue Generation Osterreich

Address Jauerburggasse 2/, 8010 Graz, Steiermark, AT

## **Project Information**

Identifier 2020-3-AT02-KA105-002847

Project Web Site https://yedontbemeanbehindthescreen.wordpress.com/

Start Date Mar 1, 2021

End Date Jan 31, 2022

EC Contribution 30,135 EUR

Partners YOUTH WORKERS ALLIANCE (RS), AKADEMIYA NA USPEHA (BG),

YOUTH COUNCIL NEXT GENERATION SKOPJE (MK), The Rising Stars (IT), MEDIA TERRA NEA ASTIKI MI KERDOSKOPIKI ETAIRIA

(EL), Asociatia ACT O'CLOCK (RO), Young Folks LV (LV)

Topics Youth (Participation, Youth Work, Youth Policy); ICT - new technologies -

digital competences

## **Project Summary**

## Objectives

Internet, social media, and technology are extremely useful in everyday life regarding communication, commerce, entertainment, etc. However, like other innovations, it has its own disadvantages so it is important that young people learn how to use them properly.

One of the bad effects of social media is Cyberbullying which is a repeated verbal or psychological harassment carried out by an individual or group against others. Interactive online services (e-mail, chat rooms, instant messaging) and digital devices like cell phones, computers, and tablets have given bullies new opportunities and ways in which they can abuse their victims. Cyberbullying can occur through SMS, Text, and apps, or online in social media, forums, or gaming where people can view, participate in, or share content. Cyberbullying includes sending, posting, or sharing negative, harmful, false, or mean content about someone else. It can include sharing personal or private information about someone else causing embarrassment or humiliation.

The project "Don't be mean behind the screen" was born from the need to explore new strategies in order to analyze cyberbullying which often takes place on the internet and social networks. The strong motivation behind the Youth exchange is to address the influence and impact of social media such as Facebook, Instagram, Twitter, and YouTube on the life of young people because social media are prominent parts of life for many young people today. Cyberbullying is a very present reality in our schools and in our universities, and for this reason, we want to learn new skills in order to stop or prevent this phenomenon.

We want to develop better use of the internet and improve our experience in the use of social networks through non-formal education and focusing on the most important aspects of cyberbullying.

The main aim of youth exchange "Don't be mean behind the screen" is to increase young people's awareness of the danger and negative effects of cyberbullying and hate speech online. We want also to empower young people to be leaders in their local community and to open critical debate on the impact of social media.

Objectives of youth exchange:

- To raise awareness in the community of the existence of online risks while addressing cyberbullying and hate speech online;
- To raise awareness of participants on the influence of social media on behavior with special focus to be paid to self-esteem and self-confidence;
- To increase participant's competences to protect personal information and reputation
- To increase participant's knowledge on how to improve the use of the internet and use social media in a positive way for own benefit;
- Development of functional and critical digital literacy and internet safety skills;
- To develop participant's competencies such as communication in English, teamwork in a mix-intercultural team, problem-solving, conflict management, leadership skills of the participants in intercultural settings;
- To develop participant's ICT skills, by creating videos, articles, Handbook by using new technologies);
- To increase participant's knowledge on Erasmus + Programme and to support creating new project ideas addressing participant's needs;
- To support creating new contacts among the participants and their organizations;

The Youth Exchange will be implemented by youth workers and group leaders using non – formal educational methodology: presentations, group work, theatre-based activities, debates public speaking, peer to peer learning, learning by doing, and workshops proposed by participants. The leaders will be responsible for implementing the proposed programme. The Youth exchange "Don't be mean behind the screen" is designed in line with the European policies and it reflects the priorities of the Erasmus+ Programme.

- enhancing media literacy and sense of initiative of young people;
- reaching out to marginalized young people;
- encouraging intercultural dialogue and diversity;

#### **Activities**

The Youth Exchange will take place from 21.-27.08.2021 (excluding travel days/ 20.08.2021 – arrival day and 28.08.2021 – departure day) in Graz, Austria. It will bring together 8 youth organizations from the following countries: Austria, North Macedonia, Bulgaria, Serbia, Italy, Greece, Romania, and Latvia. A national group will gather 6 participants (of whom 1 is a group leader and 3 are participants with fewer opportunities), a total of 48 on the youth exchange.

Working Methods and Methodology: The Youth Exchange will be implemented by youth workers and group leaders using non – formal educational methodology: presentations, group work, theatre-based activities, debating public speaking, peer to peer learning, learning by doing, creating presentations, learning and discussing how to cope with problems on the Internet, learning about partner countries and culture (cultural programmes and workshops proposed by participants. Leaders will be responsible for implementing the proposed programme.

The methods and techniques used during the youth exchange will be chosen with the goal to strengthen the participants' theoretical knowledge of covered issues but also provide them an opportunity to gain practical experiences and express creativity. As we mentioned before, the group leaders will prepare and deliver the programme of the youth exchange together with their participants. Direct involvement of the participants in the process of preparation and implementation of youth exchange we consider significantly important for raising their self-confidence and developing a feeling of ownership over the project. In this way the participants will be motivated to share lessons learned with their peers, to actively take part in visibility and dissemination activities.

In overall, participants of the youth exchange will have the following background:

- young people in age 18 to 30 residence of participant's countries;
- motivated to work on the development of their personal and professional competencies in an international setting (communication, teamwork, problem-solving, conflict management, facilitation, and presentation);
- aware of the negative impact of social networks on youth development and are strongly interested to gain deeper insight into the influence of social networks on self-esteem, self-awareness;
- strongly interested to explore the topic of social media and how to deal with challenges connected with social media cyberbullying, spreading hate speech online, social media addiction, etc.
- interested to get to know social media practices from other countries and learn from their peers how to work with social media in the effective way e.g. in increasing awareness on certain issue/topic that is applying for them;
- motivated to take part in Erasmus + project, work in an international team and share their experiences in the follow-up period;
- ready to work in a mix-intercultural learning environment, to contribute to successful project implementation;

Every group will include participants with fewer opportunities facing cultural differences, geographical, social, and economic obstacles. It means young people who face unemployed, are coming from a socially and economically challenging environment, who might face discrimination and/or, stereotypes and prejudices in their communities, might live in rural areas and villages. Partners will be responsible to include 3 participants with fewer opportunities in their groups. Partners are working with young people with fewer opportunities on a daily bases. They are aware of their needs and interests and they are fully ready to support their participation and involvement in the project. Realities in participating countries are different thus groups of young people with fewer opportunities might include who:

- are long term unemployed and not able to find a stable job;
- finished their education and are in the process of looking for the first job opportunity;
- are coming from socially and economically challenging backgrounds and environments;
- are coming from rural areas lacking job opportunities and not providing young people an opportunity to develop their competencies;
- are belonging to the groups facing stereotypes, prejudices, discrimination, and social exclusion in participant's countries.

#### Profile of group leaders:

The group leader is expected to be a person with previous experiences in youth work and Erasmus + Programme who is ready to facilitate the project activities and provide support to the participants during the whole project, especially during the implementation phase abroad but also during preparation and follow up period. Their responsibility will also be to prepare the travel plan. There is no age limit set for group leaders.

### **Impact**

Because of "Don't be mean behind the screen" the participants will gain/increase competencies in following key areas: cyberbullying, online hate speech (roots, forms, and consequences), fighting stereotypes and prejudices, the positive and negative impact of social media, Erasmus + Programme and mobility possibilities for young people. The participants will develop key life learning competencies described in Youth Pass. Besides developing key learning competencies such as multilingual competence, personal, social, and learning to learn competence, cultural awareness, and expression and citizenship competence, the participants will gain new knowledge and develop their skills in line with set project objectives. They will explore the topic of cyberbullying, they will learn how to use effectively social media, how to deal with negative aspects of social media, and how to be safe. They will explore how other young people see social media and discuss the similarities/differences. They will learn how to use social media actively to look for new opportunities (job, internships, online learning). They will become more self-confident and self-aware. They will increase their knowledge of the Erasmus + Programme and motivated to work on the development of new project ideas. They will get inspired to share new lessons learned with their peers.

The impact of the youth exchange will not be limited just to the participants, but also bring new competencies to local youngsters because we will try to involve the local community as much as possible. We will invite them to take part in the session on Erasmus + Programme and they will also be interviewed during the work on video messages. Thus, several activities of the youth exchange will be directly open for young people coming from the local community. Among others, it will be sessions focus on the Erasmus + Programme, working on video messages and evening activities. We are convinced that this interaction between the participants and young people coming from the local community will have a strong impact on both groups. For youngsters coming from the local community, it will especially an opportunity to get to know more about non-formal learning and Erasmus + Programme and no hate speech movement. For the participants of the youth exchange, it will be an opportunity to strengthen their understanding of the life of young people in other countries and a chance for intercultural learning.

Furthermore, building the capacities of the partners - this youth exchange will be an opportunity for the organizations to raise their knowledge in covered areas, develop new contacts, and strengthen the partnerships for future projects. Partner organizations will raise their capacities to fight cyberbullying and hate speech in their communities and apply it in the practices realizing new initiatives leading to creating a socially inclusive society in their communities.

On a local level, participants of YE will transfer the lesson learned to their peers from their community through

on-going activity organized by partners. Also, every organization will organize one interactive presentation on Erasmus + Programme with the aim to transfer lessons learned and to increase knowledge on cyberbullying, hate speech, social media and one workshop addressing one of the issues covered by the YE e.g. critical thinking, safety on social media, effective use of social media. We will support the partners in organizing these events. We expect that both events will include at least 30 young people.

We see new partnerships and new projects. We will keep on-going contact with partners and together work on new projects within Erasmus + Programme because we are sure that build a working partnership is a long term process and good partner's relationships are the basics of every project. We will try to find groups that can become multipliers (local youngsters, represents of media, and represents the cultural and social life) of this project to spread the objectives and goals of YE.

#### Results of the YE will be:

- A web page that will be used for the publishing of works of participants as well as it becomes a platform for communication and future cooperation.
- Posters and flyers printed and spread in the place of the Youth Exchange;
- Photos and articles sharing project stories will be created by the participants and share through social networks like YouTube, Facebook, and Instagram.
- Minimum 3 video messages on hate speech will be created and published at the end of the YE on YouTube and social media. The participants and partners will take an active role in sharing these video messages that will also include information about the Erasmus + Programme.
- •Lessons learned from the youth exchange will be gathered in HANDBOOK OF GOOD PRACTICES that will be published on the web page, SALTO YOUTH website, EU dissemination platform, several Facebook groups related to Erasmus + Programme.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

### **Project Title**

# Youth Work On Citizenship

# **Project Coordinator**

Organisation GEMMA - Germeshausen und Mak

Address Jakob-Sereinigg-Siedlung 17, 9500 Villach, Kärnten, AT

Website www.gemma.cc

# **Project Information**

Identifier 2020-3-AT02-KA105-002866

Start Date Mar 1, 2021

End Date Feb 28, 2023

EC Contribution 21,399 EUR

Partners Paragraf International (FR), Get Involved (BG), KOINONIKI

SYNETAIRISTIKI EPICHEIRISI SILLOGIKIS KAI KOINONIKIS
OFELEIAS INFINITY GREECE (EL), MITTETULUNDUSUHING
NOORED UHISKONNA HEAKS (EE), Doinita Dance Studio (RO),
Institut za poticanje mladih (HR), DRUŠTVO AKADEMIJA ZA RAZVOJ
MLADIH - ARM (SI), ASOCIACION GRUPO DESARROLLO RURAL

VALLE DEL GUADALHORCE (ES), Strauss APS (IT)

Topics EU Citizenship, EU awareness and Democracy; International

cooperation, international relations, development cooperation; Youth

(Participation, Youth Work, Youth Policy)

## **Project Summary**

### Objectives

Main objectives of this training course are:

• pointing out the connection between citizenship, responsibility for one's immediate environment and society and active participation.

- experiencing, discussing and sharing historical and recent understandings of citizenship and its implications for participation,
- approaching different levels of citizenship (local national international/European) in practice by simulations, cases and methods development,
- reflecting on the notion of European identity and its underlying values (democracy, tolerance, plurality, human rights),
- raising the quality of projects dealing with youth participation and citizenship.

More precisely, we have set ourselves a threefold needs:

- 1. Connecting the local, national and European dimensions of citizenship. We depart from a shared observation: local participation occurs largely in isolated realms. Active youngsters often find it hard to connect their respective activities and commitment to the larger context within which they take place. In this manner, the national and the European context of active citizenship often tend to be left out in projects that strive for the improvement of local communities. Thus, the aim of the training connecting participation on the local level with an understanding of national and European citizenship is highly relevant.
- 2. Adding value to non-formal civic education. During our programme we will be 'trying out' methods in civic education. Although the programme is aimed at active youth workers/trainers, we will be going through a 'regular' programme. The difference between a 'regular' training course and our approach, however, lies in discussion of the aims of the unit, the execution of the method and an evaluation of its potentials and pitfalls. Thus, during the training we will assemble, try out and evaluate a number of methods. We will open up the stage for our participants to introduce methods they have successfully implemented themselves and to discuss new ideas. In this manner, we will aim to be open for suggestions during the programme and depart from the concrete needs of people involved in youth work.
- 3. Developing Skills. During the course we will be open for the creative contributions of our participants. In particular, we will examine relevant methods and ideas for their benefit of suitably approaching citizenship, and the arising notions of responsibility and participation. At the same time, however, we will be aiming at a dissemination of established and reliable methods in civic education.

#### **Activities**

The Training Course will be held in Velden am Wörthersee from 2nd - 10th August 2021. It will involve programme countries beneficiaries and 29 youth workers/leaders from 10 countries, involving 10 direct beneficiary organisations. An experienced international team will plan and conduct this training course. The whole course, however, is set up as a situation of mutual learning starting off from our participants' experience in youth work. Emphasis will be placed on developing this experience. Active participation, group and team work and learning-by-doing form the methodological foundations of the course. We aim for a vivid group of youth workers/trainers that work in different youth fields. All of them should be able to implement the attributes of social integration through participatory methods to their work after taking part at the training course. Our participants don't have to be political or cultural promoters, but they should have interests into this issue and be active in their local community. In our partner call we stated as well the condition that our participants have to have the

commitment to carry out activities and measures having the active participation attributes. Final analyses of the needs of our participants will be done after receiving the pre-questionnaires from our participants where they will reflect their experiences, expectations, needs and as well the needs of their organization and their local community.

### **Impact**

Our planned project will influence on the participants by motivating and inspiring them to make actions to support young people in integrating them in the political dimension in their local society. We want to give our participants a chance to participate in a professional training contain necessary knowledge as well as opportunity to deeper discussion on the topic of political dimension while we are able to use non-violent communication tools and techniques. We believe that well selected team of participants that have a chance to gain unique learning experience will be after this training able to create greater youth activities and campaigns in their local society. By these activities (meaning local campaigns, workshops, presentations, mentoring plans) – created by participants of our project – the influence will be focused on multiplication – through this we will be able to get to wide group of young people.

Out of the 29 participants, we are expecting a minimum of 16 local activities organized (two thirds of the group), where the skills and competences learned through the course can be applied and reach a wider audience. We will collect the information about these events on the social platforms, and include it in the final report. We will also ask the partner organizations if they experienced any noticeable change in the quality of the events, the participants turnout and their general level of motivation and engagement, before and after the course. All partner organizations are also asked through our internal agreement to disseminate the results of the project through sharing the information in their web page/Facebook, local media or making story sharing events, where those who were on the project can share their experience with possible future participants.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

### **Project Title**

# Change places, change lives

# **Project Coordinator**

Organisation GEMMA - Germeshausen und Mak

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Website www.gemma.cc

# **Project Information**

Identifier 2020-2-AT02-KA105-002715

Start Date Sep 1, 2020

End Date Aug 31, 2022

EC Contribution 20,442 EUR

Partners EVROPSKE CENTRUM MLADEZE BRECLAV EUROPEAN YOUTH

CENTRE BRECLAV Z. S. (CZ), Udruga Stremi / Association Strive (HR),

Active Cypriot Programs and European Learning Into Acceptance,

ACPELIA (CY), System and Generation International Association (BE),

MITTETULUNDUSUHING NOORED UHISKONNA HEAKS (EE) ,

ASOCIACION GRUPO DESARROLLO RURAL VALLE DEL

GUADALHORCE (ES), IASIS (EL), Inštitut pravnih znanosti, raziskave in razvoj na področju prava, Maribor (SI), Socialinis efektas, asociacija (LT)

, ORIEL APS (IT) , REPERE ASSOCIATION (RO)

Topics Migrants' issues; Youth (Participation, Youth Work, Youth Policy); EU

Citizenship, EU awareness and Democracy

# **Project Summary**

### Objectives

Change Places, Change Lives (CPCL) is designed to confront the challenges and opportunities related to migration in Europe. By using different non-formal methods, causes and effects of migration will be analyzed. All aspects will be supported by the latest findings and developments around migration, pointing to various faces and facts of migration: the main roads, the highways of migration, both in geographical terms and concepts, causes and effects of brain drain, labor migration, study and experience, migration driven by poverty and infringement of fundamental and social rights. Through a structured program of activities, this TC aims to develop methods and resources to work closely with international migration and its causes to local community. CPCL is aimed for youth workers, youth leaders and those involved working with migrants in their daily work.

To fulfill the main aim, several objectives were set:

- -development of a more tolerant, inclusive and egalitarian society;
- -support the reflection among participants on the different dimensions of migration and mobility;
- -exchange of good practice in the field of youth related to international migration, mobility and its influence on young people in the EU and in the partner countries and the opportunities arising;
- -training of youth workers to better address problems and opportunities arising from migration;
- -transfer and development of knowledge of European mobility programs in youth work;
- -promotion of European cooperation between NGOs that are in contact with migration and youth mobility;
- -the development of new initiatives in the field of youth and mobility within Erasmus +, to give migrants and local youth the same opportunities.

During the last days of CPCL, participants will create a method that would help themselves and other youth workers cover the topic of migration with youngsters. Through this they will challenge their knowledge, previous experiences and their teamwork to create something that the whole world could use. Their main aim is to create an interactive method that would help youngsters (about 12-18 years old) learn more about migration. The method shouldn't take more time than 2 hours max. The whole concept is their own creation. Trainers help, support and mentor if necessary. After the creation process they also have the opportunity to try the method out with local youngsters. Through this activity we will focus and develop participants teamwork, self-expression, support the reflection of different dimensions of migration and give them a sense of initiative.

#### **Activities**

All the objectives will be achieved through the training course CHANGE PLACES CHANGE LIVES that will happen from 11.12.2020 until 19.12.2020 (7 working days) in and on the site of Youth & Family Hostel Cap Wörth, Velden, Austria

28 youth workers from 12 Countries take part in CPCL: Austria (Host), Cyprus, Czech Republic, Estonia, Lithuania, Hungary, Italy, Belgium, Croatia, Greece, Romania and Slovenia 2 participants from each country.

#### **Impact**

CPCL will have an impact on multiple target groups including participants, partner promoter organizations, young people in partner countries as well as the local community and young people.

Our planned project will influence the participants by motivating and inspiring them to make actions to support young people in integrating them in the different migration phonomena in their local society. We want to give our participants a chance to participate in a professional training contain necessary knowledge as well as opportunity to deeper discussion on the topic of the impact of migration in Europe and young people while we are able to use non-formal education tools and techniques. We believe that well selected team of participants that have a chance to gain unique learning experience will be after this training able to create greater youth activities and workshops in their local society.

The impact on the participants will be measured by the following activities made by them and also the number of people involved. According to our expectations we would develop at least 24 follow up activities where each of them would involve around 15 to 25 participants on average, which leads to a minimum number of 600 young people receiving a direct impact of the

training besides the participants themselves. As some of the actions will be spread through social media, we expect even larger impact than the suggested number.

Learning outcomes are based on needs of participants and related to objectives that this training is planning to develop:

- 1) Develop conception of participative society and create connections between local and international environments youth workers will understand the different meanings and ways of migration(s) and how its connectied with intercultural learning, which will help them to help youngsters to understand what is happening around them, why and how they can take part of international activities etc;
- 2) Try-out via simulations, discuss via debates, share in different forms of discussions and reflect through personal and group reflection methods about experiences and study cases in order to understand integration and intercultural aspects youth workers will share and analyze intercultural learning experiences, which will help them to understand the ways of managing own's learning process, how to lead youngsters' learning processes;
- 3) To enhance the skills of participants to design and facilitate workshops for promoting diversity by developing sessions containing multicultural values that can later on be transferred to local realities

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

### **Project Title**

# **Humour is Serious Business**

# **Project Coordinator**

Organisation Europahaus Klagenfurt

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Website www.europahaus-klagenfurt.at

# **Project Information**

Identifier 2020-2-AT02-KA105-002745

Start Date Sep 1, 2020

End Date Aug 31, 2022

EC Contribution 22,389 EUR

Partners Smokinya Foundation (BG), Tipperary Regional Youth Service (IE),

ASOCIACION GRUPO DESARROLLO RURAL VALLE DEL

GUADALHORCE (ES), EVROPSKE CENTRUM MLADEZE BRECLAV EUROPEAN YOUTH CENTRE BRECLAV Z. S. (CZ), Asociatia Minte Forte (RO), ARTILT-D (LV), Município de Vila Nova de Gaia (PT), MITTETULUNDUSUHING NOORED UHISKONNA HEAKS (EE), Europahaus Marienberg (DE), The Inside Out Programme (UK),

ASSOCIAZIONE INTERCULTURALE NUR (IT)

Topics Youth (Participation, Youth Work, Youth Policy); Health and wellbeing;

Creativity and culture

# **Project Summary**

### Objectives

Humour is Serious Business' is a very successful 6-day training programme that has been delivered in the UK twice (April 2012 & October 2013), Estonia (in March 2014) and Austria (November 2018). It is the direct result of an on-going commitment to examine the use of humour in youth work and/or work with children and young people. The main activity will be the fifth training course, held in Austria at the Cap Wörth in Velden am Wörthersee from 22nd to 29th of March 2021, with 12 countries as partners (Austria, Bulgaria, Czech Republic, Estonia, Germany, Ireland, Italy, Latvia, Portugal, Romania, Spain and UK) making a total of 31participants, including facilitators.

'Humour is Serious Business' works on the 'H-Factor Model, i.e., 'Heart, Head and Hand' model of practice. The Heart refers to developing the caring side of a participants nature, the Head refers to being able to better understand and analyse the use of humour whilst the Hand focuses on the application of skills. The programme sets out to achieve the following objectives:

The eight objectives of 'Humour is Serious Business' are below and in brackets are references to the three topics, (a) Creativity and Culture, (b) Health and well being and (c) Youth (Participation, Youth Work, Youth Policy), each objective addresses (further below)

- (1) upskilling youth work practitioners in the use of humour as an effective tool for engaging young people and youth work communities (a, b)
- (2) enhancing knowledge of the various types of humour so as to increase understanding of how, where, when and why it can be applied (b)
- (3) increasing awareness of how humour can be used as a pro-active and deliberate methodology in youth work and not just as a natural consequence of and response to specific situations (b, c)
- (4) consider cultural differences in humour and understand better how these can be used to support and inform youth work practice (a, c)
- (5) providing space and time for practitioners to reflect upon the use of their own sense of humour and consider where it can be altered to support their practice (b)
- (6) challenge participants to step out of their 'comfort zone' in order to appreciate their own commitment to learning (b)
- (7) developing local humour-based programmes to test methodologies and techniques with a view to informing humour-based practice (a, c)
- (8) the development of a number of joint-actions between partner organisations (c)

Ultimately Youth Workers will have a better understanding of humour and thus can successfully negotiate relationships with young people in their work setting. Participants leave much better informed, possess many more tools and techniques than when they arrived, perceive themselves differently with a much greater sense of self-awareness, grow in confidence and capacity to deliver 'on the ground' (due to the testing and challenging nature of activities), have much clearer ideas about follow-up activities they can use and have developed new sets of relationships with a variety of practitioners across a number of European countries.

They also draw new conclusions, identify new aspirations and set themselves some new goals as a result of how they perceive their life and their work setting and this has a positive impact on those they engage with thus

helping to inspire those around them. They move from a perspective of viewing humour as merely a human reaction to something more significant, where it's more than just tools and techniques they can use but it's a state of mind they can apply in their everyday setting and that it can be shared with those around them.

Finally, they will also become part of a 'Humour' collective that already consists of 60 members that shares materials, resources, thoughts and ideas (on-line) to support practice and will follow up their training by organising a presentation (for their colleagues) and 'Practice Workshop' for their 'client group' within 6 weeks of their return from the training.

The three topics being addressed by 'HISB' are:

- (a) Creativity and Culture we do this by looking at the different ways humour differs from culture to culture and also by introducing pax to new activities and ways of doing old activities we help them to be more creative (New Knowledge)
- (b) Health and well being the health benefits of humour are clear and thus makes a major contribution to health and well being (Enhanced Attitude)
- (c) Youth (Participation, Youth Work, Youth Policy) through non-formal methods we aim to demonstrate to participants how humour can enhance youth work practice and in doing show increase young people's participation levels in youth work and/or civic society and in increasing knowledge of the relevance of humour create a dialogue that engages those who can influence or have responsibility for youth work policy so as to help achieve greater recognition on the 'youth work agenda' (Increased Skills).

#### **Activities**

The type of the activity is a training course which will consist of 7 working days and 2 travel days in Austria/ Drobollach am Faakersee. This training course is based partly on non-formal education and partly on the principle of apprenticeship and hands-on. Nowadays it is vital for youth and youth based civil society organisations to grasp how social media works, not only because it is a free promotional tool for one's activities and projects, but also because it is today the most powerful existing tool for activating communities behind a cause. Partners were involved on the selection of the team of trainers, programme building and the agreement of selection of participants, its management and follow up possibilities. The course itself will present to participants the basics of communication, public communication, influence, persuasion and rhetoric and how this applies to social media and communicating one's messages and values to the wider public. Will look into the sociology and psychology of masscommunication, as well as analysing the most recent existing movements which widely used social media and how it proved to be essential for its success. Taking a look at the Pro-Democracy movement of Hong Kong, Tahrir Square in Egypt, Euromaidan in Ukraine (Also analysing how opponents to these movements in turn learned to use social media). Lately to have an overview of the "migrant crisis" in Europe and how it was perceived through social media campaign, using information and counter information to influence national policies and people all around Europe. Most important of all this course includes a very strong elements of practice and hands-on where everything that was learned during the sessions can be put into practice, developing a social media strategy and implementing it under the support and coaching of two international trainers. This is why we are looking for youth workers, young activists, and members of youth organisations who may be having difficulties putting their work and values on the agenda of the wider public and would like to learn more. An experienced international team of 2 senior trainer and a support facilitator plan and conduct this training course.

In total 31 people will be involved in the training course. 26 participants and five trainers/facilitators. The target group for 'Humour is Serious Business' is young people (18+), young leaders, youth workers or practitioners with a remit for children and/or young people, e.g., teachers, tutors, social workers, health professionals, musicians, etc. More specifically participants will be brought together because they are:

(i) a youth worker 'by trade' (and by that we mean they possess a professional qualification in youth work from a recognised academic institution or training educational establishment) and/or they work with young people in a paid or voluntary capacity;

- (ii) a youth worker who works with young people out of an interest or 'love' of working with young people and they wish to use this training as a mechanism for further or more in-depth engagement with young people;
- (iii) practitioner who has have an 'expertise' or 'proficient skill-set' in the area of humour and are in a position to use this experience to engage with young people in their community and by that we mean they are already working with a group or groups of young people whom they can engage with post-programme.
- (iv) young leader over the age of 18 who has been identified by a partner organisation as someone who would benefit from their participation in terms of their leadership and future professional development and whose potential has already singled them out as future leaders in their communities
- (v) young person over the age of 18 who is deemed by a partner organisation to have the potential to make their participation in the programme a success, with or without the support of the Facilitation Team and whose role is specific or key to the successful engagement of other young people or peers on their return to their locale.
- (vi) young person over the age of 18 who has been identified as having 'potential', in youth work or otherwise, and where as a result of participation in the programme would help to nurture and cultivate that potential through their becoming more confident and enhancing their self-esteem.

### Impact

"Humour is Serious Business' works on the 'Heart, Head and Hand' model of practice. The Heart refers to developing the caring side of participants nature (Personal Development = People, Attitude, Personality), the Head refers to being better able to understand and analyse the use of humour, e.g., critical thinking (Examination of Culture, = Knowledge, Reflection, Context) whilst the Hand focuses on practice (Skills = Techniques, Expression, Situations)

In helping to contextualise where our own learning outcomes sit we have referenced the 'Competence Model for Youth Workers to Work Internationally' (part of European Training Strategy) and in brackets (below) have referenced where both sets of competence connect. We have done this to demonstrate our awareness of the need to ensure maximum learning for participants and that there is a wider context with which learning is framed.

During the course of the programme participants will specifically:

- increase their knowledge of various humour-related tools and techniques required to engage young people and in doing so enhance their understanding of where and when these are applicable. This covers areas such as the use of ice-breakers, energisers, clowning exercises, movement, 'improv' and the use of props alongside non-verbal communication, tone, facial expression, body language, etc (1: Facilitating individual and group learning in an enriching environment)
- increase their knowledge of the many different types of humour (we work from a list of more than 30) and analyse what makes these funny (or not as the case may be), how they are constructed, the differences in meaning context, literal and otherwise, the variances in understanding as determined by culture and how these

relate to participants on an individual basis, i.e., their preferences and why (6: Displaying intercultural competence)

- learn how to use humour in their work (or other) settings by taking into consideration a number of factors including target group, context, environment, the type of humour to be used, how to apply the humour including confidence, tone, communication, message and delivery (1: Facilitating individual and group learning in an enriching environment)
- understand much better how culture impacts upon humour, cultural differences in the types of humour that exist and also cultural differences across countries, regions and nationalities and how these influence perception and judgement this helps to contribute to cultural competence in that participants are much more aware of how to behave around others from different backgrounds (6: Displaying intercultural competence)
- better understand their own humour, how they use it, it's strengths and weaknesses, where it is applicable and when it is appropriate by participating in a number of activities that tests their assumptions, beliefs and perception (8: developing evaluative practices to assess and implement appropriate change)
- develop greater self-awareness including sensitivity, care and foresight and being better able to manage decision-making and exercising self-control (5: communicating meaningfully with others)
- increase their confidence of and capacity for and develop their resourcefulness in humour by participating in a wide range of activities where they have to take on various roles including acting out different scenarios (impromptu or otherwise often against time constraints), clowning and characterisation as well as developing and contributing to the development of ideas in response to given tasks (3: organising and managing resources)
- consider their learning style with regard to humour by working alongside others in various activities and where they are 'located' with regard the 'Heart, Head, and Hand' model which underpins delivery of the programme (4: Collaborating successfully in teams)
- develop a stronger 'grasp' of how they can use humour in their work setting and/or through follow-up activities with other programme participants by introducing ideas to the Action Planning phase of the training programme (2: Designing Programmes & 7: Networking and Advocating)

Learning outcomes for this programme should not only be looked at in the broader context of competence development but more closely in terms of how humour contributes to the wholesale development of the individual.

Just as art forms such as singing, dancing and acting and among others is recognised for the contribution they make to an individual's development, so to the role and impact that humour makes should not to be underestimated. Humour has had a long and colourful history and has been subject to much research and scientific study that not only extols the value, virtue, relevance and importance of humour but so too the many social, emotional, physical and cognitive benefits.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

### **Project Title**

# Bridging Borders - intercultural youth exchange

# **Project Coordinator**

Organisation Lernwerkstatt im Wasserschloss

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AT

Website www.lernwerkstatt.at

# **Project Information**

Identifier 2020-3-AT02-KA105-002891

Start Date Mar 1, 2021

End Date Aug 31, 2023

EC Contribution 20,580 EUR

Partners Montessori Bjerred ek. för. (SE), Elementary School Key (CZ)

Topics EU Citizenship, EU awareness and Democracy; Civic engagement /

responsible citizenship; Inclusion - equity

# **Project Summary**

### Objectives

#### aims:

- exchange and reflect about racism, discrimination and exclusion and about actions to avoid, prevent, handle it

- development of own opinion about the topics
- development of own expression with the help of artistic forms like theatre, singing, making music, etc.
- intercultural learning and exchange, finding common ground and connection with and to youth of other countries (bridging borders)
- social action in the village to built bridges: get to know Austria and Austrian locals; Austrians get to know youth from other countries
- promote self-determination: to realize own ideas, the ideas of a group
- learn and experiment projectmanagement tools: dreaming, planning, doing, celebrating or vision, planning, organisation, reflecion
- learning of moderation and hosting-methods
- self-awareness and personal development: find out about own potentials, dreams and wishes, look for challenges, to summon up courage and strength to do first steps out of the compfort zone, reflecion of behavioural patterns and dogmas, take on and reflect on personal place in the group
- strenghten social competences: reflect on and understand inner and group processes, learn about conflict solving possibilities

### **Activities**

We plan a youth exchange week of 6 days in a youth house in nature. Altogether 30 youths and 6 trainers from 3 european countries will be involved and work and discuss with various methods about the topic of racism. Also we will play different games to get to know each other and have a fun time together.

### **Impact**

participants:

- learn to approach other persons more openly through having gotten to knwo new persons from different countries and cultural backgrounds, through having reflected on their own perceptions aceptance of differences

understanding of differing cultures

exhange about different perspectives of environmental protection, climate change, and sustainability hear and accept differing opinions

know more about Europe and Austria

experience group dynamics and processes and learn how to support everybody in their wellbeing and how to adress conflicts

partner initiatives get to know and network and connect with organisations in the EU with similiar aims and values, get to know youth work in other countries

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

# Civil society - youth work: the added value

# **Project Coordinator**

Organisation JUGENDZENTRUM PERG

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Website http://juzperg.jimdo.com

# **Project Information**

Identifier 2020-2-AT02-KA105-002761

Start Date Oct 1, 2020

End Date Mar 31, 2023

EC Contribution 50,352 EUR

Partners BAIT BYOUT (PS), NEOLEA GIA ANTALAGI KAI KATANOISI (CY),

Organisation Française de la Coopération Internationale (FR), Association Solidarite Echange et Developpement (TN), UNITED SOCIETIES OF BALKANS (EL), AHI EVRAN ULUS GENCLIGI (TR), Asociación Deportiva y Cultural Entrejuegos (ES), MOSTCAMP (RU), INTERNATIONAL YOUTH COMMITTEE (BG), PERTEJ BARRIERAVE (AL), Caribbean Education and Culture Foundation (NL), Erasmus Force One (IT), ASOCIATIA PENTRU PROMOVAREA EGALITATII INTRE TINERI - ADAPTO (RO), Educatio (UA), Udruga za promicanje pozitivne

afirmacije mladih u društvu "Impress" Daruvar (HR), YOUTH

ASSOCIATION DRONI (GE), GYUMRI YOUTH INITIATIVE CENTRE

NGO (AM)

Topics Youth (Participation, Youth Work, Youth Policy); Social dialogue; Civic

engagement / responsible citizenship

## **Project Summary**

### Objectives

Today, the most relevant field for the development and activities of modern socially active youth is the non-governmental sector. It is civil society that can provide young people with a wide range of opportunities: from participating in local events and helping to solve social problems of a particular region to international project activities and the possibility of obtaining international non-formal education.

We believe that involving young people in the activities and development of the non-governmental sector will help in solving the key socio-economic problems that are relevant for the global community. For example, by organizing informal training events we can contribute to the fight against high unemployment, develop the skills and competencies of young people, and talk about new perspectives in the field of growth, employment, equality and social integration that the world community offers. Another interesting aspect of working with youth for us is the interaction with young people from dysfunctional families, because it is especially important to form their active citizenship, to engage in the democratic life of society, to give them the opportunity to study the international youth community and feel their direct involvement in it.

Thus, we want to implement a study visit project with training elements in Russia, during which European colleagues will be able to visit this country, talk about the organization of civil society work and the culture of other countries, share experiences and best practices, and tell our youth about the rights and the opportunities that young people in other countries have.

The main goal of the project to increase the level of key competencies of youth in the field of civil society and to promote their active participation in the democratic life of Europe.

To achieve this goal, we set ourselves the following tasks:

- to study the organizations of work of European civil society and what role youth plays;
- to carry out an international exchange of experience and best practices;
- to increase the level of awareness of youth about the rights and opportunities that youth of other countries possess;
- to establish strong cultural, diplomatic and friendly relations between the participants;
- to develop among young people an intercultural understanding and sense of belonging to the world youth community.

The implementation of this project will allow us to contribute to solving the key socio-economic problems facing modern youth: professional employment, democratic freedom and rights, the quality of non-formal education, as well as improve the quality of youth work, expand cooperation between youth organizations, and contribute to ensuring justice, prosperity and social integration in Europe and beyond.

#### **Activities**

We plan to implement a study visit/ with training course elements, during which participants will be able to not only learn practices that have already been implemented by colleagues from other states, but also share their personal experiences and take a direct part in the development of new effective cases. A number of intensive educational blocks and workshops will become not only a field for increasing professional competencies, but also a platform for cross-cultural dialogue of socially active youth from around the world. To put that into practice we will visit NGO's dealing with civil engagement and youth,

The total number of participants whom we plan to attract are youth workers to participate in the project. This project is open to all young people eligible for the program without discrimination (sex, origin, religion, culture ...). Experience in this field is not required. Knowledge of English language or specific skills (theater, video, sports, fine arts ...) facilitating communication and development of actions with young people would be good additional but are not exclusive criteria. We attach importance to the trust established between our organizations. Sending and Hosting organizations working in the field of nonformal education for young people would be great partners because we also wish to develop other actions such as youth exchanges or seminars for youth workers on issues like non-formal education. We will design and coordinate a local outreach through youth centers, youth information centers, and schools to attract potentially interested candidates

To participate in the project, we invite youth leaders from twelve different countries. The involvement of precisely leaders is due to the fact that after completing an educational course, they should return to their organizations and work actively with young people in their regions. It is the participants in the training course who will continue to organize non-formal education events in their countries, help representatives of civil society to develop, solve socio-economic problems and create an active citizenship for young people. We also invite youth with fewer opportunities.

### **Impact**

Speaking about the results and positive impact of our project on a democratic youth community in Europe and beyond, we expect participants to exchange good practices between civil society representatives, thereby strengthening the potential of socially oriented non-governmental organizations, increase their professional competence and develop key skills. An important aspect is also the establishment of strong friendly, cultural and diplomatic relations between the project participants, as this will become the basis for the creation and development of new international platforms for public activities. Raising youth awareness of the rights and opportunities that young people of other countries have will effectively contribute to the formation of an active citizenship, intercultural understanding and a sense of belonging to the world youth community. Having mastered professional competencies and received advice from experts, participants will be able to better understand the processes affecting young people on a daily basis, to understand their specifics, issues and effective ways of solving difficult situations.

It is also important to strengthen the cultural, diplomatic and friendly relations that we plan to achieve during the project, because they will help us to create a wide platform for international activities that will increase the reach of the youth involved and will create intercultural understanding and feelings of belonging to the world youth community among young people. The exchange of good practices between countries will allow us to study in detail the work patterns of the world civil society and real tools of interaction, so that later they can be adapted to the realities of our own states and applied in life, thereby contributing to the development of the socio-economic sector and solving the problems faced by this moment before the world community. The project will allow countries with less developed civil society to receive expert advice from more experienced colleagues and thereby take a big step towards solving the problems that modern society faces today.

All of the factors described above will help us contribute to the development of a global democratic society, the fight against unemployment, improving the quality of non-formal education for young people and the development of international youth mobility.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

### **Project Title**

# Society Goes Forward

# **Project Coordinator**

Organisation BVÖ Bildungsberatung & Vermittlungsagentur GmbH

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Website http://www.abiedermann.at

# **Project Information**

Identifier 2020-3-AT02-KA105-002861

Start Date Apr 1, 2021

End Date Dec 31, 2022

EC Contribution 0 EUR

Partners ESKISEHIR SOSYAL INOVASYON VE GELISIM DERNEGI (TR),

Stowarzyszenie Youth Human Impact (PL), BITISI (GE), SOPRO - Solidariedade e Promoção ONGD (PT), FEDERATION OF YOUTH CLUBS OF ARMENIA YOUTH NON-GOVERNMENTAL ORGANISATION

(AM), Birzu technologiju ir verslo mokymo centras (LT)

Topics Social dialogue; Social entrepreneurship / social innovation

# **Project Summary**

### Objectives

#### Description

"Society Goes Forward" is a youth exchange that aims to develop the competences of young people in social entrepreneurship and empower their potential to identify problems in their communities, tackle challenges and contribute to the development of society. Based on partner organizations research, their local target groups have motivation to be social entrepreneurs/ change-makers but they face issues when taking initiatives - they have fear of failure, lack of knowledge in social entrepreneurship and poor entrepreneurial competences. "Society Goes Forward" is a 9-day-youth-exchange coming after an Advance Planning Visit and aiming to accomplish the following objectives:

#### Objectives:

- To raise the awareness and the sense of social entrepreneurship among young people;
- To strengthen young people's sense of initiative in the social field in order to support their communities;
- To equip participants with necessary skills, knowledge and attitudes needed for putting their initiatives into practice;
- To raise participants' level of confidence and motivate them to kick-start social enterprises;
- To let participants overcome fear of failure and improve their positive attitude towards the labor market;

#### Sub-objectives:

- To foster transnational exchange of ideas and transmission of competencies and to see the added value of diversity;
- To promote tolerance, sense of equality and solidarity; to respect intercultural, non-discriminative dialogue and foster social integration.

The project is developed by 6 organizations coming from 6 different countries: Austria, Georgia, Armenia, Turkey, Poland and Portugal and hosted in Klagenfurt in the country of BVÖ GmbH Partner organizations share their expertise in social entrepreneurship with their target groups and bring them to Klagenfurt. International mobility is a challenging activity that asks participants to go outside the comfort zone and improve competencies together with like-minded people. Participants raise knowledge, improve skills and get experience by putting their ideas into practice. They get empowered to be change-makers for their communities and get supported by their sending organizations to develop personal ideas and make an impact as social entrepreneurs.

"Society Goes Forward" is based on non-formal education methodology including gamification and game-based learning elements. Participants learn and experience discussions, debates, teamwork, brainstorming. They are united with common needs and objectives that increase their team spirit. An international environment encourages the diversity of ideas and it guides the inclusive social dialogue and promotes solidarity. Participants get the opportunity to get to know each other's cultures, traditions, values. Each day of the youth exchange they organize cultural evenings, exchange their traditional food, share dances. In this way, they discover new cultures and raise a sense of respect and tolerance towards each other.

### **Activities**

Advance planning visit

This activity involves 6 group leaders and 6 people with fewer opportunities and lasts 2 days in Klagenfurt. The APV is the first face-to-face meeting that aims to develop the quality of the upcoming mobility in 4 main ways: timetable, action plan, local project and needs of people with fewer opportunities. Group leaders test the schedule of the youth exchange. Sessions are to be reviewed and adjusted to the needs of people with fewer opportunities; practical and logistic matters to be checked; additional matters to be arranged. During the APV, it is considered to visit the local community with whom participants will make joint activities during the next mobility.

#### Youth Exchange

The main activity where 36 participants including 18 people with fewer opportunities and 6 group leaders are gathered. 9 days are planned to address group dynamics in the following ways. The first days help participants get to know each other, build teams and socialize. Then group leaders provide sessions that help participants understand the concepts of social entrepreneurship. Non-formal methods of learning are applied and entrepreneurial competencies developed. Participants learn business model Canvas, SMART and SWOT analysis, understand how a project cycle works and acquire basic skills in management and leadership. Their theoretical knowledge will be put into practice during activities initiated for the local community of Klagenfurt. Participants get a chance to visit a local social enterprise and get valuable information and advice. To keep development sustainable participants continue working on dissemination plans and initiate personal project ideas. It helps international cooperation to be established and new projects under Erasmus + to be developed. The last day closes the youth exchange, delivers the Youthpass certificates, evaluates the mobility and prepares participants for departures.

#### Profile of Participants

- Participants each organization brings 6 participants that include a group leader and 3 people with fewer opportunities. Participants represent target groups of partner organizations. They are active citizens, volunteers; express interest in social entrepreneurship and have their visions for the development of their communities. They are unemployed youth; at the age of 17-25; speak at least an intermediate level of English. They see opportunities in their communities that later can be converted as social enterprises; They have great motivation, but poor entrepreneurial skills; they lack knowledge in social entrepreneurship, business models, project management. They like to get empowered and convert their ideas into deliverables for society.
- Participants with fewer opportunities people with cultural/ social and economic obstacles are invited to be participants of the youth exchange. The main challenge here is to foster their inclusion. In this case, an APV provides deep analysis of their needs; pre-departure training provides reinforced mentorship; youth exchange uses non-formal education and game-based learning and these groups have a welcoming environment where they can feel free to be treated equally as others. They realize the needs of their local communities and consider themselves as change-makers. That is why they are invited to have themselves improved and their initiatives executed.
- Group Leaders Representatives of partner organizations and/ or their target groups. They meet all the criteria of being a participant, however, they are supposed to have previous experience in Erasmus + activities, more experience in social entrepreneurship and they have no upper age limit.

### **Impact**

#### **Impact**

"Society Goes Forward" expects to make an impact on participants, partner organizations and communities. Participants fulfill their competencies and improve themselves as social entrepreneurs. They explore the topic; learn business models, management and leadership of projects; put their ideas into practice. Partner organizations improve their expertise and improve the quality of their work. The project influences local communities where participants execute their dissemination plans and especially on the youth in Klagenfurt who

get direct contact with all project participants. The activities are supposed to be published in media/ on TV that makes it available on regional and national levels. During the mobility, participants share the values of respect, equality, and tolerance, non-discrimination that are the EU values to be spread. Open spaces and partnership building activities structure new collaborations and foster international follow-ups.

#### Visibility

Inclusion opportunities are provided for young people, volunteers, people with fewer opportunities and it is a real chance for them to develop themselves and their communities. Erasmus plus is promoted on local and international levels. Partner organizations use their social media channels, offline activities to share the results. The aims and objectives of the project are transparent and available to all stakeholders. Printing materials are not going to be spread as the project is supposed to be Eco-friendly. Participants will be provided with T-shirts only to promote the visibility of the project in an offline way.

#### Dissemination

Participants and partner organizations are all engaged in the process of exploitation of results. Activities to be organized vary from online to offline and there are opportunities for personal initiatives. Each organization creates public events for different target groups: local youth and regional organizations. Partners establish cooperation with local newspapers and TVs where participants get enabled to have press-conferences, articles. In terms of social media, there will be website reports and a youtube video created. Each participant writes a personal article (story) about their participation. Digital guides and toolkits are planned to be posted on the Salto Youth Portal and the pages of partner organizations.

#### Evaluation

Each phase of the project has an evaluation program based on the Gantt chart and Trello boards reports. During the preparation, partner organizations evaluate profiles of participants while interviewing them. The success of pre-departure training is assessed by quizzes and online evaluation forms. The Advance Planning Visit considers the overall evaluation of its results on the second day and partners evaluate the quality of their cooperation with qualitative research. The implementation phase carries out reflection groups, evaluation of the local project, final evaluation, and evaluation through 8 competencies of the Youthpass certificate. Dissemination activities are going to be evaluated by numbers of people reached, numbers of activities organized and feedback received from attendees. Overall, all results are considered to be shared with stakeholders via social media pages and the final report provided to the National Agency.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

### **Project Title**

# Culture of Respect

# **Project Coordinator**

Organisation Sport- und Kultur Verein "NEUER START"

Address Burggasse 81/7, 1070 Wien, Wien, AT

Website www.neuerstart.at

# **Project Information**

Identifier 2020-3-AT02-KA105-002871

Start Date Mar 1, 2021

End Date Oct 31, 2022

EC Contribution 20,220 EUR

Partners Mirovna grupa mladih Dunav (HR), Creative Youth (AM), Én Kint

Egyesület a Békéért és Fejlődésért (HU), Patras Youth Club (EL), Youth

Center of Georgia (GE)

Topics Intercultural/intergenerational education and (lifelong)learning; Youth

(Participation, Youth Work, Youth Policy); EU Citizenship, EU awareness

and Democracy

## **Project Summary**

### Objectives

Youth Exchanges - Partner Countries

Countries: Austria, Greece, Armenia, Hungary, Georgia, and Croatia.

Dates: 10.09.2021 - 19.09.2021.

The main aim of the project "Culture of Respect" is to promote equality and non-discrimination among young people. No one is born with prejudice but rather has the potential to develop it over time. It is crucial to foster the values of equality and non-discrimination. Among youth, it must be done from an early age through formal and non-formal education. The project intends to bring and spread different methods of non-formal learning for non-discrimination work with young people in order to strengthen their daily work, raise awareness of rights, empower them to recognize and stand up against discrimination and address the relevant institutions to seek legal or other appropriate solutions. At the end of the project, participants will prepare one booklet, posters, and a video for promoting non-discrimination and tolerance.

Learning objectives are:

- Learn how to communicate with others using non-violent communication;
- exchange knowledge and examples of good practices in an international group of young people;
- Improve knowledge about other cultures and religions and countries;
- Promote youth intercultural dialogue and universally shared values;
- Raise solidarity and tolerance through intercultural dialogue;
- Overcome stereotypes and intolerance;
- Organize short workshops about discrimination and intolerance for the local youths;
- Build an international network of youth (Facebook group or page on another social network);
- Develop and improve communication skills in English.

### **Activities**

The project will be implemented in duration of ten days (8 day for activities and 2 days for arrival and departure) and all activities will be held in 4 sessions per day, with coffee breaks in the intervals.

The venue of the project: Kobuleti Georgia. The hotel "excess" https://www.facebook.com/hotelinkobuleti/ The dates: 10.09.2021 – 19.09.2021.

The number of participants: 36 participants from 6 countries. 5 participants age 18-30 and one team leader without age limit.

The project participants are with different backgrounds, and experience and they

- Want to learn about discrimination and intolerance and want to share the acquired knowledge and Skills;
- Are able to take part in the whole project;
- Have motivation to run a workshop or youth exchange in their local community, based on the knowledge acquired in this project;
- Are able to work and live in intercultural and international environment.

Each session will be followed by presentations, Simulation games, role-play games and workshops leaded by experienced team leaders from each participating country. In all activities and sessions non-formal learning methods will be used, work in groups as well as collective work.

Discrimination is a very sensitive topic and unfortunately, different types of discrimination, every day, affected a

large number of people all around world.

For this aspect, project activities and project results have equal impact at all levels: local, regional, national and international. In the last few years, all European countries, due to the migrant crisis and the unprecedented migration flows, face a crisis of intercultural tolerance and awareness, so spreading and empowering non-discrimination and intercultural values through different activities is very important and necessary for the whole European society and particularly for young people.

### **Impact**

After the project the youth will be able to bring benefits to their local communities and places where they live. After our youth exchange, young participants with developed skills and new methods can bring about a positive impact on how to work and live with people with different cultural background and without discriminatory rules and policies. We strongly believe and expect that participants will have benefits related to enhancing their story-telling skills, experimenting new ways of generating ideas, having the freedom to express their creativity in front of other young people. The common activities in future, oriented to harmonization of society in multicultural environments. The project will affect the participants in such a way that it will develop in them the ability of analytical thinking and intercultural sensitivity.

Skills and experience gained during this youth exchange will help the young participants to get motivated and take a part in similar projects under the Erasmus+ programme.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

### **Project Title**

# Let's dance together

# **Project Coordinator**

Organisation InterAktion - Verein für ein interkulturelles Zusammenleben

Address Rebenburggasse 5, 8793 Trofaiach, Steiermark, AT

Website www.verein-interaktion.org

# **Project Information**

Identifier 2020-1-AT02-KA105-002674

Start Date May 1, 2020

End Date Jan 31, 2023

EC Contribution 31,910 EUR

Partners NGO "Step. Forward" (UA), Asociación D.G.T. (ES), Udruga za

osnaživanje i sigurnost mladih (HR) , FUTURE IN OUR HANDS NGO (AM) , Mediterranean Forum For Social Development (MA) , Association

Humanost (MK)

Topics Inclusion - equity; Creativity and culture; EU Citizenship, EU awareness

and Democracy

## **Project Summary**

### Objectives

Since the mid-2010s right wing populism is on the rise world-wide. A clear growth in xenophobia and violation of human rights, especially in reaction to immigrants and asylum seekers is visible all over Europe. To stand against this trend we have been organizing youth exchanges as a tool for peacebuilding and raising awareness for human rights. By bringing together different cultures and nations and facilitating the process of getting to know the unknown in a safe environment, we are encouraging young people to become active and responsible citizens, take part in shaping a more equal and sustainable world and to develop a sense of appreciation of cultural diversity, affirmation of social justice and human rights. Cultural exchanges are an important part of the global peacebuilding process as they provide an opportunity to explore other cultures, traditions, beliefs, societies, religion, languages and enhance mutual understanding, they clear up misconceptions of other cultures and thus foster the appreciation of mutual identities and appreciation of diversity. Understanding and appreciating diversity is a step towards unity, which is a basis for tolerance and acceptance. Cultural exchanges also empower young people to become ambassadors of their own countries as they represent it to the world.

Dance can contribute to peacebuilding as it is creating opportunities for nonverbal, embodied learning as well as exploring identity, and relationships. In this youth exchange, we are using dance as a tool for getting to know the unknown, as a universal language of communication and a tool for inclusion and social change. The aim of this youth exchange is to unite participants through dance, to make them re-think diversity and recognize the elements that unite us. Together with young people from Austria, Amenia, Croatia, Morocco, Spain and Ukraine, we are promoting human rights, social interaction and intercultural dialogue through dance and advocate social changes. We are using dance as a way of communicating, creating a dialogue with the local community, expressing ideas and emotions, breaking language barriers and stereotypes, respond to challenges in the society and also enjoying life.

With this project we are focusing on achieving the following objectives using non-formal education methods and dance as a tool:

- 1) Contribute to cultural exchange, social inclusion and solidarity, teamwork and cooperation through dance workshops including the local community.
- 2) Inspire and empower participants to become active citizens with an enhanced intercultural understanding and upholding the principles of human rights.
- 3) Support the development of participants' creativity using communication through dance as a method.

#### **Activities**

To reach the objectives of the project we are planning an advanced planning visit and a youth exchange. In our activities we will involve 36 participants from Austria, Amenia, Croatia, Morocco, Spain and Ukraine aged between 18 and 25 and selected regardless of their ethnic group, religion, gender and sexual orientation, political opinion as well as social and cultural background.

#### **Impact**

We expect personal growth of the participants in regard to social skills and competencies resulting in empowered young people, who will be even more motivated as active and responsible citizens when taking part in shaping a more equal and sustainable world and:

- are more able to cooperate with people from other backgrounds and cultures;
- are more interested in human rights;
- are more interested in exploring the connections between arts and human rights;
- are more open-minded and curious about new challenges;
- are more tolerant of other persons' values and behaviour;
- are more aware of social and political concepts like democracy, justice, equality, citizenship, civil rights;
- are more willing to take action to change the things that do not work in their surroundings;
- understand that people can dance, and learn to dance better, at all ages;
- understand that dance offers amazing benefits for human wellbeing physical and emotional, extending to reducing serious stress and psychological pressures;
- understand that dancing, especially as part of a group, is highly motivational. It brings people together to share experiences it builds friendships and bonds;
- will be able to use dance as a tool for social change.

We hope to inspire our local community to get more open towards immigrants, to get involved in our activities, more willing to learn about other cultures and being more inclusive and open. A community which understands why is creating more opportunities for young people, especially those in difficult situations important.

We believe that mutual understanding and thus intercultural exchanges and international friendships are foundations for peace. Bringing together different cultures and participants from distant parts of not only Europe, but even Africa and the refugees from Syria and Afghanistan, we aim to help them to get to know the "unknown", giving them the opportunity to get to identify new friends from countries they did not know much about before as well as discover shared values. By achieving this we are building new networks and friendships and on a mini scale contributing to a more peaceful world.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

### **Project Title**

# **Outdoors for Inclusion**

# **Project Coordinator**

Organisation Arbeitskreis Noah. Verein für Sozialpädagogik und Jugendtherapie

Address Kenyongasse 15/4 Stock, 1070 Wien, Wien, AT

Website www.noah.at

# **Project Information**

Identifier 2019-3-AT02-KA105-002574

Start Date Jan 1, 2020

End Date Jun 30, 2022

EC Contribution 22,113.24 EUR

Partners Young Generation (GE), DONUM ANIMUS (LV), CHARITABLE

ORGANIZATION VZAYEMOPOMICH (UA), Giresun University

Mountaineering, Search and Rescue Student Society (TR) , Armenian Youth League (AM) , Fundacja "Zielony Słoń" (PL) , YOUTH EDUCATION

CENTRE FIALTA PUBLIC ASSOCIATION (BY)

Topics Youth (Participation, Youth Work, Youth Policy); New innovative

curricula/educational methods/development of training courses; Inclusion

- equity

# **Project Summary**

### Objectives

In recent years, there has been a shift in the lifestyles of various age groups, including children, especially in their late childhood. Unlike children a few decades ago, children today are leading increasingly sedentary lifestyles that involve time spent on computers and watching TV. This lifestyle leads them to neglect the physical activity that has been typical to this developmental period. In times when children are less active, the significance of studies on the positive impact of sport on physical health, mental health, and cognitive functioning, is critical. Limited physical activity, or often a complete lack thereof, leads to various health problems, including posture problems (such as idiopathic scoliosis), somatic conditions, being overweight and obese, problems with circulation, and even premature death.

Outdoor games and activities are important for the physical and cognitive development of children and teenagers. Being active in nature or in a semi-natural environment, implementing tasks promote active learning with direct personal experience. Being given a challenge, which an outdoor adventure can provide, young people learn to overcome their challenges and fears, and are given opportunities to develop their independence, which will help to build their confidence.

Unfortunately, the potential for outdoor activities and games as a tool for inclusion and integration is not fully used. Youngsters facing cultural differences, social obstacles or educational difficulties will increase their opportunities for inclusion or integration, if outdoor games or activities are constructed or adjusted in a way to support this goal, or comprise of elements supporting it.

We consider that youth workers, who are competent in implementing outdoor activities supporting intercultural learning and cooperation, are experienced in effective managing of groups including youngsters with fewer opportunities, have an important role in promoting integration and inclusion of youngsters with fewer opportunities.

"Outdoors for inclusion" is a multi-stage project that aims to educate and support youth workers, trainers and educators on how to use outdoors as a tool for inclusion in their youth work. The objectives of the project are: To improve the competencies of using the outdoors as a tool for inclusion in youth work

To improve competencies on empathizing and defining the needs of target groups

To improve competencies on developing, prototyping and testing outdoor activities supporting the inclusion in local communities

To improve competencies on involving youth in developing Erasmus+ projects supporting inclusion through outdoor activities

To develop and disseminate a toolbox of outdoor games and activities supporting the inclusion
The project improves the level of key competencies and skills of young people and also promotes social
inclusion, with this the project contributes to the first objective of the specific objectives pursued by the Erasmus+
Programme in the field of youth.

#### **Activities**

The project comprises of three stages:

The first activity - Training Course (A1) will take place between 20-28 April 2020 in Strengberg (Austria).

It will gather 27 youth workers, trainers and educators from Armenia, Austria, Belarus, Georgia, Latvia, Poland, Turkey, and Ukraine. The Training Course will equip youth workers, trainers and educators in competences to efficiently develop outdoor games and activities supporting inclusion, based on needs of their target groups.

The second stage will take place in partner promoters local communities between May to June 2020. The participants will use the methodologies they developed during the training course to implement outdoor activities supporting inclusion in their communities.

The next activity - Seminar (A2) will take place between 22-29 June 2020 in Poltava (Ukraine). It will gather 27 youth workers, trainers, educators and young people (one per country) from Armenia, Austria, Belarus, Georgia, Latvia, Poland, Turkey, and Ukraine. The Seminar aims to be space for sharing their experience about the implemented outdoor activities, together develop international projects supporting inclusion based on needs of young people and contribute to developing and dissemination of the toolbox of outdoor games and activities supporting the inclusion.

We aim to have at least 30% of participants with fewer opportunities. Our partners working with people of low economic backgrounds, ethnic minorities, health issues and geographically isolated communities.

### **Impact**

The three-stage project involves youth workers, trainers, educators and young people as participants. A complex of skills, knowledge, and attitudes gained during the project, will significantly improve their personal and career perspectives.

Naturally, their self-confidence will raise, both on a personal level due to socializing and on a professional level due to learning/working or doing a presentation.

We believe that the improved quality of youth work delivered would be the main impact of the activity on the participants' daily work with young people. This would be achieved as a complex of the following:

- -use of new working methods discovered during the project activities (energizers and icebreaking, teambuilding games, outdoor games and activities, reflection, evaluation and feedback, Design Thinking concept, etc)
- -better respond to the needs of target groups based on practical experience
- -raised awareness and attention towards youngsters with fewer opportunities
- -confidence in the design and implementation of outdoor games/activities, workshops/seminars
- -a more comprehensive approach towards activities based on the methodology
- -more creative ways to organising activities and their work in general
- -community support from peers
- -improved sense of initiative

As for participating organisations the following impact are expected;

- -raising the outdoor game and activities creating/implementing competencies of the participating organizations
- -expanding the variety of outdoor activities served by the participating organizations
- -increase the involvement of young people in their activities
- -involvement in the international network of organizations focusing on inclusion topics
- -a better and closer connection between the target groups (youngsters, etc.) and the staff of the participating organizations
- -experience in creating organizing outdoor games and activities supporting inclusion
- -experience in working with youngsters with fewer opportunities
- -experience in participating in international projects and implementing their special roles within the project

- -increase the impact of their activities on the local and international level
- -raised capacity in applying for International Erasmus+ projects
- -more professional environment inside the organisation
- -improved quality of youth work delivered

In long-lasting perspectives, the project will also bring an impact on European/international level. The established cooperation between the partners, mutual trust, and common aims will bring new ideas and motivation to transfer them from idea to project. As a result of years of cooperation and joint activities promoting activities supporting inclusion will be promoted internationally in the ways of exchange of best practice, consulting and cooperation, thus the promotion of European values. As a long-lasting effect, the project will contribute to resolution Resolution of the Council of the European for the European Union Youth Strategy 2019-2027, in particular, its core area: Connect, in particular, by

- -Enable access for all young people, as well as for youth workers, to cross-border mobility opportunities, including volunteering in the civil society sector, by eliminating obstacles and implementing support measures with special attention to young people with fewer opportunities
- -Actively engage young people and youth organisations in the design, implementation and evaluation of relevant EU funding programmes

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

### **Project Title**

# Support Employment on Post-COVID Europe

# **Project Coordinator**

Organisation Europahaus Klagenfurt

Address Reitschulgasse 4, 9020 Klagenfurt am Wörthersee, Kärnten, AT

Website www.europahaus-klagenfurt.at

# **Project Information**

Identifier 2020-3-AT02-KA105-002867

Start Date Mar 1, 2021

End Date Feb 28, 2023

EC Contribution 21,682 EUR

Partners BIGBOSS PROJECT (FR), Asociación Juvenil "Jarrón Club" (ES),

ZNANSTVENO-RAZISKOVALNO ZDRUZENJE ZA UMETNOST, KULTURNE IN IZOBRAZEVALNE PROGRAME IN TEHNOLOGIJO EPEKA, SOCIALNO PODJETJE (SI), Be Visible Be YOU (EL), Institut za

poticanje mladih (HR), MITTETULUNDUSUHING NOORED

UHISKONNA HEAKS (EE), Get Involved (BG), Mano Europa (LT),

ORIEL APS (IT)

**Topics** Entrepreneurial learning - entrepreneurship education; International

cooperation, international relations, development cooperation; Labour

market issues incl. career guidance / youth unemployment

## **Project Summary**

### Objectives

The aim of this training course is to create a safe environment where youth workers, educators and those working with young people will explore methods and tools in order to foster entrepreneurship skills for NEETs who have finished their education and are willing to become self-employed but they have a lack of training in entrepreneurship skills, raising awareness about European programs that can enhance those skills to run their own company.

Participants will have the opportunity to exchange ideas about practice and create new working methods that will be applicable for working with the groups of young people within the cultural context of their own countries. Getting involved in youth organizations and youth projects helps to significantly develop five of the most important skills, widely sought for and demanded by the employers. These are: communication, team work, decision-making, organisational skills and self-confidence. Hence, the proposed project offers methods, tools and practices (based on the principles of non-formal and informal education) that can be implemented and used as inspiration by people dealing with youth and helping their employability skills to develop. The proposed project explores personal development (covering activities such as improve awareness and identity, facilitate employability, enhance the quality of life and contribute to the realization of dreams and aspirations.) and entrepreneurship in today's society as a tool tailored for youth workers, youth leaders, volunteers and multipliers who want to support their young people.

The objectives that have been set for this training course are:

- -to increase participants personal development and entrepreneurship skills
- -to instill within participants a sense of entrepreneurship
- -to strengthen their communication, team work, decision-making, and organisational skills as well as self-confidence
- -to provide the opportunity for the exchange of ideas
- -to raise awareness about the big support from EU to entrepreneurs.

### **Activities**

This project will bring together 29 participants from 10 countries who have their own culture, lifestyle and tradition, to interact together for 7 day training course (excluding travel days) on entrepreneurship and personal development.

The participants in this training course will be a mixture of youth workers, educators and youth willing to become entrepreneurs, who wish to deepen their understanding and how the EU is supporting new entrepreneurs and how to use the tools to turn ideas into action. The needs and interests of the participants will be explored prior their arrival (with the participants application forms) as well as during the actual training course (during the Daily Reflection Group & Learning Diary session). In this way we wish to try and enable the comprehensive learner-cantered approach. During the main activity participants will learn the current situation of NEET in all partner countries and how to support them in order to become entrepreneurs with EU support. Aditionally participants will have the chance to present their business ideas to locals for future networking in a multicultural environment.

Participants profile will accomplish:

- -The participants age will vary from 18 to 35 years of age with a gender balance group.
- -They are active members of their organizations
- -They are willing to start a new buisines or social enterprise

- Motivation to take part in a mutual learning process in a highly intercultural setting;
- Good level of English to follow the course and to contribute to it;
- Wish and ability to participate fully in the event.

A follow up online workshops will be delivered to support and guide participatns who wish to apply their idea with Erasmus for Young Entrepreneurs

### **Impact**

Participants of the training will be ale to use non-formal methods to learn entrepreneurial competences that will enable them to support future enrepreneurs who are currently NEET youngster. Although they have finished their education a lot of young people find very hard to find a job with the curreent situation. They have willingness to start a business and they don't know the suppoort that EU is offering to provide them with knowledge, skills and attitudes to develop a sense of entrepreneurship in a propoer way. These competencies will allow young people to develop themselves, build trust, engage in activities and invest in their development. There will be a direct impact in the community who will be part of the project inviting local and decision makers to see the ideas that youth workers would like to start. Promoting EU values and solidarity.

27 (without counting the trainers) youth workers will be supported to run their business iideas and we expect 75% of them to continue working on it after the project with the support of Erasmus for young Entrepreneurs program. Every organization will have a deeper understanding on networking methods to support youngster and fighth against unemployment in this hard period. Every partner will ensure to provide a strong visibility of EU support in every country during the whole project phases.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

## Skill UP!

## **Project Coordinator**

Organisation MOVE to Be You

Address Alfons Petzold Gasse 15/, 2345 Brunn am Gebirge, Niederösterreich,

AT

Website http://movetobeyou.org/

## **Project Information**

Identifier 2019-3-AT02-KA105-002516

Start Date Feb 5, 2020

End Date Jan 4, 2022

EC Contribution 25,560 EUR

Partners Be Visible Be YOU (EL), Tiara (PL), Pinky Promise (DE),

AYUNTAMIENTO DE ALZIRA (ES), Brno Connected z.s. (CZ), VEGA

OMLADINSKI CENTAR (RS), YOUTH INNOVATION LTD (UK),

ASOCIATIA ZIG ZAG PRIN ROMANIA (RO), Smokinya Foundation (BG)

**Topics** Youth (Participation, Youth Work, Youth Policy); Key Competences (incl.

mathematics and literacy) - basic skills; New innovative

curricula/educational methods/development of training courses

## **Project Summary**

#### Objectives

With the project "Skill UP!" we want to achieve higher quality of non-formal learning programs in our network. Youth workers, volunteers and founders of youth organisations expressed a clear need of innovative methods and a need for personal and professional development of youth workers

The project idea is based on the conclusions of deep interviews we made with 55 youth workers in the network. We expect that after the project they re-new their methods and re-design their activities with disadvantaged target groups, that will enable them to sustain themselves with activities they find meaningful. We want to encourage lifelong learning and continuous renewal of methods between youth workers. Our project objectives therefore are:

- To provide practical tools and methods for quality planning, implementation and evaluation of international projects that make a positive impact
- To gather professionals of the youth field from different social and cultural background in order to design more non-formal learning programmes focusing on the 8 key competences
- To provide participants with practical, concrete tools and techniques what they can apply in their organisations and most importantly in their work with disadvantaged youth
- To support participants in realizing their project ideas
- To promote innovation in youth work through entrepreneurial and network thinking
- To develop personal skills and mindset such as creativity, flexibility, ability to take risks and self-promotion

#### **Activities**

The project line is built up from 3 main phases: preparation, implementation and follow-up/evaluation.

The main activity of the project as the implementation is a 10 days long training course which is held in Austria, 8-17 April 2020. In the project we include all together 31 youth workers, out of which 2 trainers, 2 facilitators and 27 participants.

Participants of the project are youth workers, volunteers of youth organisations, coaches, trainers, mentors, who work with young people with fewer opportunities. Youth workers involved in this project have already min 2-3 years of experience in the youth field and they are eager to learn methods and tools in order to sustain themselves with the activities what is meaningful for them. Most of the youth workers are skilled and experienced, but they lack self-confidence and self-awareness to create job opportunities for

#### **Impact**

themselves.

The participants learn and develop their skills in supporting youth in their development through designing and delivering non-formal education activities with focus on the 8 key competences, as well as in working one-to-one with other people. They will develop their capacity in working in diverse teams, giving feedback and finding ways of cooperation, This will have positive impact on their personal and professional growth, as well as on their surroundings, communities and organisations that will be reached through dissemination activities and implementation of learnt knowledge.

- Youth workers raise the quality of their learning programmes due to the project. They get trained and educated to lead sessions, interactive games and to use non-formal element.

- Participants of the training gain more self-confidence and self-awareness, and this general wellbeing has a positive impact on their daily work in their organisations and with their target groups. They more likely stay in the youth field and create more successful quality projects in the future.
- Youth workers promote Erasmusplus and its opportunities between young people with fewer opportunities, so more of them will participate in European non-formal programs in the future. By doing that they educate themselves, they improve important life skills, that creates more opportunities for them in the labour market.
- Youth workers of our training curse become leading examples for their target groups
- Young people living in geographically isolated places discover non-formal learning methods, they understand better their learning and working styles which enables them to continue their learning lifelong. They will improve their communication skills in English and they enter international education with more confidence in the future.

The participants apply their knowledge in their organisations and communities, organise workshops and present the methods learned and their project ideas to their colleagues and plan how to integrate them into their work. The involved organisations become more interconnected as a result of a network created in the project, they will get a chance to cooperate on future projects together and to support each other in the work they are doing.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

# Crisis Management in Volunteering Work

## **Project Coordinator**

Organisation GRENZENLOS - INTERKULTURELLER AUSTAUSCH

Address LATSCHKAGASSE 1/4, 1090 WIEN, Wien, AT

Website www.grenzenlos.or.at

## **Project Information**

Identifier 2019-3-AT02-KA105-002586

Start Date Jan 5, 2020

End Date Jan 4, 2022

EC Contribution 6,409.7 EUR

Partners LVIV CITY NONGOVERNMENTAL ORGANISATION UNION FORUM

(UA), League of Youth Voluntary Service (BY), ZAVOD ZA

IZOBRAŽEVANJE IN INKLUZIJO ODTIZ (SI), INTERNATIONALE BEGEGNUNG IN GEMEINSCHAFTSDIENSTEN (DE), ASSOCIATION DES COMPAGNONS BATISSEURS (BE), Pi Youth Association (TR), ALLIANSSIN KEHITTAMISPALVELUT OY (FI), EGYESEK IFJUSAGI

EGYESULET (HU) , Gantalcalá La Rioja (ES)

Topics Quality Improvement Institutions and/or methods (incl. school

development); Inclusion - equity; Health and wellbeing

## **Project Summary**

#### Objectives

The main aims and objectives of the seminar "Crisis Management in Volunteering Work" are:

On a personal level:

+ To encourage the development of self-awareness. What and where are my limits?

On an Organisational Level:

- + To promote discuss how different organisations prepare their staff and volunteers in crisis management.
- + To share the best practices and to learn from the worst practices on how to deal with crisis innervations.
- + To give participants and youth organisations involved in international voluntary projects tools to manage different crisis.
- + To encourage and support organisations to be ready to host and send volunteers with psychological difficulties and like this make volunteering more inclusive.
- + To focus on prevention measures that ensure young people are equipped with the knowledge and the skills required for better mental wellbeing.
- + To create a booklet on how to prepare, support and do follow-up in crisis management during volunteering work

Grenzenlos has an inclusion focus within all our projects. Therefore, this training is accessible for participants with a physical disability. Through reducing the participation fee for participants with disabilities we could increase the number of participants with disabilities in the past years.

The project is coordinated by Grenzenlos within the frame for Erasmus+ funded volunteering projects in Vienna.

#### **Activities**

Crisis Management in Volunteering Work

Venue: Vienna, Austria

Duration: 5 days 11.-15.05.2020 (excl. arrival and departure-day)

Partners involved: Zavod ODTIZ Slovenia, Alianssin Finland, IBG Germany, LYSV Belarus, Egysek Hungary, LYVIV Union Forum Ukraine, CBB Belgium, Pi Youth Association Turkey, and Gantalcalá Spain. Participants: 24 youth workers from partner organisations working with the support of sending and hosting volunteers

To achieve the objectives, we propose to focus our attention on the creation of protocols through a non-formal education process, via creativity and innovation.

During the seminar course the main focus is set on the participating youth workers as learners. The learning process is set up in a non-formal setting and is planned, structured and will be evaluated after each exercise,

daily, at the end of the course and by the trainer's team after the whole activity was implemented. An ongoing monitoring is provided by the presence of an experienced trainer team during the duration of the training course. All activities and methods are designed for the needs and environment of youth organisations who wish to strengthen their role in their existing voluntary and mobility projects and in their working environment.

Day 1 Getting to know: general introduction, welcome and getting to know activities

Terminology & Definitions:1st step into the topic of crisis and crisis management, in order to have a common understanding of the term and content of the coming days, including examples from diff. countries Day 2 Organisations as Crisis Management: Presentation of organizations in the training, Speed dating with guiding questions, some inspiration will be given by collecting participants best and lessons learnt of Crisis Management and on how to prepare not only the volunteers.

Day 3 Crisis Management in a Nutshell (Pre, during and follow-up)!

Presentation on the sending/supporting organizations but also the hosting organizations. What to do during the crisis intervention and what do after it. As well on the importance of the personal level in the crisis intervention. Day 4 Coaching and Methods!

We will work on different methods from the personal level to the group dynamics and communication. Elements that will support the organisations in realizing if they are prepared or in which areas, we need more preparation. We will have a free afternoon and a dinner in the city. The free afternoon allows the participants to have a moment of informal sharing and networking while discovering Vienna

Day 5 Dissemination, Summary and Follow-up

Dissemination: The participants will have the opportunity to create a booklet on how to prepare, support and do follow-up in crisis management during volunteering work implemented.

During the afternoon we will evaluate, plan follow-up steps and officially close the seminar.

In general, we use non-formal learning methods and try to touch all learning types through different methods. We will use a lot of interactive methods such as role plays, working with comics, working in little groups, study visit to local initiatives, using collages etc to make the training outcome more effective. Each morning and afternoon session include energizers to make people move and laugh and keep the energy level high.

We also keep an eye that all activities are inclusive for the included wheel chair user and that written activities take place on tables and not on the floor etc.

The first 2 days are reserved for the getting to know phase to get to know to each other as well as their context (organisational and cultural) they are coming from in order to create a fruitful learning space.

We plan to work in a trainer team to support participants and keep an eye on the active participation. The last 30 minutes of each working day are reserved for reflection groups. We split the group in 4-5 little groups which will remain every day the same in order to summarize the day, to have feedback from the participants and to allow also more silent participants, or those who do not feel comfortable talking in front of a big group the chance to talk. The program will be adjusted if needed.

A detailed timetable is attached.

#### Impact

With the seminar "Crisis Management in Volunteering Work" we expect:

On a personal level:

+ To encourage the development of self-awareness. What and where are my limits?

Through the different methods and discussions, the participants in the seminar will have a clear understanding of their own skills, strengths and limits. One of the most important aspects to be discussed focuses on the personal level, and from there, it goes into a more group dimension.

On an Organisational Level

+ To promote discuss how different organisations prepare their staff and volunteers in crisis management.

This will appear during the whole training, but specifically on day 5, when we go into the detail of the different processes of the organisations in relation to crisis management.

+ To share the best practices and lessons learnt on how to deal with crisis innervations.

This will be achieved during the second day after the working together on the different best practices and the worst practices as examples on how to and not to work during crisis management.

+ To give participants and youth organisations involved in international voluntary projects tools to manage different crisis.

During the whole seminar different tools on how to prepare, execute and follow up crisis interventions will be discussed and practiced in order to from one side, gain confidence on how to deal with the upcoming issues and at the same time se acknowledge which tools are more appropriate for the different crisis.

+ To encourage and support organisations to be ready to host and send volunteers with psychological difficulties and like this make volunteering more inclusive.

One of the key elements about this seminar is to encourage organisations to start or to continue the hosting and sending of participant with psychological difficulties. After seeing different methods and talking about experiences, we expect the organisations to not only gain knowledge but also to create protocols that will help us during the support of the volunteers and co-workers.

+ To focus on prevention measures that ensure young people are equipped with the knowledge and the skills required for better mental wellbeing.

The idea of the seminar is to discus and to propose methods on preparing organisations and volunteers so that each of them understand their role and ranges during crisis management. The organisations will bring back this information to help preparing future volunteers and co-workers on these issues.

+ To create a booklet on how to prepare, support and do follow-up in crisis management during volunteering work

At the end, we aim to create a booklet which will support organisations' staff on the preparation of volunteers, where we expect to be able to discover possible crisis; on the support of the staff in case of crisis; and on the support of staff during the follow ups. As well, a booklet that will aim to bring methods to prepare volunteers to afront those crises.

The booklet will be shared in PDF format among participating and interested organisations as a creative common.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

# Be your country?! Deconstructing culture in (international) youth work and non-formal education

## **Project Coordinator**

Organisation Service Civil International Österreich

Address Schottengasse 3a/1/4/59, 1010 Wien, Wien, AT

Website www.sciaustria.org

## **Project Information**

Identifier 2020-1-AT02-KA105-002663

Start Date Jun 1, 2020

End Date Jan 31, 2022

EC Contribution 5,434.05 EUR

Partners CVS BULGARIA SDRUZHENIE (BG), Limited liability company

"Movement Sfera" (RU), SERVIZIO CIVILE INTERNAZIONALE ONLUS (IT), VOLUNTARY SERVICE INTERNATIONAL (IE), Critical Queer Solidarity e.V. (DE), Regional'naya obshhestvennaya organizaciya sodeistviya grazhdanskim iniciativam "Molodezh' dlya budushhego" (RU), MTÜ NOORTEVAHETUSE ARENGU ÜHING ESTYES (EE), CIVIC ORGANIZATION DEVELOPMENT CENTER PANGEYA ULTIMA (UA), ASOCIACION BRUJULA INTERCULTURAL (ES), UNIT (UA), Servicio Civil Internacional (ES), Ifigeneia Kamarotou (EL), VSEUKRAJINSBKA ASOCIACIJA MOLODIZNOHO SPIVROBITNYCTVA ALTERNATYVA-V (UA), SERVICE CIVIL INTERNATIONAL - DEUTSCHER ZWEIG E.V. (DE), Institutul de Instruire in Dezvoltare "MilleniuM" (MD), P.E.CO. - PROGETTI EUROPEI DI COOPERAZIONE (IT), Center for Dialogue and

Reconciliation "Iskra" (UA), ASOCIATIA TEAM FOR YOUTH

ASSOCIATION (RO), Space for Sustainable Development (JO), SCI -

Projets internationaux ASBL (BE)

Topics EU Citizenship, EU awareness and Democracy; Pedagogy and didactics

; Youth (Participation, Youth Work, Youth Policy)

## **Project Summary**

#### Objectives

In youth and volunteering projects, we gather international groups of young people to foster mutual understanding and a culture of peace. However, we often do this from a point of observing and emphasizing the national and cultural differences between participants rather than the similarities. We ask participants to bring "food from their country" for an "international evening" and we support volunteers in their "cultural shock" when they go for a long-term voluntary service to another country. When we do this, we create an environment, in which it is okay to reduce young people to their nationality or "culture" rather than fostering an atmosphere, in which young people can see that they are part of a bigger European narrative. Through culturalization, we also often lose track of other aspects of identity of young people, e.g. gender, class, sexual orientation or ability.

In this seminar, youth workers and staff from volunteering organisations around Europe will take a closer look at what we do, when we culturalize our non-formal education programs, our energizers, our support and training structures and our free time activities.

#### Our objectives are:

Reflect on the term "culture" and its relations to other terms such as country, ethnicity etc.

Understand the intersectional identity of individuals that go beyond national or "cultural" identity and include others like gender, class, education, age etc.

Take a closer look at the term "culture" in intercultural learning, and how this can include looking at subcultures as well

Reflect on European values that connect us and the "culture of peace and non-violence" that SCI proposes Create an approach to the get-to-know phase in international youth exchanges that uses "cultural" references at a minimal level if at all

Reflect on methods such as intercultural evenings and similar in their effects on young people and their perception of culture and Europe

Develop NFE methods to address "culture" in youth exchanges and other youth work settings in an alternative way

Network

Promote Erasmus+, NFE and international youth work

Create guidelines for other youth workers

Present the results of our discussions in a public presentation for youth workers and other stakeholders Promote a European identity and awareness amongst youth

#### **Activities**

"Be your country?! Deconstructing culture in (international) youth work and non-formal education" is a 7 day seminar that will take place from 30th of October to 5th November 2020 in Vienna, Austria. The 13 countries involved are Austria, Greece, Ukraine, Romania, Italy, Jordan, Moldova, Bulgaria, Russia, Germany, Estonia, Spain and Ireland. 30 participants will attend (including the coordinating team). Participants are staff or volunteers in volunteering and youth organisations across Europe and beyond that organise workcamps, youth exchanges or other international youth projects that involve non-formal education and intercultural learning. They come from organisations that have expressed a need or interest in stimulating progressive discussions around culture in these settings.

#### **Impact**

The results of the seminar will be critical guidelines for youth and volunteering organisations as well as a collection of methods that stimulate critical or altenative views on "culture". These results will be collected in a manual co-created by the participants and which will be widely shared both in the organisations and networks involved in this application as well as in the tool database on SALTO.

Through this project, we wish to stimulate a new and fresh discourse around intercultural learning and perceptions of culture in the European volunteering and Erasmus+ scene. Participants will go away from the seminar with the skills to deconstruct both their own and their organisation's practices in stereotyping and othering through intercultural learning rather than fostering a sense of community and European identity. We will also strengthen the local discourse in Vienna by organising a public discussion around the topic with local NGOs, interested public and other stakeholders during the seminar.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

# Ingenuity against Prejudices

## **Project Coordinator**

Organisation AFS Austauschprogramme für interkulturelles Lernen - Landeskomitee

Wien

Address Maria-Theresien-Str. 9/6, 1090 Wien, Wien, AT

**Project Information** 

Identifier 2019-3-AT02-KA105-002575

Start Date Apr 1, 2020

End Date Mar 31, 2023

EC Contribution 49,310 EUR

Partners INTERCULTURA SLOVAKIA O.Z. (SK), AFS Intercultura España (ES),

AFS Latvija (LV)

Topics Civic engagement / responsible citizenship; Inclusion - equity; Youth

(Participation, Youth Work, Youth Policy)

## **Project Summary**

#### Objectives

By implementing the project "Ingenuity Against Prejudices" we aim to create an open pool for young people to foster their capacity for inventions. Creating solutions for today's challenges through critical thinking and getting out of one's own comfort zone while being part of an intercultural social dialogue has always been our organizations' goal. Besides participants having different cultural backgrounds, they will also come from different social groups which together represent a diverse society. Especially in the modern world we need these young people that can be critical thinkers and are sensitive to their surroundings. By thinking outside their own limited structures they will create a more inclusive society.

Therefore one of our project goals is to empower those young global citizens to take initiatives and create specific actions in their own countries and/or social groups to deal with today's challenges. Intercultural awareness plays an important role in this to actually be able to understand one another. While four different countries get together by taking part in the mobility we represent the idea of a united Europe connecting and supporting each other in all our differences to be more successful together. We therefore also sustain this idea of diversity within Europe that should profit of all its people by creating a safe environment for everybody.

Fostering inclusion in our society and empowering youth to take action in our world are our main objectives in this project. We are convinced that it needs this very diverse group of young critical thinkers to deal with the complex challenges in our society.

#### **Activities**

There are two main activities that are planned to implement - one in Latvia and one in Austria. These activities will be week long events that explore one topic that is important to the youth of the European Union. Participants will work on topics to implement relevant ideas in their lives and organizations, will hear opinions from experts on the topics and will discover the culture of the hosting country. Additionally to these main activities, Latvia will host an advanced planning visit, in which 2 people from each team will go over crucial details of the upcoming event.

The participants of the project are mostly volunteers of local branches of the international organization AFS Intercultural programs. The volunteers will be aged 18-30 years old. For each participating country there will be 10 participants in total. 2 of these participants are key persons that are in communication with the planners of the main activities and that are the leaders of the group.

#### **Impact**

We intend to encourage volunteers of AFS organizations in Latvia, Austria, Spain and Slovakia to gain knowledge on the defined project topics, challenge their outstanding mindsets and forward that knowledge onto other volunteers and the youth surrounding them. It is expected that each participating country delivers an open session on the discussed topics and delivers the same message to various sources of media to promote the main ideas to a wider public.

Therefore, we plan that this project will impact the youth of each participating country by educating them on the defined prejudices.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

# TC Rights in Supersize

## **Project Coordinator**

Organisation Kinderfreunde Mühlviertel

Address Gewerbestrasse 7, 4222 St. Georgen/Gusen, Oberösterreich, AT

Website www.kinderfreunde.cc

## **Project Information**

Identifier 2020-3-AT02-KA105-002919

Start Date May 1, 2021

End Date Apr 30, 2022

EC Contribution 19,236 EUR

Partners Lifeshaker - Associação (PT), ipazia (IT), Erasmusplus Hannover (DE),

ASOCIACION TEATRAL EL LUGÁ (ES), Asociatia Pas Alternativ (RO), ALTER EGO (EL), LIBURNETIK Organisation (Shoqata LIBURNETIK)

(AL)

Topics Youth (Participation, Youth Work, Youth Policy); EU Citizenship, EU

awareness and Democracy; Inclusion - equity

## **Project Summary**

#### Objectives

Most of young people of the European Union are not aware of the fact that they have special rights only because they are from an EU country based upon the following surveys. According to the Eurobarometer survey made in 2012 the 40% of the participating young people (aged 15-24) said that they know to some extent about their rights as an EU citizen but not everything. 35% and 10% said that they do not really know or they do not know at all about these rights. (source:

https://ec.europa.eu/assets/eac/youth/policy/documents/perception-behaviours\_en.pdf)

In another survey which was made by the Eastern Norway Research Institute in 2017 shows that 66% of the asked young people said that they should know more about the European Union. (source:

https://www.whyeuropematters.eu/survey/)

This is a problem if the young people do not know their rights as an EU citizen they will be deceived by certain actors, such as fake news. The young people will also not take part in the democratic process of the European Union if they do not know about their right to participation which will demolish the democratic level of the EU as the views of young people will not be transferred to the decision-makers of the EU (eg. to the Commission). But with every right comes responsibilities too. Young people which are granted with the rights of the EU citizens should also keep the values of the European Union which are listed in the TEU Article 2. It means that the young people should also be aware of the certain values to follow them in their daily lives.

Therefore the project partners recognized the need to organise local activities to young people during which the young people will have the opportunity to know more about their rights as an EU Citizen, also the values of the European Union. In order to organise these local activities on the highest quality youth workers of the project partners shall be also more educated in the certain elements of EU Citizenship and the values of the European Union.

Therefore the aim of the project is to strengthen the knowledge about the EU Citizenship and the values of the European Union amongst young people.

To reach these aims the project partners identified the following objectives:

- -youth workers will have a deeper understanding upon the meaning, the elements and the importance of the EU Citizenship and the values of the European Union
- -youth workers will have a deeper expertise upon how to engage young people to participate on a local activity which is about the rights as an EU Citizen and the values of the European Union
- -youth workers will be more proactive upon spreading the elements of the EU Citizenship and the values of the European Union amongst young people
- -youth workers will have more expertise upon how to encourage young people to take part in the democratic life of Europe

To reach the aim and the objectives of the project, the partners will organise an 8-day-long training course, including the arrival and the departure day, between the 12.-20.03.2022 at the Mühl-fun-viertel in Klaffer am Hochficht, Austria with the participation of 26 youth workers (including 2 trainers) from Austria, Greece, Romania, Spain, Italy, France,

Portugal, Germany. The project is in line with the objectives of the Erasmus+ Programme defined in the Programme Guide since the project partners will improve the level of key competences and skills of young people, including those with fewer opportunities, as well as to promote participation in democratic life in Europe, and also active citizenship, intercultural dialogue, social inclusion and solidarity.

The project is in line with the objectives of the EU Youth Strategy which is the framework for EU youth policy cooperation for 2019-2027, since the project is built up on the Goals of the EU Youth Strategy: Connect, Engage and Empower. Considering that the project promotes the meaningful civic, economic, social, cultural and political participation of young people, it fosters the exchange of experience of young people and the project encourages them to take charge of their own lives. The project is in accordance with and fosters the Article 2 of the Treaty of European Union which sets the values of the European Union, especially the values of equality, tolerance, human dignity and the respect of human rights.

#### **Activities**

To reach the aim and the objectives of the project, the partners will organise an 8-day-long training course, including the arrival and the departure day, between the 12.-20.03.2022 in Klaffer am Hochficht, Austria with the participation of 26 youth workers (including 2 trainers) from Austria, Greece, Romania, Spain, Italy, France, Portugal, Germany. The participants will be selected by the project partners and confirmed by the applicant organisation.

Profile of the participants:

The participants shall be the staff members of the partner organisations, which means that they should be part of the daily work of the organisation as a youth worker or a future youth worker. Beside of that, the participants will be selected by the following criteria.

The participant shall:

- -be above 18 years old
- -be on an intermediate level in English
- -be interested in politics, and issues of the EU
- -have good communication skills
- -have a proactive attitude in a multi-national environment
- -undertake to make some dissemination activities.

The main activities at the TC will be Ice-breakers and Team-building at the beginning, then different sessions about:

- -NFE
- -Erasmus+, Youthpass, Learning, Dissemination
- -EU and active citizenship
- -Fundamental rights and european values
- -participation and democracy
- -populism and fake news

#### **Impact**

There will be tangible and intangible results of the project.

#### Intangible results:

By this project the youth workers on local level will be more professional in the topic of EU Citizenship and the values of the European Union, because the youth workers being part of the training course and the partner organisations will share with each other the results of the project. Therefore the youth workers on local level will engage more young people to participate on local activities designed by non-formal education methods. Young people will be more conscious upon the rights which are granted with the EU Citizenship and the values they will respect in their everyday life. This means that they will be more valuable members of the European society which contribute to the future development of Europe. Furthermore, the young people will understand why

it is necessary to participate in the democratic life of the European Union, thus, they will be more confident to do so and by the participation to contribute to maintain democracy within the EU.

#### Tangible results:

#### 1) BLOG

The applicant organisation will launch a blog on wordpress.com on the first day of the Training Course to which the participants will note the story of the given day highlighting the non-formal methods which were used during the day. Each day another national group will be responsible to keep the online diary. The posts of the blog will published on the Facebook page of the partner organisations each day. On this blog the non-formal methods will be also published which will be developed by the participants on the training course. Therefore all the non-formal methods and the topics of the training course will be transferred to the young people and all the Facebook users which are following the pages of the organisations.

#### 2) LOCAL ACTIVITIES

The project partners agreed that each of them will organise at least one local activity at home with the participation of at least 10 participants after the training course with the lead of the participants who participated on the training course. Each local activity will be in one of the topics of the training course using the non-formal methods as well. On each local activity the participants will present the Erasmus+ programme and the 8 key competences of Youth Pass as well. Each local activity will be documented by photos or videos which will be sent to project coordinator. The proof of the local activity will be attached to the final report of the project.

#### 3) PHOTOS AND VIDEOS POSTED ON SOCIAL MEDIA SITES

The participants of the training course, also the staff of the applicant organisation will take photos and make videos on the training course. The participants and also the project partners will upload these materials to their social media pages (facebook, Instagram, twitter) with the usage of the following hashtags: #Erasmus+ #Erasmus+\_programme #Rights\_in\_Supersize #RiS

#### 4) MEDIA PUBLICATIONS

Each project partner will contact the journalists in their area and nationwide too in order to share the results of the project. Each project partner will make at least one media coverage about the results of the project by which they will also promote the Erasmus+ programme. These media coverage will be interviews, TV or radio reportages or print or online articles.

#### Impact:

By the dissemination activities and the local activities made by project partners the young people (aged 13-30) will have more knowledge about the EU Citizenship which means they will know the rights which are granted because of the EU Citizenship. They will also know how they should behave to follow the values of the European Union and why it is worth to respect them. Thus, the young people will be more self-confident in the relevance of the existence of the European Union and in maintaining the democracy within the EU. Also the young people will be more willing to participate in the democracy of the European Union since they will be more informed how to do so any why it is important to be part of the democratic life of the EU.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

# Youth Workers - Exchange of Experiences and Knowledge

## **Project Coordinator**

Organisation Concordia Sozialprojekte Gemeinnützige Privatstiftung

Address Hochstettergasse 6, 1020 Vienna, Wien, AT

Website www.concordia.or.at

## **Project Information**

Identifier 2019-3-AT02-KA105-002597

Start Date Jan 1, 2020

End Date Feb 28, 2022

EC Contribution 10,630.2 EUR

Partners The Fairstart Foundation (DK), AO "Concordia. Proiecte Sociale" (MD),

CONCORDIA BULGARIA FONDATSIYA (BG), ORGANIZATIA

UMANITARA CONCORDIA (RO)

Topics Youth (Participation, Youth Work, Youth Policy); Access for

disadvantaged; Romas and/or other minorities

## **Project Summary**

#### Objectives

CONCORDIA is an Austria based organisation which has an overall goal to strengthen the families, communities and partner organisations to support children and young people at risk. Together with and its sister organisations from Romania, the Republic of Moldova and Bulgaria, the main focus is on children and young people at risk to be separated from their families due to poverty, violence and neglect. Recently, refugee youth who have been added to the primary target group of the organisation. After the completion of the study visit, the participants from CONCORDIA – from the practitioners to the decision-makers – should be able to identify innovative social projects which can be replicated or adapted to the communities where CONCORDIA is active, with a particular focus on youth work and family strengthening. Moreover, the study visit allows for an exchange with peers and specialists about challenges and solutions in the broader context of the deinstitutionalisation of alternative child care in Eastern Europe. The mobility project aims to increase the professional capacity of staff directly working with beneficiaries, in particular in the area of child safeguarding, preparing youth for independence and preventing family separation.

Fairstart Foundation works to create local systems of quality childcare by training caregivers of vulnerable children and children without parental contact in high quality caregiving. Their services consist of free online training programmes for caregivers and an online instructor education. The mobility project addresses the interest of Fairstart Foundation for an exchange of ideas and input for the development of new partnerships in the area of free online training programmes for caregivers and online instructor education in Eastern Europe. The mobility project is going to help Fairstart Foundation to identify the issues and needs of potential learning partners and define the framework of a possible training of staff in the sector of youth work. Ideally, a continuing collaboration between Fairstart Foundation and the CONCORDIA organisations is developed.

#### **Activities**

The main activity of the mobility project is a study visit of the CONCORDIA organisations to Copenhagen, Denmark where Fairstart Foundations is going to facilitate training on foster care. Fairstart Foundation is also going to facilitate on-site visits and provide encounters, discussions and sharing spaces with partners such as SOS Children's Villages Denmark, Save the Children Denmark, LOS - Landsorganisationen for sociale tilbud, Mødrehjælpen, and the Joint Council for Child Issues.

The profile of the 13 participants from the organisation is ranging from decision-makers on a national and programmatic level to the practitioners such as project workers and youth worker directly involved in the work with disadvantaged youth.

#### **Impact**

The results of the mobility project include the identification of concrete ideas which services for young people should be added in the projects which are currently implemented in CONCORDIA, an assessment how CONCORDIA can ensure a stronger and more meaningful participation of young people in decisions making processes, a definition on how CONCORDIA can adapt the training and supervision of care staff to be more efficient, effective and inclusive in their work with young people, the improvement of the quality of services when working with families at risk to prevent the separation of young people from their families or to support their reintegration after they leave care, and adaptation to more efficient methods when working with young people with refugee background, especially in regard to their employment and social inclusion, and an assessment on how CONCORDIA and Fairstart Foundation can develop a strong partnership to deliver quality youth work in the

mobility project's countries and beyond.

The impact of the mobility project include a raising awareness of the European Union's priorities in education and training and for learning about examples of good practice in other countries, the support the implementation of good practices across organisations, an understanding of international principles guiding the work with youth, a commitment to the improvement of delivering high quality youth work, and an involvement in a practice of continuous exchange of expertise and experience on issues of common interest across borders and organisations.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

## What unites us all

## **Project Coordinator**

Organisation IniciativAngola

Address Pfarrplatz / Pred cerkvijo 1, 9122 St. Primus / Šentprimož, Kärnten, AT

Website www.angola.at

## **Project Information**

Identifier 2020-2-AT02-KA105-002758

Project Web Site http://www.angola.at

Start Date Aug 1, 2020

End Date May 31, 2022

EC Contribution 28,829.83 EUR

Partners "Хришћанско хуманитарно удружење - Пут, Истина и Живот" (RS),

Asociatia Be You (RO), Društvo tabornikov Rod gorjanskih tabornikov

(SI), U.G. CENTAR ZA OBRAZOVANJE I DRUZENJE (BA)

Topics Ethics, religion and philosophy (incl. Inter-religious dialogue); Romas

and/or other minorities; Youth (Participation, Youth Work, Youth Policy)

## **Project Summary**

#### Objectives

Realising the benefits of the previous projects on the topic of intercultural and interreligious dialogue, we have decided to upgrade and develop another project related to the chosen topic. For our organisation, it would the fourth project on this topic, as we have realised the importance of the constructive dialogue, respect and openness towards differences among young people.

Observing the situation in Europe, we can percieve that we are living in a socially, culturally and religiously diversified reality. This intercultural and religiously diversified environment can raise many fears and provoke many prejudices. Those mostly originate in the ignorance of other cultures' and religions' practices, beliefs and rituals. In order to promote values, such as respect, tolerance, and coexistence, we want to bring together young people from different cultural and religious environments.

The main aim of the project is, therefore, an intercultural and inter-religious dialogue, addressing the topic according to the values and objectives of the Erasmus+ programme. We will put the emphasis especially on the dialogue between Islam, Orthodoxy, Evangelicalism, Judaism, and Catholicism - 5 religions and beliefs that are present in our environment and in the environment of the participating organisations.

The main projects' objectives are reducing fear, prejudices and therefore raising tolerance and respect for human rights. The emphasis of the project is put on cultural and religious interaction observing everyday situations in the participants' environment and the concrete European situation. With this project, we would like to contribute to the social awareness, therefore the religious tolerance, prevention from the negativism and violence, equipping the participants with the capacity of critical thinking and afterward encourage them to live actively the promoted values in their own environment. One another important objective for us is to work preventive against all anti-religious and anti-cultural realities that are threating to raise (again) in our society (e.g. anti-Semitism).

#### **Activities**

In the project, we plan to realise two activities: the APV-meeting and the youth exchange.

Through the APV-meeting, we provide the project partners with detailed information about the project and about the youth exchange; we revise together the planned activities for the youth exchange; group leaders and young participants can suggest or propose changes about the program; we set different arrangements for the youth exchange and talk about the preparation process for the participants.

The program of the youth exchange is organised in a very specific way: nearly every day will be consecrated to one religion. On the first day, activities, such as icebreakers and acquaintance games, will take place. On the second day, the participants will be introduced to the topic of the youth exchange. They will be able to present their reflections and observations on the topic. The following days, the participants will present in cooperation with invited guests culture and religion in their countries. E.g., Friday will be a simulation of a Ramadan day and Muslim participants will do the prayers and other rituals, as they do them in real Ramadan time. On that day, workshops and other activities, related to Islam, will take place.

In the project, young people with different social, cultural and religious backgrounds (minorities, Roma members, youngsters with fewer opportunities, etc.) will participate. The participants of the youth exchange, between 14 and 19 years old, are attending high school, apprenticeship or they are members of the partner organisations. The group leaders are members of the partner organisations, who are young students or youth workers.

The number of young participants that will participate at the youth exchange is in total 43 and 5 group leaders will mentor the national groups.

#### **Impact**

We expect the following impact on the participants: greater understanding of ethnic, social, religious, linguistic and cultural diversity, increased level of linguistic competence, increased level of social competence, increased knowledge of different cultures and religions, increased sense for the European values and projects, increased satisfaction and motivation in their everyday life.

Furthermore, we would like to encourage the participants to make some concrete steps in their environment when they would return to their homes. We would like to encourage them to value diversity, tolerance, difference and respect. The participants will have a different approach to the thematic of intercultural and inter-religious diversity in Europe and will know about the importance of the responsibility for solidarity and dialogue. We expect that the participants will participate in debates about religious situation in Europe and that they will take the positive approach and respect every individual. We are expecting that after the experience of the youth exchange they will participate at other Erasmus+ programs or another youth exchange. The participants will be encouraged to keep the contacts with their peers they made at the youth exchange, which will have a very positive impact in their everyday life.

Expected results are youth newspaper, video, articles in the local newspapers, radio reports and some other products produced during the youth exchange.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

# PET - Performing Environmental Trash

## **Project Coordinator**

Organisation BeyondBühne

Address Waltersdorferstraße 40, 2500 Baden, Niederösterreich, AT

Website www.beyondbuehne.at

## **Project Information**

Identifier 2020-1-AT02-KA105-002677

Start Date May 4, 2020

End Date Apr 3, 2022

EC Contribution 9,105 EUR

Partners Asociación Juvenil Teatral On&Off (ES), CALYPSO (IT)

Topics Creativity and culture; Environment and climate change; Youth

(Participation, Youth Work, Youth Policy)

### **Project Summary**

#### Objectives

PET – Performing Environmental Trash will bring together young people from Italy, Spain and Austria to approach the topic of increasing plastic usage all over the world. The global plastic production has risen to roughly the same mass as that of two-thirds of the entire world population. In 2018, Europe alone has produced over 61 million metric tons of plastic. Yet still the consequences taken by politicians and decision-makers are small, the change into a different direction is slow. If the approach doesn't soon turn to a more hands-on one, the outlook can only be described as ugly. Using the backdrop of the waste disposal site of Baden the young participants will challenge not only the meaning of that word – ugly – itself, but also their own habits of using plastic. They will start to question their personal plastic usage, finding ways to reduce the waste through conversation and performance alike. From September 14th to 19th Baden, Lower Austria, will become the scene of a group of youngsters questioning what they can do to reduce waste – personally, in groups and through art.

#### **Activities**

Each of the participating organisations - BiondekBühne from Austria, CALYPSO from Italy and Asociación Juvenil Teatral On&Off from Spain - will bring in one leader. In their workshops they will question the prospect of "ugliness" in arts and incorporate the topic of plastic usage and disposal in their work. Throughout the workshops their role is to prepare meaningful approaches that encourage the participants to think for themselves and in a group. Further they will work in the diverse issues of the topic in a playful and innovative way. When not facilitating, the leaders will help in preparing lunch and dinner with the volunteers of BiondekBühne.

There will be four participants over the age of 18 per organisation. This ensures that they are already experienced in using their own creative ideas and coming up with ways to incorporate their experiences and opinions in the work. The participants will take part in the workshops and the performance, as well as being encouraged to share the prospect of the project via social media.

Aside from the workshops, we will have the morning of September 17th for a cultural visit through the Biedermeier style old town of Baden. Another focus besides the history of Baden will lie on the La Gacilly photo festival that shows works of photographers of the USSR. Many of these works challenge the meaning of "ugliness" in arts by portraying sides of life that are often a bit of a taboo, like crime, poaching or exploitation. The festival is open-air and spans through the whole inner city of Baden and the nearby Doblhoffpark. Not only will the participants look at the pictures though, they will also actively collect waste from the streets while walking through the festival. This shall get the inhabitants of Baden to think that waste is part of these topics that should not be tabooed.

#### **Impact**

PET – Performing Environmental Trash will inspire it's participants to question their own habits of plastic usage and disposal, making them come up with alternative materials and methods in the process. Through this their own opinions about the matter and their part in the decrease of the usage of plastic will change. By choosing the waste disposal site as the setting, their performance will be put in place even more firmly, setting a sign for the audience present and those getting in contact with the project over social and print media.

During the project the participants will also start questioning if the possibility to find a universal definition of "ugly" or "beautiful" actually exists in the arts, making them more confident in their own expressions and also setting an

example that things that may not look aesthetically pleasing to them will still have an impact. This approach ensures that what fears might exist towards talking about less "beautiful" topics will slowly start to diminish.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

# TC Stream your Skills

## **Project Coordinator**

Organisation Grenzlandcamp Kinder-&Familienfreizeitzentrum Klaffer gem. GmbH

Address Vorderanger 16, 4163 Klaffer/Hochficht, Oberösterreich, AT

Website http://www.muehlfunviertel.at/

## **Project Information**

Identifier 2020-3-AT02-KA105-002921

Start Date Jan 1, 2021

End Date Jan 31, 2022

EC Contribution 18,470 EUR

Partners ASOCIACION JUVENIL ALMENARAS (ES), Albanian Society in

Development (AL), Asociatia Pas Alternativ (RO), ipazia (IT),

ASSOCIATION FOR PROGRESS, EDUCATION AND LOBBYING NEL SKOPJE (MK), YOUTHFULLY YOURS SK (SK), Genclikte Spor Sanat

ve Egitim Dernegi (TR)

Topics Inclusion - equity; Youth (Participation, Youth Work, Youth Policy);

Access for disadvantaged

## **Project Summary**

#### Objectives

The project partners recognized that their local young people with fewer opportunities spend a lot of time watching series on online streaming platform. According to a survey made in the UK in 2018 the tendency of young people use online streaming platforms and partly watching series on them is increasing with 30 % https://www.statista.com/statistics/913970/netflix-weekly-viewers-by-age-in-the-uk/ Furthermore, because of the corona virus lockdowns thousands of young people were forced to stay home all-over Europe and many of them spent their time with watching different series.

The youth workers do not have enough competences how to address young people with fewer opportunities who choose to watch series in their free-time instead of participating on a local activity.

Within this training course, the youth workers of the project partners will engage young people to join local activities and foster their following skills and knowledge by using series as non-formal education: 1) strategic thinking 2) social competences 3) creative thinking 4) critical thinking. The project partners recognized the need of the young people to improve themselves in these matters since these skills and competences are not educated in public schools.

The aim of the project is to improve competences of the youth workers by the usage of series in order to engage young people with fewer opportunities to participate in local youth activities

The project partners set the following objectives:

- a) youth workers will improve their knowledge upon the world of series and they will get an insight of the series-watching habits of young people during the period of the project.
- b) youth workers will gain information during the period of the project about the copyrights of the series.
- c) during the period of the project, the youth workers will have a deeper understanding upon the meaning and importance of the following skills and competences: 1) strategic thinking 2) social competences 3) critical thinking 4) creative thinking.
- d) youth workers will gain skills during the period of the project how to create non-formal education methods with their peers from other European countries.

We are reapplying this project taking in consideration the feedback from the National Agency. So we decided to cancel the Guidebook and focus on the learning needs of the participants which we planned together with the partners already before. Therefore aims and objectives stay the same because they fit the needs of the organisations and their target groups.

#### **Activities**

The activity will be organised in Klaffer am Hochficht, Austria between the 22th and 29th of October 2021, with the participation of 26 youth workers, including 2 trainers, from Romania, Turkey, Italy, Spain, Slovakia, Albania, North Macedonia and Austria.

The project includes several types of activities:

- 1. Management activities
- 2. Preparatory activities
- 3. Mobility Learning activities
- 4. Dissemination activities

Issues related to transportation, accommodation, meals, procurement of consumables, monitoring and evaluation, communication between partners and other stakeholders etc. will be included and carried out throughout the project in the management activities and preparatory activities.

Learning activities are structured in theoretical and practical sessions, through which we aim to transfer necessary knowledge about using series for engage the youngster in local youth activities and to facilitate non-formal learning methods as well as to develop skills to plan, facilitate and evaluate non-formal activities within the organization with the aim of is to prevent bullying, which includes stop hatred and create tolerance and friendly atmosphere amongst young people.

The first part of the course activities includes theoretical sessions on: Erasmus + projects, learning areas, learning contexts, planning of learning activities, learning objectives, methods of non-formal education, effects of watching series, criteria for choice of methods, group management in non-formal learning, Experiential learning model - Kolb cycle, learning styles, facilitating non-formal learning methods, types of questions. Through all these sessions, the participants will assimilate the specific knowledge required to carry out inclusion activities using non-formal methods. The second part is focused on developing the skills of the participants, using the knowledge gained in the first part. Thus, they will have the opportunity to apply, clarify, use, test, and demonstrate that they have the skills and attitudes necessary to implement the skills they have acquired in their real environment within their organizations.

During the course we will use different non-formal methods: brainstorming, facilitated discussion, graphic facilitation, role play, simulation, team games ,treasure hunt,energizers, reflection groups, feedback, etc.

Participant has to be above 18 years old and meet the following criteria:

- -participant has strong skills upon empathy and tolerance
- -participant is interested in how to improve young people' social competencies
- -participant works at the sending organization as a youth worker and/or he/she is involved in the work of sending organization
- -participant understands that the working language is English and he/she undertooks to contribute to the training course by sharing his/her opinion about the certain topic
- -participant is willing to make dissemination activity and share the results of the training course after it ends.

#### **Impact**

Each project partner will organise a local activity after the training course choosing one of the main topics of the training course (1) strategic thinking 2) social competences 3) critical thinking 4) critical thinking) and facilitate it by the usage of series, and the blog. The follow-up activity will be organised within 1,5 month after the training course.

Each project partner committed itself to reach at least 20 young people with fewer opportunities by the local activity. Beside of the obligatory follow-up activity the project partners will use the non-formal methods, thus the blog on a daily basis, and they will provide local activities to the marginalised young people living in their area. By the usage of the new non-formal methods designed by series it is foreseen that each project partner will reach at least 100 young people with fewer opportunities within a year.

Participants of the training course will post on social media (facebook, Instagram, Snapchat) about the activity during and after the Training Course referring to Erasmus+ and thus spread the word of the programme. Project partners will share the pictures which were taken on the activity on their organisational site. Project partners will also write an article about the results of the activity which will be shared on their organisational website considering their experiences upon the Training Course and the follow-up local activity. Project partners will share this article on the organisational website within the period of the project.

The participants will be much more professional after the Training Course because they will have at least 15

totally new non-formal methods on the blog, thus they will organise much more interesting and efficient local activities in any further.

The participants will be more familiar with the current popular series and thus they will engage the young people with fewer opportunities easier in order to improve their skills and competences through local activities, particularly: 1) strategic thinking 2) social competences 3) creative thinking 4) critical thinking.

The young people with fewer opportunities will trust more the participants in the future since the participants will understand the young people better which creates mutual trust.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

# TC Breaking barriers

## **Project Coordinator**

Organisation Grenzlandcamp Kinder-&Familienfreizeitzentrum Klaffer gem. GmbH

Address Vorderanger 16, 4163 Klaffer/Hochficht, Oberösterreich, AT

Website http://www.muehlfunviertel.at/

## **Project Information**

Identifier 2020-2-AT02-KA105-002796

Start Date Aug 1, 2020

End Date Feb 28, 2022

EC Contribution 12,863.51 EUR

Partners Spolek ActiTmel.cz (CZ), Genclikte Spor Sanat ve Egitim Dernegi (TR),

Campus Lions Club Tbilisi (GE) , ASSOCIAZIONE EUROPALMENTE (IT) , Diabetes, prediabetes and metabolic syndrom (BG) , ACTION PLUS SOCIAL COOPERATIVE ENTERPRISE (EL) , Centar za osobni i

profesionalni razvoj Syncro - Synergy Croatia (HR)

Topics Migrants' issues; Access for disadvantaged; Youth (Participation, Youth

Work, Youth Policy)

## **Project Summary**

#### Objectives

In advance: we have to apply for this already approved project again because we had to cancel it due to the corona-crisis.

We will achieve improving skills and developing the capacity of partnering NGOs. Participants will improve their habits, their health, they will increase their knowledge.

The objectives of the project are:

- to help participants to accept migrants, refugees
- to give them arguments about tolerance to young people who are vulnerable, marginalized, socially excluded, frustrated, dissatisfied and unrealized professionally, personally, socially
- to improve digital skills for to be able to express tolerance and acceptance in internet and not only through the project
- participants will develop the communication and presentation skills, they will improve the way how to present themselves in the best way possible in different situation.

The expected influence on the participants is to make them feel more confident, to develop their potential and realize themselves successfully. They will be motivated to search for tools and ways how to raise their knowledge, develop their skills, to start using their disadvantages as unique opportunity to grow, to handle well with information and use it for maximum results from every situation. The project is their ambitious start to be more successful in life and to help affected youngsters and communities.

#### **Activities**

This project will have:

- a preparation phase including the search for participants and project management issues
- a youth mobility activity (TC) at September 2020
- follow up activities and
- dissemination activities

All 25 participants and the organizations will be involved in all sessions. They all come from youth work and every organization is indicated to involve participants with fewer opportunities

#### **Impact**

Partners' organizations, NGOs will encourage activities, related to topic and project, to work more with youth with vulnerable youth who face different obstacles. NGOs would maintain and develop the partnerships between project partners and work together towards improving the lives of young people and helping them. Partners could spreading the information and the knowledge from this project, multiply the project's ideas and working methods.

Target groups: young people, will have better habits, they will be more involved in communication with vulnerable youth, will accept the life of youngsters with fewer opportunities and will help them more.

The project will influence on the local youth communities, and will have wide positive effect on:
-young people, their communities and families will increase their knowledge and skills in field of topic

- -young people will improve their capability for successful self-realization
- -the project will promote youth mobility and social inclusion in youth communities
- -the project will promote democracy and tolerance, intercultural learning
- -the young people will be more proactive

We will make evaluation of dissemination activities and how they impact to NGOs involved in project and dissemination and is there any influence on networking partners of coordinator and partners. We will evaluate our and partners follow-up activities, also the results and products of the project.

Results will be announced to managers and board members of our NGO, partners. The short report with results of evaluation and advice for changes that should to be implemented in this field will be sent to:

- partners
- our members
- stakeholders
- institutions and department for youth policy
- opinion leaders, decision makers, people responsible for policy in this field.

Every day different methods will be used - Energizers, Reflection groups, Intercultural nights. Methods have huge variety - Workshop, Energizer, Ice-breakers, Name games, World coffee, Simulation, Presentation, Improvisational theater and dancing, Team building game, Story telling, Integration game, Work in groups, Brainstorming, Discussion, Museum, Show, Role game, Intercultural night, Trip, Open Space Technology, Debate.

Approach - Diversity, intercultural dimension will be considered as a resources for the TC and transfer of competences. There will be many practical sessions implemented through active involvement, sharing of thoughts and feelings, learning by doing, group work and intercultural dialogue. The methodology is based on experiential learning and intercultural communication.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

## Over the hedge

## **Project Coordinator**

Organisation Naturschutzbund Steiermark

Address Herdergasse 3, 8010 Graz, Steiermark, AT

Website www.naturschutzbundsteiermark.at

## **Project Information**

Identifier 2019-2-AT02-KA105-002481

Start Date Aug 1, 2019

End Date Jan 31, 2022

EC Contribution 11,382.4 EUR

Partners JANUN e.V. Region Hannover (DE), Citizen society GM Optimist (RS)

Topics Social/environmental responsibility of educational institutions; EU

Citizenship, EU awareness and Democracy; Environment and climate

change

### **Project Summary**

#### Objectives

We would like to commemorate the anniversary of the opening of the "Iron Curtain" by actively working on the topic of Political Boundaries by putting it in relation to the current "top issues" of Sustainability, Nature and Climate Protection with interested young people. Our starting point is the "Green Belt" - a borderless space corridor across Europe which used to be the green border strip during the Cold War.

The major aim of the project is to improve the knowledge in the fields of EU history, biology and other natural sciences in order to sharpen the view on the problems we will face in respect of the threatening climate change and the threat of alienation by putting the facts on the table.

We also want to strengthen and facilitate social cohesion and learning mobility with the goal to improve capacities of youth work and youth support organizations.

Our theoretical framework will be implemented in workshops, exercises, discussions, etc. With that background the young people will develop competences for socially relevant topics as they will be sensitized for them. The participants will learn and experience new cultures, customs and ways of life both consciously and unconsciously, as they will be constantly exposed to various information concerningsolidarity, democracy, friendship, identity, life orientation etc.

All activities allow participants to gain first or further international mobility experience. This kind of Youth Exchange provides a suitable framework for facilitating discussions and learning processes on the fields of inclusion and diversity.

#### **Activities**

The preliminary meeting will be conducted with the four group leaders. It will conver questions concerning logistics, roles of countries, insurance of the participants and general organization issues.

The main activity is planned in total with 21 participants and additional accompanying staff. Our main objective is to plant a 100-meter-long hedge in the light of climate protection, nature conservation and the former internal European separation. There are trips and cultural exchanges. The activity is concluded with a common public celebration.

The key aspects of the project are the social and environmental responsibility of educational institutions, the environment and climate change and the strengthening of European awareness and democracy.

The participants will be recruited from Austria, Germany and Slovakia. They have a common interest in and a connection with nature. The participants are expected to come with a reasonable sense of tolerance, openness, interest, adaptability and ability to cooperate. We assume that participants will come from different cultural and economic backgrounds.

#### **Impact**

We expect to initiate a sustainable network of organizations and participants out of this project. We expect a training of different personal soft skills of the participants. We expect sustainable impact on awareness among participants and the public. We expect that the results of the project serve as teaching tools for subsequent projects.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

# Reach out and SCREAM

## **Project Coordinator**

Organisation Österreichische Kinderfreunde

Address Rauhensteingasse 5/5, 1010 Wien, Wien, AT

Website www.kinderfreunde.at

## **Project Information**

Identifier 2020-2-AT02-KA105-002743

Start Date Aug 1, 2020

End Date Jun 30, 2023

EC Contribution 22,565 EUR

Partners Woodcraft Folk (UK), Zveza drustev sokolske mladine (SI), Arciragazzi

Nazionale (IT), INTERNATIONAL FALCON MOVEMENT SOCIALIST EDUCATIONAL INTERNATIONAL (BE), Nuorten Kotkien Keskusliitto - Unga Örnars Centralförbund NKK ry. (FI), DUI-LEG og VIRKE (DK),

Esplais Catalans (ES) , Framfylkingen (NO)

Topics Quality Assurance; Youth (Participation, Youth Work, Youth Policy);

Inclusion - equity

## **Project Summary**

#### Objectives

Youth work is essential because it encourages and enables the active participation of young people in civic life, builds their capacities to contribute to democracy, and empowers them to be the drivers of meaningful change in society. It is necessary that we continue to push the boundaries of youth work and its reach, to centre youth voices in social, economic, and political processes across sectors. In order to do so, it is essential that organisations have a clear procedure to assess the need for work, evaluate the work process and to reach out to share the results of their work to stakeholders- both within the youth sector and to other sectors.

"Reach Out and Scream" aims to train youth workers on the SCREAM approach to project management to both increase the reach, impact and visibility of youth work, and to monitor, evaluate, assess and feedback on the project process and adjustments needed. In other words, our project aims to Share, Communicate, Reach Out, Evaluate, Assess and Monitor (SCREAM).

To achieve this major aim, we will identified the following objectives:

- 1. To share expertise on the project management cycle with reference to SCREAM mechanisms
- 2. To improve on both our internal and external communication skills to widen participation and to centre marginalised youth voices
- 3. To improve on our internal and external communication skills to visibilise our work both in the youth sector and beyond.

#### **Activities**

We plan to host a week-long training for youth workers, youth leaders and other activists directly engaged in the development and implementation of Erasmus+ and other projects. Each partner organisation will send at least one participant with fewer opportunities to actively improve inclusion and accessibility of the youth sector. The organisations all work with children and youth on a national and/or regional levels and cooperate on European and international level.

#### **Impact**

Throughout the project, participants will learn about, test and develop SCREAM approach methods and tools to implement in all phases of the project management cycle. This learning will encourage youth workers to reflect on the accessibility, reach and impact of future projects from inception through reporting. In turn, it will lead to a transformation in how we assess and improve the quality and impact of our Erasmus+ youth work across Europe and its neighbouring countries.

Additionally, we hope that this project will continue to push the impact of youth work beyond the youth sector. Since SCREAM methods encourage youth workers to establish an evidence base for their work and beyond, we hope that this will equip our young beneficiaries to push a youth policy agenda.

The measurable outcomes we foresee are as follows:

1. The development of a handbook on innovative methods and tools for SCREAM, including a communications strategy template for organisations to implement

2. An increase in communication about and impact of projects among partner organisations and youth workers

3. The establishment of a participative communication/cooperation platform for future projects

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

# Continuation

## **Project Coordinator**

Organisation Radio Helsinki - Verein Freies Radio Steiermark

Address Schönaugasse 8, 8010 Graz, Steiermark, AT

Website www.helsinki.at

## **Project Information**

Identifier 2020-2-AT02-KA105-002820

Start Date Sep 1, 2020

End Date Aug 31, 2023

EC Contribution 46,955 EUR

Partners Soundart Radio (UK), Verein zur Förderung und Unterstützung von

Freien Lokalen Nichtkommerziellen Radioprojekten (Verein Freies Radio

Wien) (AT)

Topics Inclusion - equity; Youth (Participation, Youth Work, Youth Policy);

Migrants' issues

## **Project Summary**

#### Objectives

We expect above all a strengthening of relationships between the participants, an inclusive cooperation and fun. To establish long-term connections between the people involved beyond social and national borders, to create spaces for peaceful discussion and their methods. To create a sense of belonging through the connection to the radios, which goes beyond regional and national attributions. According to the motto: "The airwaves know no borders." By getting to know each other, the participants will gain knowledge about the working methods of different radios in other countries and thus learn new approaches and techniques of addressing the audience. For example, participants in the project will present their current work in radio and their techniques for dealing with specific topics. The focus will also be on getting to know the internal organisation of radio broadcasters and other radio members in order to learn new styles of internal organisational culture. The cooperation between these radios is very important and perspective in addressing different population groups and nationalities and getting to know previous results of different radios can be helpful in creating openings for a variety of people.

To be able to take a deep look at the world and our role in it, we need space for introspection and reflection. This project aims to make this space available. It is aimed at a heterogeneous group of young people. The aim is to bring together people who may not meet in their daily lives. They fulfil several roles in their daily life (refugees, young adults, students, etc.) and remain individuals.

The project offers radio trainings and creative workshops in a relaxed environment, which should enable young people to participate in collective creative processes and get to know each other over a longer period of time.

#### **Activities**

In both youth activities (A2, A3) in Schloss Stippichhofen, Trofaiach, 32 participants\* will meet. The four partner radio stations attach great importance to a creative, inclusive, multilingual youth meeting. In addition to workshops, there is a great focus on self-organization (if necessary self-supply), including connecting social activities. These should help to strengthen the heterogeneous group and create an enrichment.

The following workshops and activities are planned:

Journalistic workshops with radio producers

Body pedagogy workshops (socio-psychological)

Art pedagogy workshops for the development of creative methods inclusion workshops

Technical workshops (audio, sound and media tools)

Self-help language workshops (and language support,

since English cannot be assumed to be a common language. (if necessary Dari, Pashtu, Arabic) self-organization workshops

childcare and Self-organised accommodation

#### **Impact**

The project aims to actively combine non-formal education with creative methods and to develop a deep understanding of how to create explorative basic conditions for collective knowledge production and how to inform each other about what our body knows and how this can be transmitted to the radio (auditory medium). This comprehensive and multi-year strategy is intended to help establish a connection between the participants. The medium used is radio.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

# TC "ONION - Intercultural layers in Youth Work"

## **Project Coordinator**

Organisation Kinderfreunde Mühlviertel

Address Gewerbestrasse 7, 4222 St. Georgen/Gusen, Oberösterreich, AT

Website www.kinderfreunde.cc

## **Project Information**

Identifier 2020-2-AT02-KA105-002822

Start Date Dec 1, 2020

End Date Apr 30, 2023

EC Contribution 18,452 EUR

Partners ASSOCIAZIONE AGRADO - APS (IT), Ayuntamiento de Ribadavia (ES),

ASOCIATIA SUPPORT FOR YOUTH DEVELOPMENT (RO), KINONIKI SINETAIRISTIKI EPICHERISIELLINIKI SYMMETOCHI NEON (EL), Udruga mladih Spirit of Freedom Hrvatska (HR), ASSOCIACAO CHECK-IN - COOPERACAO E DESENVOLVIMENTO (PT),

SDRUZHENIE PROFESIONALEN FORUM ZA OBRAZOVANIETO (BG)

Topics Youth (Participation, Youth Work, Youth Policy);

Intercultural/intergenerational education and (lifelong)learning

## **Project Summary**

#### Objectives

A globalised and complex society like that we are living nowadays, brings us to feel confused on approaching different cultures, religions, beliefs.

On a side we have lot of information and sources to know the various aspects of cultures, religions, differences (media, books,...), on the other side this is not enough when you personally enter in contact with these realities and the infinite layers and issues connected.

Youth workers are called to work in a multicultural context everyday so they must be totally aware of the various aspects of multicultural learning, passing sometimes even through misunderstandings, prejudices, conflicts. For the role Youth workers are nowadays called to, as social facilitators in intercultural environments, they need tools and methods to facilitate the challenges of intercultural/multicultural learning, respecting the differences, being aware of the sensitive issues of discrimination, racism, intolerance, and even reflecting on their own prejudices and barriers.

We want to carry out this Training Course just to provide concrete tools and methods for youth workers to empower and refine their intercultural skills (Intercultural communication, intercultural awareness in different environments, negotiation and tools for preventing conflicts, discriminatory processes awareness..) raising participants' awareness and understanding of other cultures and spreading an European identity. Our project is addressed to youth workers, in order they could bring a positive impact (awareness on Europe challenges, critical thinking, attitude to peace..) among youth, and empathy and skills to deal also with those with exclusion backgrounds, migrants and those facing cultural/religious differences.

#### **OBJECTIVES**

- 1. Provide youth workers with space to reflect on their role of intercultural facilitators, and critically reflect upon their previous experience in multicultural learning environments;
- 2. Improve their intercultural competences, skills and attitudes (intercultural communication, negotiation, conflict management, awareness on discriminatory processes, empathy) and the quality of their work;
- 3. Improve youth work quality and enhance the role of youth workers and NGOs as social facilitators spreading European values of a culture of peace vs. violence and xenophobia proposing methods for improving relationship awareness and through communication preventing conflicts, discrimination and violence;
- 4. Experience non-formal learning processes and understand how to support young people's learning processes during the project;
- 5. Facilitate the creation of partnerships for further projects among the participating organisations (through positive exchanges between the organisations);
- 7. Strengthen participants' and organisations' competences and capabilities in youth work with international dimensions and cooperation.
- 8. Enhance non-formal education methods and the recognition of NFE learning (output production: blog and Photo reports).

#### **Activities**

The programme of activities of the Training Course starts by investigating the role of the intercultural facilitator and the complexity of facing and approaching different cultures, through a path of self-awareness of the participants on their own barriers and prejudices. The central part of the TC will be directed to empower

fundamental skills for a facilitator (intercultural communication and relationships, conflict, discrimination processes, negotiation, empathy,..).

Last part of the TC will be dedicated instead to the participants practice: in small groups they will preparae an activity on intercultural topic, and will manage it for the other participants- being Youth workers it's important they are able also to perform and debrief such activities for the sensitiveness of the topics.

Trainers and colleagues participants will give them a feedbacjk with the aim to improve also their competences in planning and performing activities for youth.

After the TC, at home, participants will implement a meeting with their youngsters on a chosen topic – it could be the same activities they planned and performed during the TC (as an extra support, participants can count on 1 month mentoring offered by the trainers).

The more specific objectives, divided by days, are:

DAY 1 - PRESENTATIONS: personal presentation and sharing of identity; brief session of games to know each other;

DAY 2 - INTERCULTURAL PRACTICES fostering team spirit and mutual confidence for a trustful cooperation both on short and long-term. Introductory session on the programme, Youthpass, expectations and contributions of participants - reflection on own role of social intercultural facilitator, good and bad facilitation practices and experiences in intercultural environments;

DAY 3 - INTERCULTURAL AWARENESS: role playings on intercultural communication and prejudices, that a facilitator should know and face in advance. Reflection on the thousands points of view on cultual items. Highlight on the risk of judgement listening to only one story. Stereotypes.

DAY 4 - DISCRIMINATION: Games to experiment discrimination on you and the process of discrimination – Debriefing and getting aware of our limits and prejudices.

DAY 5 - TOOLS FOR PEACE AND PREVENT CONFLICTS: Transactional analysis as practical tool about awareness in communication for peaceful relationships. Negotiation exercise on win-win theory an cooperative solutions. Experiential empathy games to experiment the importance of empathy with other beings.

DAY 6 – PRACTICE: In small groups, paricipants create and plan an activity for youth on intercultural topic- In the afternoon they perform with the rest of participant- getting feedbacks for improvements.

DAY 7 - FINAL EVALUATION and ASSESSMENT: Final Feedback, follow up and dissemination plan, collecting ideas for further cooperation - Self-assessment and general evaluation of the project and activities through questionnaires and activities, Youthpass delivery.

DAY 8 - Creative Re-cap, reflexion, departure

Every day a moment is foreseen for reflection ("reflection time") composed by 3 activities (reflection groups, diary + badges and target) on learnings and skills and to evaluate the activity and mood with different NF and creative techniques (learning badges, blob, feeling cards,...) + in the middle of the activity we have planned an intermediate evaluation, provided by a creative graphic activity, followed by a brief discussion in group: useful to monitor the feelings and needs of the participants ongoing and having time to re-adapt the activities in case. Participants involved are 24 youth workers engaged in the 8 partner organisations (from Austria, Italy, Portugal, Spain, Romania, Croatia, Greece and Bulgaria), really motivated to work on this topics and with the need to gain new skills, knowledges and tools to deal with intercultural communication, xenophobia and conflict issues in favour of their youth in order to spread a culture of peace among youth generation and a strong impact in youth work and NFE valorisation disseminating quality outputs and tools.

They work in multicultural youth environment, where sometimes the social and cultural differences make the conflict easier because of misunderstandings and cultural prejudices and so they need tools for facing the challenge of diversity and skills for inclusion. Also, these youth workers feel the need coming from youth to "understand" the contradictions of reality, the actual tragedies, violence and fears agitating Europe. They feel the need to strengthen cooperation in order to get quality results in terms of learning, recognition of learnings, dissemination.

#### General needs:

- Empowerment on the field of intercultural competences, through concrete tools and methods;
- Need of reflection with international colleagues on the role of Youth workers and on the tools they can share as a community;

- improve skills on partnership setting up

#### **Impact**

This project is supposed to have results not only in a short/medium term (meeting/workshop performing after the TC) but also in a long term (further projects and cooperation for long-time).

- Participants and participating organisations will be the direct main beneficiaries, as the learning outcomes wi The impact of the Training Course on participants will be very deep, mainly because deep will be the methods and activities proposed, working in holistic way (keeping into consideration the rational, emotional, spiritual and physical sides of the participants).

In the daily activities with young people participants will show a change: they will be able to showcase new methods and tools and much more self-confidence given by the awareness in their competences.

They will have a clear focus on their needs and on the needs of the youth, a more empathic attitude to listen and to face intercultural issues.

Their capacity of openness to differences will be noticed and they will become examples for the youth, especially for those who have examples of discrimination in their backgrounds.

The organization will be better equipped to offer quality and creative activities in communication when working with marginalized groups. There will be an increased organisational capacity by offering marginalized groups attractive and practical framework to work with. There will be gained expertise as to how to respond to the needs of marginalised youth and young adults and at a personal level, participants will increase their personal competences of the peer-educators, which will be a marketing asset for the organization.ll improve their daily work and give them more opportunities on a professional level.

- Youth will also be the beneficiaries in a second stage as Youth work will be able to help them developing new competencies and skills and will guide them in their learning process (especially the ones at risk, facing violence and discriminating behaviours);

Outcomes will underline how important the contribution that youth work can give to Europe is, in order to spread a culture of democratic learning for all among the new generations.

- Other NGOs, Youth workers, trainers, educators, NAs will benefit from the Blog and photo report (illustrating activities and methods) to improve the quality of facilitation in their work by a wider diffusion of it on websites, SALTO and social networks.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

# TC Education for Inclusion

## **Project Coordinator**

Organisation Grenzlandcamp Kinder-&Familienfreizeitzentrum Klaffer gem. GmbH

Address Vorderanger 16, 4163 Klaffer/Hochficht, Oberösterreich, AT

Website http://www.muehlfunviertel.at/

## **Project Information**

Identifier 2020-2-AT02-KA105-002797

Start Date Sep 1, 2020

End Date Mar 31, 2023

EC Contribution 21,574 EUR

Partners Asociatia Pas Alternativ (RO), Youth Opportunities Club (AM),

ASSOCIATION FOR ENVIRONMENTAL PROTECTION AND IMPROVEMENT EKO-ZHIVOT KAVADARCI (MK), Kauno Maironio universitetine gimnazija (LT), ALTER EGO (EL), Genclikte Spor Sanat ve

Egitim Dernegi (TR), ipazia (IT)

Topics Inclusion - equity; Youth (Participation, Youth Work, Youth Policy);

Access for disadvantaged

## **Project Summary**

#### Objectives

In advance: we have to apply for this already approved project again because we had to cancel it due to the corona-crisis.

The central issue from which the idea of the project has started is the existence of many physical geographical, psychological and attitudinal barriers between rural and urban youth. Opportunities for interaction, knowledge, inclusion experiences between the two environments are still low, thus maintaining many stereotypes and prejudices. These things lead to greater isolation of young people and to reducing opportunities for life and work, capitalizing on their own potential. Young people in the local community of partners need as many activities as possible to develop their tolerance, acceptance with other young people in marginalization situations, contact with them, know them. Young people in rural areas need to develop their level of trust, self-esteem, to overcome their situation and to feel included. The project responds to the needs identified in the partnership. Partner organizations need to develop inclusion strategies, organize local, national and international activities through E + projects. To this end, they need youth workers with good skills in using non-formal learning methods and in planning efficient activities. Youth workers need a learning context such as this training course in which to develop these skills, share experiences and implement what they have learned in a secure environment, then implement their activities at a qualitative level higher.

The project will be implemented by eight partner organizations from 8 countries participating in the Erasmus + program: Austria, Romania, Greece, Turkey, Lithuania, Italy, North Macedonia. The main activity will be a mobility for youth workers, a training course to be held from 24.04. to 02.05.2021.

Participants in the course will be 24 youth workers, over 18, motivated and interested in developing their competencies in using non formal methods to include young people with fewer opportunities from rural area.

The project objectives are:

- 1. To develop the level of knowledge about non-formal learning methods that can be used to include young people in rural areas, among the 24 youth workers from Austria, Romania, Italy, Turkey, Lithuania, Armenia, Greece and North Macedonia, until the end of the project
- 2. Developing the level of abilities to facilitate non-formal learning methods that can be used to include young people from rural areas, among the 24 youth workers (participants at the project) until the end of the project
- 3. Design and implementation of the 8 non-formal learning methods that can be used to include young people in the rural area by the 24 youth workers (participants at the project) until the end of the project.

#### **Activities**

The project includes several types of activities:

- 1. Management activities
- 2. Preparatory activities
- 3. Mobility Learning activities
- 4. Dissemination activities

Issues related to transportation, accommodation, meals, procurement of consumables, monitoring and evaluation, communication between partners and other stakeholders etc. will be included and carried out

throughout the project in the management activities and preparatory activities.

Learning activities are structured in theoretical and practical sessions, through which we aim to transfer necessary knowledge in the field of inclusion of young people from rural areas and to facilitate non-formal learning methods as well as to develop skills to plan, facilitate and evaluate non-formal activities within the organization with the aim of including young people from rural areas.

The first part of the course activities includes theoretical sessions on: inclusion of rural youth through Erasmus + projects, learning areas, learning contexts, planning of learning activities, learning objectives, methods of non-formal learning, methods for inclusion of young people in rural areas, criteria for choice of methods, group management in non-formal learning, Experiential learning model - Kolb cycle, learning styles, facilitating non-formal learning methods, types of questions. Through all these sessions, the participants will assimilate the specific knowledge required to carry out inclusion activities using non-formal methods.

The second part is focused on developing the skills of the participants, using the knowledge gained in the first part. Thus, they will have the opportunity to apply, clarify, use, test, and demonstrate that they have the skills and attitudes necessary to implement the skills they have acquired in their real environment within their organizations.

During the course we will use different non-formal methods: brainstorming, facilitated discussion, graphic facilitation, role play, simulation, team-games, energizers, reflection groups, feedback, etc.

Participants in the course will be 24 youth workers, over 18, motivated and interested in developing the level of competence of youth workers in the use of non-formal methods for inclusion of young people from rural areas.

#### Impact

During the follow-up period, each partner will carry out a dissemination workshop for other youth workers and a workshop for young people from rural area to disseminate project results The impact of the project will be considered on short, medium and long term. The short-term impact at the participants' level will be their professional development, by developing specific competences in including young people from rural area. Through community seminars and workshops, a short, medium and long-term impact will be attained at the level of the youth workers community and within the target group of organizations, young people in rural areas. Youth workers from other local organizations will benefit from the knowledge, skills and attitudes of our participants, assimilate them and use them in their work. Through Dissemination Seminars and Inclusion Workshops organized in local communities in the medium and long term, partner organizations will have greater visibility and a better professional image and thus will better fulfill their mission and goals.

In the medium and long term, participants will be able to use effective non formal methods to work with youngsters in their community and to contribute of the inclusion of young people with fewer opportunities. The partner organizations will develop their project management skills, learn new methods and methods of ongoing projects in progress, and new ways to manage and facilitate non-formal activities. The target group of partner organizations, young people with low opportunities from rural area will become aware of their own potential, will have better communication skills Thus, they will have harmonious relations and desirable behaviour in society and will increase their chances of social and professional integration, leading to a balanced and independent life.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

# Youth Connect 2021

# **Project Coordinator**

Organisation PFADFINDER UND PFADFINDERINNEN OSTERREICHS, KURZ PPO

Address STOBERPLATZ 12/3, 1170 WIEN, Wien, AT

Website www.pfadfinderin.at

## **Project Information**

Identifier 2020-3-AT02-KA105-002900

Start Date Apr 1, 2021

End Date Dec 31, 2022

EC Contribution 28,505 EUR

Partners BANDALAG ISLENSKRA SKATA (IS), LETZEBUERGER GUIDEN A

SCOUTEN (LU), Bund der Pfadfinderinnen und Pfadfinder e.V. (BdP) (DE), Hungarian Scout Association (HU), Organization of Bulgarian Scouts (BG), Junák - český skaut, z.s. (CZ), SUOMEN PARTIOLAISET -FINLANDS SCOUTER RY (FI), SCOUTS EN GIDSEN VLAANDEREN (BE), BUREAU EUROPEEN DU SCOUTISME ASBL (BE), EESTI SKAUTIDE UHING (EE), KFUM SPEJDERNE I DENMARK (DK), ECLAIREUSES ECLAIREURS DE FRANCE (FR), SOMA HELLINON PROSKOPON (EL), Bundesamt Sankt Georg e.V. (DE), FEDERAZIONE ITALIANA DELLO SCAUTISMO - F.I.S. (IT), SOJUZ NA IZVIDNICI NA MAKEDONIJA (MK), SAVEZ IZVIĐAČA HRVATSKE (HR), THE SCOUT ASSOCIATION OF MALTA (MT), LES SCOUTS FEDERATION DES SCOUTS BADEN POWELL DE BELGIQUE (BE), LIETUVOS SKAUTIJA ASOCIACIJA (LT), SCOUTING IRELAND (IE), SCOUTING NEDERLAND (NL), MOVIMIENTO SCOUT CATOLICO (ES), ORGANIZATIA NATIONALA CERCETASII ROMANIEI (RO), ZWIAZEK HARCERSTWA POLSKIEGO (PL), SCOUTERNA (SE), Norges

speiderforbund (NO) , CORPO NACIONAL DE ESCUTAS (C.N.E.)-ESCUTISMO CATOLICO PORTUGUES (PT) , Federación de

Scouts-Exploradores de España (ASDE) (ES)

Topics Inclusion - equity; ICT - new technologies - digital competences; Youth

(Participation, Youth Work, Youth Policy)

## **Project Summary**

#### Objectives

The "European Scout Communications' Forum 2020" training course is a four full day (4 days including travel) event that will take place in Vienna, Austria between 23-27 October 2021, involving 30 European Youth organisations. The event will welcome 50 participants (aged 18 to 30) from 26 countries, including 5 members of the Planning Team.

The training course is dedicated to youth workers involved in communications of their youth organisations, treating topics connected to combating stereotypes, increasing outreach and promoting non-formal education. The project aims to provide relevant training to them in order to enable them to develop new public campaigns to fight the stereotypes associated with scouting and to increase their outreach to new categories of youth and their parents. They will also be updated with the changes in social media and mass media to ensure that they keep up with the channels young people are using.

Participants will gain valuable new skills through non-formal learning (seminars, workshops, presentations, panel discussions), intercultural exchange, group work, mutual learning and exchange of experiences, hands-on learning, informal learning (during simulation exercises and get-to-know each other activities).

In what concerns the impact on the participants, we expect to see that they will gain and/or improve their knowledge and skills in relation to external communication, drafting and implementing media campaigns, using the principles of inclusive communication, youth centred communication, fighting stereotypes related to Scout activities and raising public awareness on the value of youth organisations alongside the non-formal learning opportunities they provide. The participants will master their skills as professional youth workers, being aware of the impact their work can have on society.

In what concerns the partners, the participating organisations will get new experience in international project management, long-term cooperation of these organisations will be thus strengthened together with their public image and outreach to youth.

#### **Activities**

The project is built around one youth worker mobility which will take the format of a training of days targeting 50 youth workers already active in the partners youth organisations. The youth workers that will be selected by the project should have an interest or a previous experience dealing with reaching out activities, diversity and inclusion, or digital engagement areas.

Their level of current engagement whether it is a local or national level is not a precondition for participation in the project aims at bringing different level of expertise and engagement. Priority will be given to youth workers from a fewer opportunities background. Their personal life story and pathway are going to be key for the outcomes of the event as it is aims at strengthening youth organisations capacities to better reach out to disadvantaged youth.

The methodology of the event is highly participatory and engaging for the participants and aiming at ensuring the transferability of the knowledges via practical examples and illustrations with real cases practices. This includes as well collaborative methods, peer to peer learning fostered by small task group work, best practices sharing and

simulation games.

Therefore, in terms of activities, short practical initiation workshops will also be offered by young professional communication experts such as basic video editing for social media and impact-oriented storytelling. Such practical hard skills would boost participants' self-confidence in carrying out purposeful budget-friendly media campaigns targeting specific audiences in their home countries.

At the end of the course, participants will be guided to develop an action plan with a specific set of deliverables. They will be matched with a peer from another country to receive continuous guidance and feedback. Each partner organisation will also provide mentoring after the training to support participants in their action plans.

All participants will also be invited to join an established regional Facebook group that serves as a great networking and knowledge-sharing space for all previous trainees. The space is a great tool to sustain the positive outcomes of the training course and provide youth workers with a safe space to reach out to their peers about specific communication and inclusion questions/projects.

#### **Impact**

At a time when misinformation and fake news are destroying people's trust in the media and are drawing more and more youth toward radicalised streams of thoughts, the ability to find and use credible information is crucial. The project results for participants will enable them to distinguish facts from rumours/identify credible sources of information, ask the right questions to fact check/Use easy tools to deconstruct misinformation online and on social media. More specifically, the project aims to have the following impact:

- 1) 300 young people trained and empowered to be young spokespersons of their organisation as a follow-up activity that would be organised by the participants.
- 2) Increased professional competences of the youth workers participants in their communications capacities.
- 3) Increased capacities to reach out disadvantaged and hard to reach in the partner's organisations.
- 4) A strengthened network of youth organisations with partner's organisations that will continue their collaboration to maintain the exchange of best practices and support each other in the important challenge of opening up the youth organisation sector.
- 5) Increased access on Non-Formal Learning and personal development opportunities by young people the most in needs. This is the final goal of this project, ensuring that every young people have the right to access non formal education opportunities, feel attracted to join a youth movement with the full knowledge and understanding on what it can bring to their personal development.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

# Arts Connecting: Arts-based youth-work

## **Project Coordinator**

Organisation Kinderfreunde Mühlviertel

Address Gewerbestrasse 7, 4222 St. Georgen/Gusen, Oberösterreich, AT

Website www.kinderfreunde.cc

## **Project Information**

Identifier 2020-2-AT02-KA105-002819

Start Date Oct 1, 2020

End Date Sep 30, 2023

EC Contribution 16,661 EUR

Partners Albanian Society in Development (AL), SEIKLEJATE VENNASKOND

(EE), ASSOCIACAO CHECK-IN - COOPERACAO E

DESENVOLVIMENTO (PT), SDRUZHENIE WALK TOGETHER (BG),

Non-formal learning club "WE" (LT) , ASOCIACION AMIGOS DE

EUROPA (ES)

Topics Youth (Participation, Youth Work, Youth Policy);

Intercultural/intergenerational education and (lifelong)learning; Creativity

and culture

## **Project Summary**

#### Objectives

Art-based research opens opportunities in the field of youth-work, where traditional methods are used, that are basically aiming the cognitive level. By using artistic methods, the emotional and physical level can be reached too, so that the learning outcome is more intense and last longer. The participants get to know this concept both on a theoretical and on a practical-aesthetic level. That will enable them to use it within the own working-context in formal as well as in non-formal education. At the moment, the concept of arts-based research is limited on the field of arts-pedagogy and scientific work. But outside that it is widely unknown. By doing this seminar we aim on the extension of arts-based research, so that an as high as possible amount of adolescents may have benefit of it.

Working by means of artistic and aesthetic methods deals with different socio-cultural brings up discussions and it leads to an intense reflection about it. So, stereotypes can be modified and prejudices can be reduced, especially those concerning people with different backgrounds, different origin and different life-scripts. Using the concept of arts-based research brings people to acknowledge the real existing diversity. Because of the personal encounter of people during the seminar also the plurality of cultures in Europe is acknowledged and appreciated. Thinking in national categories will be given up in favour of a broader European dimension.

The practice of arts-based methods and techniques have an important impact on key-competences for the successful integration on labour-market as well as for the personal social participation. Social communication-skills, the ability to understand and to work on complex interrelations, the competence of speaking and listening in English and the intercultural competences will be strengthened and supported. The participants will learn how to support the adolescents, with whom they are working themselves, in these competences.

Last, but not least, this seminar is also providing a platform for to build up and strengthen cross-regional and transnational cooperations and networks in order to consolidate the European ideas, values and identity.

#### **Activities**

This seminar is carried out in three steps: preparation, attendance course, follow-up.

For preparation of the participants and for making them sensible for artistic and inter-cultural work during the attendance course, the participants receive certain preparation-lessons. These contain a questionnaire about the persons themselves: both demographic questions and experiences concerning arts and culture. Furthermore, they have to solve practical artistic tasks too.

The attendance course consists of a personal encounter of one week. The participants will gain theoretical and practical knowledge about the concept of arts-based research, its possibilities and boundaries for the own practical work with young people. At the center of our work there is the practical implementation of different forms of artistic works and specific techniques.

During the follow-up time the participants have to develop a project together with young people around them for to try out what they have learned. By doing so, they will learn about the daily capability of these methods and this

concept. At the same time the young people themselves will gain profit of it. The participants will have to report about their projects to the Kinderfreunde.

#### **Impact**

The participants learn about the concept of arts-based research in theory and practice. They learn about the possibilities and boundaries of this concept in the youth-work, namely in formal and non-formal education. This will enhance their own key-competences as well as the competences of the adolescents, they are working with. Especially the intercultural competences, the citizen-competences, the competences of foreign-language (English) and the personal and social competences will be improved by the artistic works in intercultural groups.

Artistic techniques and methods as well as the scientific-systematic way of thinking are crucial parts of arts-based research, that will be communicated to the participants. They will learn techniques out of the field of theatre, performacne- and ation-art, installation-art, photography and creative writing. They will learn about the systematic method of the practical work by means of arts-based research and they will get to know this by doing it on the seminar themselves under the supervision of the trainer. In the midst of the reflexions there will be the transfer into the practical work with young people.

The personal encounter of the participants during the attendance course and the common artistic work they will be confronted with different life-scripts and different cultural, social, religious and personal differences. They will learn to value the existing diversity in the small context as well as in the broader context. Their thinking will be expanded. The european cultural diversity will be acknowledged as an enrichment.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

# **DECIDE YOUth**

## **Project Coordinator**

Organisation Verein MARK für kulturelle und soziale Arbeit

Address Hannakstrasse 17, 5023 Salzburg, Salzburg, AT

Website www.marksalzburg.at

## **Project Information**

Identifier 2020-2-AT02-KA105-002784

Start Date Aug 1, 2020

End Date Apr 30, 2023

EC Contribution 17,330 EUR

Partners ANEVE (PT), FUNDACJA YOUTH ACT (PL), Udruga mladih Spirit of

Freedom Hrvatska (HR), AMKE KENTRO NEON IPEIROU (EL), EVROPSKE CENTRUM MLADEZE BRECLAV EUROPEAN YOUTH CENTRE BRECLAV Z. S. (CZ), VSI INOVACIJU BIURAS (LT),

AYUNTAMIENTO DE ALZIRA (ES)

Topics International cooperation, international relations, development cooperation

; Youth (Participation, Youth Work, Youth Policy) ; Entrepreneurial

learning - entrepreneurship education

### **Project Summary**

#### Objectives

DECIDE YOUth is a training course focused on the improvement of the decision making process in Youth, during this training the participants will learn new methods of decision making, project management, strategy, strategic thinking, leadership and entrepreneurship. DECIDE YOUth is a KA1 of Erasmus + to involve 24 participants from 8 diferents countries (Austria, Portugal, Poland, Croatia, Greece, Lithuania, Spain and Czech Republic) in Salzburg (AUSTRIA). The objectives of the project are to: Provide youth workers with know-how for decision making in planning and developing initiatives with youngsters and improving their project management competences focusing on each phase of the project life, partnership and communication; Increase the understanding of different quality aspects of youth exchanges such as: project design connecting topics, objectives and activities, cooperation with partners, intercultural learning, learning assessment, impact and results; Provide introduction to the Erasmus+: Youth in Action Programme, focusing on main features and priorities (mainly for newcomers to the programme); Critically reflect upon their previous international experience(s) - good and bad practices- as participants, coordinators or as partners; Support participants in putting in practice the learnings gained, submitting quality application forms to their NAs (through planning project ideas in partnership during one TC session and offering a mentoring support after the TC); Experience a non-formal learning process and understand how to support young people's learning process in the project; Facilitate the creation of partnership for further projects among the organisations (through the positive exchange among experienced and newcomers organisations).

Youth Workers will be given various tools and methods, by using multicultural dialogue, multidimensional theories, empiric data and non formal education to then be applied to their youth and communities. We feel the need to have this training course because we feel the need for improving the young peoples lives regarding to decision making and also to improve the quality of Erasmus+ projects, since we understand that the decision making processes are getting less accessible to young people and the ways of reaching to a decision are getting harder and harder with the advent of technology, multitasking and lack of attention. To accurately deliever, manage, implement and disseminate a project and therefore have an impact in young peoples' lives and communities it is extremely relevant to know how to take decisions, being this especially hard for the newcomers in the Programme or for those starting to write their first projects, manage groups or even starting a job in the field of youth. And sometimes also in case of organisations with some more experience, we notice not total awareness about the main quality features, phases and knowledge of the Programme and the strategies that one can have to better deal with challenges and problem solving.

We want to carry out this project following the invitations and suggestions from our partners on sharing our methods and knowledges with them, in order to improve their skills on Decision Making, planning and management, but also opening to less experient in the Erasmus+ programme and its opportunities for an active citizenship and youth participation.

#### **Activities**

The DECIDE YOUth team (CO, SO and Trainers) have years of international experience in non-formal education and coordination of groups and international projects, who are used to developing and supervising the partnerships in projects, ensuring the best possible outcomes. They worked in different projects having experience in working also in other organizations in the past. They have different skills, knowledge and years of experience combined and during this activity, the working methods will be focused on Non Formal Education, usage of Strategy, Strategic Thinking, Project Management and Decision Making theories from scholars and

apply them into the Youth Field with dynamic activities such as debates, theatres, role plays and other creative methods; we will also be using tools from SALTO that already exist in this field. We will be focusing in understanding Decision Making in a safe environment, through NFE, sharing of theories, experiences and tools, as well as intercultural dialogue.

This activity will empower the participants to make better decisions. The past experiences of making bad decisions and dealing with the results of those decisions will be a tool to help to make better decisions in the future. The key that will be used throughout the activity to making better decisions is for the participants to educate themselves and make sure they are fully aware of the contributing factors of the decision. Undoubtedly, many of us have heard the expression "knowledge is power". And this is one of our motos for DECIDE YOUth. If we educate ourselves and try to learn as much as we can about ourselves, this decision will become more impactful and more accurate. Youth Workers will be given various tools and methods, such as what to consider when making decisions, its impact in youth work and the relevance of decision making in their lives by using multicultural dialogue, multidimensional theories, empiric data and non formal education to then be applied to their youth and communities.

DECIDE YOUth will have 8 days (including travel days) and each day will cover a specific topic: DAY 1 - Arrival and presentations | AIM: Arrival and presentation of participants; DAY 2 - Entering Erasmus+ world | AIM: Understand Erasmus+ and European Projects DAY 3 - What is Decision Making | AIM: Comprehend Decision Making and NFE; DAY 4 - Decision Making and Youth | AIM: Study and Cultural Visits to understand Decision Making related to the field of youth; DAY 5 - Decision Making Methods and Tools | AIM: Research methods/tools and creation of tools; DAY 6 - Put in practice: Activity Design | AIM: Design and receive support/feedback on the Decision Making Activities- DAY 7 - Final Evaluation and Follow Up | AIM: Evaluate the project and plan follow up; DAY 8 - Departure of Participants | AIM: Departure of participants.

This project will involve 8 European countries and have 24 participants in total, 3 participants by country. The participants involved in DECIDE YOUth project are Youth workers, project managers, board members from the partner organisations, with a high level of decision in their organisations, motivated to work on professional and personal competences with the needs to gain quality achievements in the field of this project.

#### **Impact**

As for Participants, we expect impact and improvements in their professional and personal competences and in the quality of their work in favour of young people, especially disadvantaged ones, they will gain knowledge, awareness and new tools in the fields of decision making in designing, writing and implementing european projects and in the frame of Erasmus+ as workshops/activities with their youth. They will also improve their capacities of bring quality issues in all the phases of their decisions in their personal and professional lives and international projects. For the Organisations, we expect impact in the improvement in the international and national cooperation and quality level of their work, the participants work directly in their organizations and will pass the gained learnings and methods to the whole staff: Organisations will also benefit from this, offering more qualified and motivated staff and an opening to International dimension. And for the Target Groups, we expect to have an impact in the participants and participating organisations, thus they will be the direct main beneficiaries, because the learnings are for improving and give more chances to their daily work in addition to young people from the local community will feel more empowered and capable of doing better decisions, influenced by the activities and workshops done by the organisation and participatns due to their follow up activities. On a long term, these same youngsters will be getting more support in their decision making process and start getting more active in their own societies.

DECIDE YOUth starts from the practical problem of difficulties and issues with decision making, with the aim to resolve this giving to the participants new tools to actively help their decision making process, that will further on be used in the participating organisations and the ultimate target group which is youth. This project is supposed to have impact and results not only in a short/medium term (implementation of Decision Making activities, projects

or implementation of European projects as our Activity results- at least (at least 2 New European Projects and 4 Decision Making Activities/Workshops in national levels) but also in a long term (Further projects and cooperation for longtime, in European Projects and other actions- Enlargement of the partners net by partners suggestions,...)..

DECIDE YOUth aims to highlight the theoretical and practical aspects of working with young people, presenting the development of the profession and illustrating the activities that affect young people in their communities as examples of best practices in the field of Decision Making in a multidisciplinary form and indirectly in the fields of entreprenuership, self- knowledge, creative and strategic thinking, problem and conflict resolution and ultimately Youth Work.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

# Youth Green Conference 2021

## **Project Coordinator**

Organisation EUROPEAN WILDERNESS SOCIETY, VEREINZUM SCHUTZ DER

**EUROPAISCHEN WILDNIS** 

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ΑT

Website www.wilderness-society.org

## **Project Information**

Identifier 2020-2-AT02-KA105-002752

Start Date Aug 1, 2020

End Date Dec 31, 2022

EC Contribution 38,720.4 EUR

Partners Dominicus-von-Linprun-Gymnasium Viechtach (DE), SOCIETA

COOPERATIVA SOCIALE ELIANTE ONLUS (IT) , ZAVOD ZA IHTIOLOSKE IN EKOLOSKE RAZISKAVE REVIVO (SI) , FORZA

AGENCY FOR SUSTAINABLE DEVELOPMENT OF THE CARPATHIAN

REGION NONPROFIT ORGANIZATION (UA)

Topics Intercultural/intergenerational education and (lifelong)learning;

Environment and climate change; Social dialogue

## **Project Summary**

#### Objectives

In the current time of writing, the COVID-19 pandemic shows how important it is for humans to respectfully treat nature. Meanwhile, the Earth continues to witness rising temperatures that result in climate change due to human impact. Every country, also in Europe, is facing bigger environmental challenges than ever before due to the unsustainable human behaviour and consumption of our own resources. The young generation is stepping up, demanding that governments must do more to mitigate climate change, change human behaviour and sustainably treat our environment. Besides Greta Thunberg, and the Fridays for Future initiatives, youngsters have defined the EU Youth Strategy and Youth Goals, which include the goal to achieve a 'Sustainable Green Europe'. Through this project, the partners aim to raise awareness and stimulate youngsters to become more actively involved in the European society. This project can thereby support further development and implementation of activities to achieve targets of the Youth Goal, to improve current EU Youth Strategies for a better and greener future.

During the Youth Green Conference 2021 project, we invite young participants from five different countries, including a Partner Country, to come together in Austria in an intercultural setting, to engage in a dialogue with each other and experts. Here, they will explore and discover new field of interest, helping them to develop and improve competences and skills related to environmental topics, such as climate change, waste pollution and sustainability. This 5-day conference will offer the opportunity to increase awareness amongst participants on the importance of sustainability for their own generation, to present complex topics in easy-to-understand parts, challenge them to think outside of the box and reflect on their own personal behaviour, as well as to become more self-confident to express their concerns, initiate action and encourage others to take care of the environment. Through a variety of non-formal and informal activities, a balanced programme of hands on and educative events will actively engage all participants irrespective to their background.

The Conference offers the possibility to test and evaluate a newly developed multilingual curriculum, to be disseminated afterwards to youth groups and educational institutions across the EU, to improve environmental education through non-formal and informal good practices. The participants will develop together during the Conference the European Youth Charter for the Environment, to be disseminated to decision-makers to initiate dialogues and create potential for improvements and actions in the environmental field.

This project has a highly international character, contributing to raise awareness for the need of international cooperation, solidarity, and respect. The youngsters gain a positive experience abroad, establish new contacts and friendships, and are encouraged to become actively involved in their own local communities. Hereby, the project aims to promote equality of chances of current and future generations, and active involvement for young people in Europe, to foster inter-generational dialogues and learning possibilities.

#### **Activities**

Within this project, there are two activities. The first activity is the Advanced Planning Visit, where 10 participants will meet in the Biosphere Reserve Lungau during spring 2021. Each partner will have one representative and one young participant attending. The purpose of the APV is to make the necessary preparatory administrative and practical arrangements for smooth implementation of the project and activity, as well as to build mutual trust and understanding between partners to form a solid partnership. The meeting will be coordinated by the lead

applicant, and used as an opportunity where each participant can present themselves briefly, describing their relevant experiences and expertise, and updating the partnership on the progress that has been made so far. The distribution of responsibilities and tasks is reviewed and updated where necessary, and detailed steps for the following months until the implementation of the Youth Green Conference 2021 are designed. As the conference will be a 5-day event with five different thematic days, there are several options where non-formal activities can be organised. Input from the participating young people is used to ensure that the activities meet the interests and needs of the youth participants. The general planning will be discussed and evaluated, afterwards a field visit through the Biosphere Reserve Lungau will take place to visit the field locations that are suitable to implement activities of the Youth Green Conference. The aim of this brief field visit is to jointly agree on the locations where the activities will take place. After this agreement, the local partner EWS will make further necessary and preparatory local arrangements.

The second activity is the Youth Green Conference 2021. This activity consists of a 5-day Youth Conference, that is designed for youngsters aged 13 to 20 from various EU countries and nationalities. The Conference will contain a structured plan of educational activities that follow non-formal and informal methods, allowing also those with fewer opportunities to increase their awareness about the environment, climate change and sustainability. The main venue of this activity will be Burg Finstergrün, located in Ramingstein, Austria. In 2019, the castle was used as a venue for the Youth Green Conference 2019 project, for which this project is a follow-up. For this activity, five groups of 12 young participants plus additional group leaders are foreseen, originating from Austria, Italy, Ukraine, Germany and Slovenia. The multicultural and international group of participants will boost the participants' intercultural learning, provide the opportunity to make new friendships, and become aware about the opportunities that the European Union and Erasmus programme has to offer them. The group leaders are between 18 and 30 years old, and should be a familiar face for the young participants. Having a familiar face also helps young participants who are more shy or insecure to feel more comfortable in a group with many new faces. A difference in the educational background is expected, especially with the participation of 10 individuals with fewer opportunities. Due to the different countries, this transnational activity will host participants from a variety of family-structures, religion and regional backgrounds. This will provide the opportunity for the participants to reflect on their own life situation and perspectives.

#### **Impact**

The project will have a structured approach of evaluation, validation and recognition in place for the youth participants, to establish a good commitment and involvement of every participant during the activity and beyond. Supported by a sound dissemination strategy, the desired impact and long-term effects of this project on various levels can be summarised in the following points:

- Increased awareness and understanding about the thematic areas of Environment, Climate Change and Sustainability
- Fostering of dialogues between young people and adults of various working fields
- Improving personal development, promoting the Erasmus programme and values
- Act as an exemplary role for future projects and collaborations between organisations

The developed youth education curriculum is tested and evaluated during the Youth Green Conference 2021, and afterwards it will be finalised and disseminated as an output to fellow youth groups and educational institutions for transfer and replicability. Also, the participants will work on the European Youth Charter for the Environment, which will be finalised at the final and fifth day with the group. This Charter will be shared with all participants and they will be encouraged to share it will their friends at school, sports clubs, the neighbours etc, as well as via digital ways like social media. Dissemination activities of the European Youth Charter for the Environment will

target the decision-makers and media, to become familiar with the project and Erasmus programme, but more importantly to understand the concerns of the young generation and initiate dialogues with them to discuss potential solutions.

The young participants are expected to develop new skills and competences that help them to reduce their carbon footprint, think and act more ecologically sustainable, and promote environment-friendly practices. This is done by making them aware of the challenges that society is facing especially in the thematic areas of Environment, Climate Change and Sustainability. The Conference provides a good opportunity for the participants to discover and become aware of new cultures and uses, and create new international friendships, which help them to strengthen their feeling for solidarity. As the primary language of the Conference will be English, all groups will thereby practice and likely improve their foreign language competences. Through a variety of non-formal and informal educative methods, and the relative short duration of the Conference, the 10 participants with fewer opportunities are also able to be engaged with support and sufficient guidance of the group leaders. This will help the young participants to improve their knowledge and learning about the environment, and spark their interest to become more actively involved in society to address some of the challenges that the participant recognises on local levels. As a result, the young participants are expected to better understand what topics they are interested for future professional development, which helps them to prepare better.

Group leaders are expected recognise the potential for more international cooperation with other educational organisations. They will experience potentially new non-formal and informal educative methods that they could interconnect with their own youth work, to improve the quality of their work and the learning progress of youngsters. The international group will help them to better understand the diversity in social, cultural and linguistic contexts, and how to overcome potential challenges that rise from this diversity, as simple as by improving foreign language skills. The project will demonstrate how important their work is, boosting their self-confidence and satisfaction to do this work, and will help them to develop professionally even further.

The international consortium of participating organisations will strengthen their capacity to become active on international levels, and establish worthy contacts within the similar as well as different field of interest to start new synergy activities also with Partner countries and vice versa. By participating in the project management, the partners will also improve their project management skills, experience with handling EU-funded projects and increase their overall performance within such a project. It is expected that this will help them to spark innovative and improved methods to be used in future projects to engage target groups more effectively, which lead to more local benefits and improved efforts to engage youth and participants with fewer opportunities.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

# LISTENING - enhancing presence and dialogue in youth work

## **Project Coordinator**

Organisation coobra - cooperativa braccianti

Address Herklotzgasse 21/3, 1150 Vienna, Wien, AT

Website www.coobra.at

## **Project Information**

Identifier 2019-3-AT02-KA105-002595

Start Date Mar 1, 2020

End Date Feb 28, 2023

EC Contribution 22,951 EUR

Partners TI MOZHESH LI (BG), EduEra (SK), ZALA BRIVIBA (LV), PRAXIS (EL)

, Ticket2Europe (ES) , Active Youth (MT) , Én Kint Egyesület a Békéért és Fejlődésért (HU) , ORIEL APS (IT) , Associação Juvenil A Jornada dos Heróis (PT) , Youth Eurasia (TR) , Fundacja Akcelerator Obywatelski

Spark (PL)

Topics Youth (Participation, Youth Work, Youth Policy); New innovative

curricula/educational methods/development of training courses; Health

and wellbeing

## **Project Summary**

#### Objectives

With the "Listening: enhancing presence and dialogue in youth work" project we aim to foster the quality of European youth work through enhancing skills and capacities of youth workers to listen effectively, actively and empathically in order to lead constructive conversations, receive and give feedback as well as stay present for the stories, feelings and emotions in daily work with young people. Participants will explore the potential of listening to address the challenges of isolation and loneliness young people are facing by creating nurturing conversations, fostering a sense of belonging and strengthening feelings of empathy and connection in young people. The course will also provide opportunities to youth workers to develop skills to empower young people to address their own loneliness, identify young people at risk of loneliness, and know resources and activities to both raise awareness of the value of social support and develop the personal abilities of young people to adapt and become more resilient.

The skill of listening has been widely researched and its benefits proven. To be listened to and listen to others in a way that encompasses empathy, compassion and holding space for self and another create a foundation of bringing more trust, teamwork, creativity and belonging in young people. When young people do not feel valued, respected or feel like they belong, they are more vulnerable to experiencing isolation, loneliness, destructive behaviors or even joining radical movements.

The skill of listening can effectively address the risks of loneliness in young people. Research shows that increased loneliness is linked to increased stress, depression, anxiety or addiction, therefore affects the wellbeing and mental health of youth. That makes a strong link of the project with the European Youth Goal #5: Mental Health and Wellbeing, namely: "to encourage the development of self-awareness and less competitive mindsets by fostering an appreciation for individual skills and strengths." and "to focus on prevention measures that ensure young people are equipped with the knowledge and the skills required for better mental wellbeing."

"Listening: enhancing presence and dialogue in youth work" is a project exploring how listening is linked to youth work and how can we foster youth participation, decrease the risks of loneliness and co-create a meaningful social change by various listening practices. In more detail, the objectives of the project are:

- 1.) To support professional development of 24 youth workers by exploring how to use innovative listening-based tools and practices to enhance youth participation, foster dialogue and combat loneliness in young people in Europe
- 2.) To provide 24 youth workers with knowledge and competencies to support and empower young people by creating listening-based learning environments and improving their communication skills
- 3.) To increase inspiration and motivation of 24 youth workers to listen and engage in meaningful conversations with young people from all backgrounds and facilitate community-building based on trust, presence and awareness.
- 4.) To strengthen mutual support networks of organisations and foster quality improvements in European youth work by creating space to develop shared understanding how to bring more trust, support and cooperation in local solidarity work as well as opportunities for further cooperation and peer support.

#### **Activities**

This project will gather 24 youth workers and educators from 12 different countries (Austria, Bulgaria, Greece, Hungary, Italy, Latvia, Malta, Poland, Portugal, Slovakia, Spain and Turkey) for a 7 day Training Course taking place in Strengberg, Austria from June 27th to July 5th of 2020, to develop competences for supporting and empowering young people by creating listening-based learning environments and improving their communication skills.

Before the course, we will provide participants with preparatory materials sent online that will include links to videos, short articles and a few tasks in order for participants to get to know more about the concepts and models used during the course as well as to establish shared understanding among participants.

After the course, participants will organise follow up activities, both transfer of knowledge meeting within their sending organisations as well as follow up action - workshop for young people they work with in order to share the skills and use the tools they have gained during this course in practice in their realities. The trainers and partner organisations will offer support in preparing these actions - trainers will offer individual online mentoring session and the partner organisations will support logistics as well dissemination and visibility of the project results.

During the seven days residential training course, participants will learn new listening-based methodologies and improve their toolkit with new approaches to address loneliness and isolation of youth, and at the same time enhancing their social and civic skills. Looking at different aspects and levels of listening and practically applying these skills in group activities, individual reflection, and how to bring these listening skills into youth work and community work as well how this ability to communicate clearly, empathically and kindly can be applied dalso in global movements for the betterment of humanity.

Methods introduced during the course will include awareness of listening patterns and barriers to listening; individual patterns when we deal with emotions - our own and of others. Participants will learn from each other and develop the connection and open communication within the group through methods such as: dialogue, group and self-reflection, mindfulness, movement and nature connection. This TC will also include activities based on the principles of non-formal education participative and learner-centered approach, such as experiential learning, team building activities, debriefing, group work, simulations, theory input, discussions, monitoring of participants' needs, evaluation.

Content-related sessions will address and provide knowledge about concepts and research on Youth Ioneliness, Assertive listening, Somatic Education, Wellbeing wheel; competences and tools for listening: mindfulness, empathy, Non-violent communication, Restorative circles, Appreciative Inquiry, The Way of Council, The Art of Hosting; skills to create safe and inclusive environments for young people through community building activities, sharing circles, acrobatics and authentic movement; embodied approach to increase self awareness and physical, mental and emotional intelligence.

This project will bring together 24 participants from 12 partner organisations, supported by 5 staff (2 trainers, 1 graphic facilitator and 2 hosts/support team). The target group of participants are youth workers, educators and non-formal learning facilitators, teachers, school support staff involved in extracurricular activities as well as representatives of social sector involved in educational programs for youth. Important criteria is that participants are staff members or volunteers of the partner organizations, involved in the work of partner organizations on a daily basis and able to put gained tools, ideas and developed competences into immediate practice. Broad diversity of the group will provide a rich space for sharing examples of good practice and peer learning. Additionally, the participants have a good understanding of the situation and context of young people in their local community, good understanding of the needs and challenges of the youth field as well as motivation, commitment

and capacity to participate in the entire learning process, including preparation, full presence during the training course and organising the follow up activity.

#### **Impact**

The project intends to bring awareness of youth loneliness and how youth workers working within non-formal education can support young people while using listening-centered tools and approaches. Thus we expect that there will be more awareness, initiative and conversations around the possibilities for European Youth work to combat loneliness and ways to tackle the complex socio economic problems that underlie it. The tangible results achieved by the project are 1) youth workers trained in addressing loneliness in youth work 2) youth workers willing to support young people through various listening-centred practices 3) online blog with innovative listening-based methodology for preventing loneliness in young people that will be visited at least 700 times during project duration 4) video presentation of the TC (3 min), viewed min. 250 times during project duration 5) meetings within the partner organizations, reaching min. 6 people from each organisation 6) follow-up actions made by the participants-reaching minimum 120 people 7) one article on each partner's website, shared on social media - each one reaching at least 100 people 8) photo album with 50 pictures from the course on facebook, shared by partner organisations - reaching to min. 700 people 9) 24 Youthpass certificates .

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

# GO GREEN TO KEEP THIS WORLD CLEAN

## **Project Coordinator**

Organisation Europahaus der Pfarre Pulkau

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Website www.europahaus-pulkau.at

## **Project Information**

Identifier 2020-1-AT02-KA105-002669

Start Date May 1, 2020

End Date Apr 30, 2023

EC Contribution 42,975 EUR

Partners CUBUS - Curaj, Bucurie, Speranta (RO), Creative hunters (BG),

Gymnazium, Stredni pedagogicka skola, Obchodni akademie a Jazykova skola s pravem statni jazykove zkousky Znojmo, prispevkova organizace (CZ), Silesian Explorers (PL), Von Mensch zu Mensch eine Brücke bauen (AT), Caspar Cailean - Mindful Youth (FR), Amicii di Verona (IT)

Topics Creativity and culture; Environment and climate change; Youth

(Participation, Youth Work, Youth Policy)

## **Project Summary**

#### Objectives

We are at a critical point in the history of the earth, where humanity has to choose the path to its future. As the world is increasingly intertwined and becoming more environmentally fragile, the future holds great dangers and great opportunities at the same time. If we want to move forward, we have to recognize that despite and especially in the great diversity of cultures and ways of life, we are one human family, a global community with a common destiny. We need to get together to create a sustainable world society based on respect for nature, universal human rights, economic justice and a culture of peace. Along the way, it is imperative that we, the peoples of the earth, take responsibility for one another, for larger communities of life and for future generations. The association Europahaus der Pfarre Pulkau is committed to the Earth Charter and joins the environmental protection movements of our time. Inspired by young people from our partner countries, we call the project "GO GREEN TO KEEP THIS WORLD CLEAN". A trend-setting title for our indoor and outdoor activities, workshops and leisure activities, which should lead to the achievement of the goals of the Erasmus + program. Our concept also focuses on the basic principles of non-formal education. It is voluntary, holistic and process-oriented, structured with a necessary organizational effort, but useful for those who have small and large but clear goals in life. In addition, education is based on experience and action, addresses the needs of teachers, pays attention to the inclusion of the disadvantaged, teaches survival skills and competencies, prepares participants for their role as active citizens and includes individual learning through collaboration and learning in groups,

We also want to make this Erasmus + Youth Meeting a European environmental youth project. Our main topic includes three important areas that we want to address and perceive. 1. Where do the food come from? How do they come about? It is not always easy to answer these questions, especially in our globalized world and especially in the city (almost all participants come from small or large cities) where agriculture is not so present. For this reason, young people, within the scope of this project, from exploring the soil (camping and research in the Thayatal National Park) to getting to know the food system (staging a selective purchase with consideration of local and regional products, as well as a visit to an organic farmer) to Baking a bread: from the grain to the house mill to the batter and baking in a traditional oven. The participants learn in groups how to be nature-bound, climate-friendly, sustainable and socially fair. 2. The reduction of greenhouse gas emissions goes hand in hand with the improvement of individual mobility behavior. To make the participants aware of this, they should come to Austria by train or bus, and they will also experience public transport. You see cyclists, they walk and see alternative forms of drive at the various stations, e.g. Electromobility. 3. Waste prevention is not only essential to get away from plastic and plastic packaging. It also offers young people easy access to a more environmentally conscious lifestyle, as well as undreamt-of potential cost savings. In this project, young people are promoted to waste prevention multipliers. The aim is to convince people in their personal environment to conserve valuable resources through conscious consumption and waste prevention. The young people independently design multilingual information material. You will learn new skills and experience self-efficacy in the course of zero waste challenges. As a multicultural youth exchange we want to strengthen this project with European cohesion. Our future capital is youth and their education. As in every Erasmus + program, they experience diversity, integration, inclusion, added value through new partnerships, communication, dialogue between cultures and exchange. These basic elements of public youth work should also be strengthened outside the meeting through a European awareness and greater participation.

#### **Activities**

Our activities focus on people, their living space, the environment, but also sports, games, creativity and initiative. This year we would like to encourage young people to become active and creative with a healthy lifestyle in their passive school days and in their free time. Team spirit and responsible personalities can develop in the community. Create nature experiences and environmental awareness. Diversity is life: not only in nature, but also among people, especially in a multi-cultural society that shapes the lives of all major European communities. We start on Wednesday, July 15th, 2020 with a Welcoming Dinner, followed by the first information evening with basic information. The security of everyone involved and the adaptation to the Lower Austrian Youth Law have a high priority. Then came discussion and interventions, with expectations from both sides.

The next day there is a brainstorming session so that everyone can recognize their role in the project. What activity scope and workshop are offered and how specifically everyone can contribute. In the afternoon we have the first outdoor activity along the Pulkau stream. In the evening there is an hour for reflection and preparation for the adventure in the Thayatal National Park. A welcome party with the participation of the youth from Pulkau rounds off the day. We spend the next two days dedicated to environmental protection and natural science. We cycle from Pulkau to Hardegg (18 kilometers), where the rangers of the national park accompany us for two days. We divide into three groups so that the participation and effectiveness of each activity is achieved. On Sunday we keep moving with several sports activities in the leisure area of the municipality. From Monday 20th to Friday July 24th we have a daily workshop on nature conservation, waste prevention and a healthy lifestyle. In addition, there is the theater workshop and working groups with other artistic forms of expression such as grinding and making music. Three organic farmers invite us to visit their farm, we can help bake farm bread and take part in apple juice squeezing.

A zero waste initiative group, which has been formed from long-term participants in our youth meetings, provides information on waste prevention and a representative from Brantner Müllentsorgung, explains the waste sorting system in Lower Austria and why our comfortable life generates so much waste. Saturday, July 25th and Sunday, July 26th, we invite the population to come to us for an open house. We present our activities and the resulting projects, a good opportunity to spread the results of the Erasmus + program to a wide audience. It also allows to improve the use of the learning process. On Monday July 27th we will visit Vienna, where we will also meet a "tree doctor" who will explain how he is fighting to save the trees and why urban society in particular needs these oxygen donors. Our day in the federal capital also includes a tour of the Natural History Museum, which will be an experience for all of us.

There is feedback after 6 days of activity. The day before departure is all about the evaluation, first at the staff level, then we work with the participants to evaluate the methods, the instruments, a participation process, the design of the learning processes, the further development of skills and a general result the whole project. GO GREEN TO KEEP THIS WORLD CLEAN is a European youth project to which we have invited 39 pupils from seven countries. There are also their supervisors or leaders, for a total of 45 people. From Poland, the Czech Republic, Ukraine, Bulgaria, Romania, France and Austria. There is a preparatory meeting at the beginning of June with the participation of two people per country. The majority of the participants are known to us and have already participated in at least one European youth meeting. There are also some new additions, plus 5 young people who come from families with weak, social backgrounds. Two from Romania, from France and one youth each from Ukraine and Bulgaria. The invited participants have already been informed about our Erasmus + program in Pulkau. They have been participating in the preparations for several weeks with suggestions and ideas for the meeting, which will take place between Wednesday, July 15 and Tuesday, July 28 at the Europahaus der Pfarre Pulkau. On Sunday, July 26 at 5 p.m. there will be a ceremony and a special event as a highlight of the Erasmus + program. Many prominent guests are invited to this. This feast day will be advertised on radio and television, and we will have the gates open to guests from all over the region.

#### **Impact**

Our Erasmus + youth project in Pulkau offers activities in the areas of general education and intercultural

exchange. It is our aim that through their involvement, the young people make a decisive contribution to expanding the qualifications required for active participation in the job and study market, so that, as responsible EU citizens, we can shape society with a sense of justice and tolerance. It is a transnational mobility program that is designed to help young people acquire learning outcomes (knowledge, skills and competencies) and to help them develop at an important stage in their life. Qualitative youth work is also offered, where those responsible can strengthen their competencies as decision-makers. Daily interactive communication helps everyone involved to significantly improve their foreign language skills. The word "foreign" in relation to people is a foreign word for us. Every year we learn how the participants can increase and strengthen their awareness and understanding of other cultures and countries. With so many new contacts, we give them the opportunity for international networking, for a far-reaching view across national borders, but also for their self-confidence to appreciate their own identity and their own culture, in order to become part of the history of their country like a part of european identity.

The role of our institution in the region, at home and abroad, will also be strengthened. We can also offer a complete infrastructure for local and national youth programs and improve our youthwork. Many schools and youth clubs from Vienna and Lower Austria use our services and are influenced by the European dimension of our work. Our strategy also includes ensuring that the results of the Erasmus + program reach many target groups. We will put the Erasmus + badge at the entrance to our youth hostel. We involve the regional media, hold a big final presentation as a cultural event in public and the project results are prepared, documented and also put online. Through our own Facebook platform, we convey European values and encourage many young people to think about concrete environmental protection measures and to implement them. In addition to the key competencies that are also mentioned on the Youth Pass certificate, we want to impart and strengthen ecological competencies. The goal is on the one hand to impart knowledge about the global environmental crisis, as well as its causes and possibilities for change. On the other hand, we ask about individual, collective environmental awareness and environmental trade, as well as political, economic possibilities and measures to avoid environmental damage in the future. An input for an ecological sustainable lifestyle.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

# TC "Art of life - a program for empowerment and resilience"

## **Project Coordinator**

Organisation Kinderfreunde Mühlviertel

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Website www.kinderfreunde.cc

## **Project Information**

Identifier 2020-3-AT02-KA105-002914

Start Date Apr 1, 2021

End Date Mar 31, 2023

EC Contribution 21,179 EUR

Partners ASSOCIACAO CHECK-IN - COOPERACAO E DESENVOLVIMENTO

(PT) , FUTURE IN OUR HANDS NGO (AM) , Bilgi ve Beceri Dernegi (TR) , ASSOCIAZIONE EUROPALMENTE (IT) , Asociación Juvenil "Jarrón Club" (ES) , Non-formal learning club "WE" (LT) , Udruga Amazonas (HR)

, FUNDACJA EDUKACJI ROZWOJU I INNOWACJI (PL)

Topics Health and wellbeing; EU Citizenship, EU awareness and Democracy;

Creativity and culture

## **Project Summary**

#### Objectives

Conscious living and experienced self-efficacy are two basic elements of a good self-confidence. The "art of life" program presented here primarily serves exactly these two elements. Beyond that however also the feeling for the own personal identity, in addition, for a European "we" identity is to be strengthened.

In theoretical inputs as well as in practical work, the participants learn artistic methods and techniques in order to apply them in their own formal and informal youth work. They will also learn how to apply these methods in relation to the art of living. The main focus is on self-esteem, self-efficacy and self-confidence - central elements of identity, empowerment and communication skills.

In addition to the factual content of the training course, intercultural communication skills are also strengthened. In personal encounters, prejudices are broken down and stereotypes are modified. Thinking in national categories is abandoned in favor of a greater European identity.

#### **Activities**

The training course consists of three sections. The first section concerns the preparation of the participants both in terms of content and artistic methodology. For this purpose, the participants will receive a questionnaire which will guide them in dealing with these questions. They will also be invited to consider artistic methods for a specific task.

The main activity takes place in the Mühl-fun-viertel in Klaffer/Hochficht. This is where the personal encounter with the participants takes place and the actual joint work on the topic of "Lebenskunst" in all its facets. Both theoretical inputs and practical work take place here, which is partly carried out with theater pedagogical methodology and partly with experiential pedagogical elements.

The course concludes with a follow-up work following the participants' return to their home countries and regions. While still in the presence phase, the participants are prepared for an independent project which they are to carry out independently after their return.

#### Impact

The first and immediate effects are found with the participants. They leave the training course strengthened in their identity and conscious self-efficacy and are aware of their European identity.

The participants can better deal with stress and are better able to avoid burnout. They know the neurobiological processes in the body and are more resilient. They are also able to pass on this knowledge to young people in both formal and informal contexts.

The teaching of artistic methods and techniques, especially performance, installation and forensic science is part of the training course. The participants learn to apply these methods and techniques and to teach them themselves. Artistic-aesthetic work is of outstanding importance, especially in the field of informal and non-formal education. The participants will be strengthened and provided with knowledge and skills that will enable them to successfully apply this form of educational mediation in youth work.

Beyond the direct effects on the participants themselves, this training course also shows effects on the organizations and on the respective target groups with which the participants are involved. Here they act as multipliers and pass on their acquired knowledge, skills, but also their attitudes and behaviour.

For the Klaffer region and its surroundings, this project also has economic effects. The international awareness level will be increased, which will lead to a plus in tourism.

The strengthening of the European "we" identity and the European idea and the dismantling of nation-state thinking will in the long run also lead to a strengthening of the European Union and its ideals.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

# 2020 Professional BestPraktice Exchange Vienna, IJB Bremerhaven- AKS Noah

## **Project Coordinator**

Organisation Arbeitskreis Noah. Verein für Sozialpädagogik und Jugendtherapie

Address Kenyongasse 15/4 Stock , 1070 Wien , Wien , AT

Website www.noah.at

## **Project Information**

Identifier 2020-1-AT02-KA105-002646

Start Date May 1, 2020

End Date Oct 31, 2022

EC Contribution 7,020 EUR

Partners Initiative Jugendhilfe Bremerhaven e.V (DE)

**Topics** Social entrepreneurship / social innovation; International cooperation,

international relations, development cooperation; Inclusion - equity

## **Project Summary**

#### Objectives

The practitioner exchange between the "Initiative Jugenhilfe Bremerhaven" and the "Arbeitskreis Noah" is a qualitative exchange seminar for specialists with many years of experience working with young people "at high risk" and the organizations involved.

Nine participants from the IJB practice for a week at AKS Noah in Vienna.

Employees of both organisations are offered a training opportunity that is primarily based on practical experience and the direct use and exchange of methods, values and habbits.

The special thing about this exchange is that we can meet each other free of all resentment of competitors. The clientele of the IJB is very similar to that of the AKS Noah.

The participants are nine specialists with many years of experience in the field of child and youth welfare with a focus on young people "at high risk". These are children and adolescents who have been disadvantaged due to their biography (psychological, physical and sexual violence and neglect of children's well-being). At AKS Noah, they are received by colleagues and practitioners (again nine people) in their projecte.

Content: Comparison of methods, approaches and attitudes, etc. Within the opportunity forprofessional reflection and further development.

Goal: A regular exchange is sought. An extension to other partner organizations in other countries can also be a goal.

This year there is an innovation: At the halfway of the exchange (Wednesday September 30th) we want to implement a educational training daythat presents the principles and attitudes of the host institution.

For this purpose, other MA11 Vienna contractual institutions will be invited and representatives of MA11 will also be present.

The main principles of AKS Noah will be presented: "Circle of Courage" the "5 pillars of identity", the "action levels - Model "and the systemic approach according to "Syst".

Possible topics: \* Erasmus + and ESK and opportunities for employees and young people of social welfare institutions. \* "Careleaver" 18+ and what now. Youth mobility as an opportunity for young people to get more selfconfivence.

The results of joint training should be:

- + Discuss principles and attitudes
- + Practice exchange including other professional institutions.
- + Motivation of other institutions to practitioners exchanges
- + Presentation of the E + funding program and ESC job.
- + ESC for clients as an opportunity to build resilience at 18+

A report of the results of the joint training day will be created.

#### **Activities**

The focus of the exchange is the internship of the participants from Germany in an institution of the AKS Noah. A constant reflection on the experiences is also being considered everytime and as a final discussion at the end of the excvhange. The majority of the participants are specialists who work in youth welfare system.

The practitioner exchange is supplemented by a educational training event for one day in the exchange. This need was determined on the basis of experience from previous years.

The main principles of AKS Noah will be presented: "Circle of Courage" the "5 pillars of identity", the "action levels - Model "and the systemic approach according to "Syst".

Possible topics: \* Erasmus + and ESK and opportunities for employees and young people of social welfare institutions. \* "Careleaver" 18+ and what now. Youth mobility as an opportunity for young people to get more selfconfivence.

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Generally speaking, nine employees of IJB and at least 9 of the AKS Noah are involved in the exchange. We also address a wide range of professionals through the involvement and invitation of other youth welfare organizations in Vienna and above the former partner organization from Upper Austria (see last evening in Hof Strengberg). Cooperation and networking is a high principle of this training/exchange/mobility of youthworkers.

#### **Impact**

The exchanges to date have shown that the participants were always able to have very exciting experiences and very intens discussions about concepts, methods and practical approaches in their daily work.

The best outcome would be the exchange of experiences and values of the daily work of the participants. The exchange fosters a European idea and the experience of the participants in youth welfare systems arround Europe. The exchange is a very important possibility for deepening this idea.

The results of joint training should be:

For this purpose, other MA11 Vienna contractual institutions will be invited and representatives of MA11 will also be present.

The main principles of AKS Noah will be presented: "Circle of Courage" the "5 pillars of identity", the "action levels - Model "and the systemic approach according to "Syst".

Possible topics: \* Erasmus + and ESK and opportunities for employees and young people of social welfare institutions. \* "Careleaver" 18+ and what now. Youth mobility as an opportunity for young people to get more selfconfivence.

The results of joint training should be:

- + Discuss principles and attitudes
- + Practice exchange including other professional institutions.
- + Motivation of other institutions to practitioners exchanges
- + Presentation of the E + funding program and ESC job.
- + ESC for clients as an opportunity to build resilience at 18+

We also want further cooperation between the institutions in the direct care of young people. Also a common network, which enables our clients "@high risk" to participate in international youth projects (youthexchanges) would be one of the aims of our exchange. Which common requirements would the organisations and the clients need to be part of an international youth exchange!?

We also want to acheive an increasing interest from other employees of the participating institutions.

Key Action: Learning Mobility of Individuals
Action Type: Youth mobility

#### **Project Title**

# Study Visit Youth Work in Rural Areas

## **Project Coordinator**

Organisation AHA - JUGENDINFORMATIONSZENTRUM VORARLBERG

Address POSTSTRASSE 1, 6850 DORNBIRN, Vorarlberg, AT

Website www.aha.or.at

## **Project Information**

Identifier 2020-2-AT02-KA105-002811

Start Date Aug 1, 2020

End Date Jan 31, 2023

EC Contribution 8,724 EUR

Partners Nuorisokeskus Villa Elba (FI)

Topics Youth (Participation, Youth Work, Youth Policy); Rural development and

urbanisation

## **Project Summary**

#### Objectives

aha - Jugendinformationszentrum Vorarlberg and Youth Centre Villa Elba in Finland plan to do a Study Visit on local youth work with a focus on youth work in rural areas. The Visit will bring together youth workers from the Keski Pohjanmaa Region in Western Finland and from Vorarlberg to share experience and good practice from their work in rural, sometimes remote areas. They work with young people who grow up in small municipalities far away from urban centres and who therefore face particular challenges such as lack of high quality jobs, less public service infrastructure etc. Through this project, the participating youth workers will get in contact with colleagues from another country who face similar issues and needs in their work.

The main objective is to offer the participants with the Study Visit a dialogue situation to learn from each other, to get inspired and to inspire, to reflect on their own work with the ultimate aim to increase their competences and skills in the work they do for and with young people mainly in rural areas.

#### **Activities**

We would like to achieve these objectives by means of a Study Visit in Vorarlberg/Austria which is planned to take place in October 2020 (or later, if the COVID-19 travel restrictions will still be in place at that time). 16 youth workers from the Keski Pohjanmaa Region in Western Finland and from Vorarlberg who work in different settings - in youth centres, as municipality youth coordinators, with international youth projects, in regional administration - will meet for four days and visit different organisations active in youth work, most of them in rural areas. They will get to know different realities of youth work, will meet and discuss with different actors involved (youth workers, local and regional youth administration, youth Information, youth volunteering).

#### **Impact**

We hope that this exchange of experience will result in the participants' getting new ideas for their work with young people, in their looking at their work from new perspectives, developing their toolbox of methods and establishing contacts for future projects. Sharing their newly acquired knowledge, skills and contacts with their teams and in their networks will increase the impact and hopefully inspire follow-up projects with young people and youth work colleagues.